

GCS MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE



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EDITOR'S DESK

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FROM CHIEF EDITOR'S DESK

Dear Readers,

Welcome to the 13th issue of GCSMCH Newsletter! I hope you have enjoyed reading previous issue and I am sure that you will appreciate reading this edition as well.



The year 2015 is about to get end and I can see lot many happenings in the past year. Many events and days were celebrated to name a few: Holi Day, Woman's Day, Nurses Day, Doctor's Day, etc. various days like; The International Yoga Day, World No Tobacco Day, Tree plantation on World Ozon Day, World Asthama Day, World Health Day, etc and so on..!!

The year was full of good news as GCS grabbed the most prestigious "**National Excellence in Healthcare Award**" by National Education & Human Resource Development Organization & "**Quality Brand India Award 2015-2017**" for our exceptionally noble contribution towards community and healthcare. "**Life Time Achievement Award**" honored to Dr. Kirti M. Patel (Dean) from Indian Medical Association (IMA) for his outstanding contribution in the field of healthcare.

The editor team of GCSMCH Newsletter started **New in Edition** column. The GCS Hospital has completed its 5 successful years of its operations as well. This edition is full of snapshot of happenings of last quarter.

I wish that upcoming new year bring good health and new goals to accomplish.

Happy New Year & Happy Reading !

Neha Lal (General Manager - Hosp. Admin & HR)

Chief Editor

Milestone

GCS Hospital @ 5th Year

GCS Hospital was commenced in the month of November, 2010 and it has completed successful 5 years of journey and achieved many milestones.

Mobile Lithotripsy Services @ GCS Hospital

GCS Hospital has started this service on 29th October, 2015, wherein patient can take benefit of door step facility of stone removal at affordable rate.

Gujarat Cancer Society has been exempted under the income Tax Act 35AC(100%) and 80G(50%). (Donation U/S 35(1) (ii) @ 175% income exemption is also available). GCS has also been approved by the Government of India to accept Foreign Contribution under FCRA. Donation can be given in Cash, Demand Draft or Cheque in the name of "The Gujarat Cancer Society", Asarwa, Ahmedabad-380016(INDIA).

Disclaimer:

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SIGNIFICANT UPDATES

INAUGURATION OF 10TH FLOOR OPHTHAL OT



New Ophthal. OT Unit has started with all modern equipments and amenities at 10th floor on 27th, October, 2015.



INAUGURATION OF 10TH FLOOR ICU

ICU Unit has started with state-of-the-art facilities at 10th floor of GCS Hospital on 17th December, 2015 for better patient care.



LITHOTRIPSY MOBILE VAN SERVICE @ GCS HOSPITAL

GCS Medical College, Hospital & Research Centre always strive to add new services and best facilities for its patients. Lithotripsy (Laser Surgery - a treatment, typically using ultrasound shock waves, by which a kidney stone or other calculus is broken into small particles that can be passed out by the body). The treating Consultant will be **Dr. Kalpesh Kapadia**. The service was started on 29th October, 2015. It is successfully treating many patients. Being a Mobile Lithotripsy Van (OT like structure), The service can be provided to patient at door steps.



AHPI SMART HOSPITAL SEMINAR



Smart Hospital seminar was organised by **Ms. Neha Lal (Advisor & Treasurer-AHPI)** Association of Healthcare Providers of India on 29th November at Ahmedabad. wherein 14 Employees from GCS Hospital attended. It was based on LEAN, GREEN & New Technology to improve the managerial and clinical outcomes in the hospital. Following employees of GCS Hospital participated in seminar.



- ☆ Mr. Mitul Brahmhatt
- ☆ Mr. Mihir Mistry
- ☆ Ms. Premila Ponmani
- ☆ Mr. Satish Sharma
- ☆ Ms. Jayshree Makwana

- ☆ Mr. Sunil Patel
- ☆ Mr. Ghanshyam Yadav
- ☆ Mr. Ajay Macwan
- ☆ Mr. Ravindra Kumar
- ☆ Ms. Dipal Pandya

- ☆ Mr. Rajendra Barot
- ☆ Ms. Daksha Macwan
- ☆ Mr. Rahil Panchal
- ☆ Dr. Krupali Shukla

HR DESK

NEW EMPLOYEES

Nursing

Ms. Pranali Kanubhai Sharma
 Ms. Priyanka Jayantilal Solanki
 Mr. Akashbhai Ganpatbhai Parmar
 Mr. Ashish Lajrashbhai Parmar
 Ms. Dipikaben Maheshbhai Valand
 Ms. Rajniben Dineshkumar Tirgar
 Ms. Sanjida Gulabnabi Mansuri
 Mr. Kuldeepsingh Ishwar Parmar
 Mr. Vina Kanubhai Vagadiya
 Ms. Dimpal Bhurjibhai Kharade
 Mr. Maulin Kanubhai Patel
 Ms. Gloriya Justinbhai Christian
 Mr. Sudhir Imanuel Christian
 Ms. Kiran Rakeshbhai Rana
 Ms. Himani Bhailalbhai Patel
 Ms. Komal Ashwinbhai Pandya
 Mr. Arpit Harshadbhai Kadiya
 Ms. Anal Jayeshkumar Patel

Ms. Payal Vinodchandra Patel

Bio Medical Eng. & Gas Plant

Mr. Krunal Natavarlal Nai
 Mr. Samirkumar Arjunbhai Rana
Governing Body
 Mr. Rexon Rameshbhai Christian
Accounts
 Mr. Ferish Jamnadasbhai Varma
HR & Admin
 Mr. Nikhil Mahendrabhai Malaviya
Engineering Services
 Mr. Hardeepsingh G. Chauhan
Telecom
 Mr. Maulik Manubhai Solanki
Medical Administration
 Dr. Sujit Dashrathbhai Sharma
 Dr. Arti Shantilal Vaghasiya
 Dr. Priyanka Jaydeep Gupta

CSSD

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Administration-NS/NC
 Ms. Rachanaben R. Patel
 Mr. Bhupendra Kumar Panchal
 Ms. Damini J. Patel
Pathology-H
 Mr. Nilesh Pravinbhai Vaghela
Billing
 Ms. Pinky Bhavanji Thakor
Operations
 Mr. Rakesh Jagdishbhai Prajapati

APPRECIATION CORNER

We appreciate efforts of following employees for their exceptional contribution for providing satisfactory patient care services as praised by patient.

Dr. Rakesh Patel	Mr. Saritha Nair	Ms. Vaishali Alagiya
Dr. Pratik Vinchhi	Ms. Priyal Christian	Ms. Dipa Patel
Dr. Sunit Nihlani	Ms. Pooja Patel	Ms. Renuka Thakor
Ms. Falguni Patel	Ms. Rashmi Christian	Ms. Anandi Raval

DIWALI CELEBRATION

GCS Medical College, Hospital & Research Centre celebrates 5 years of it's journey!



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The festival of lights was celebrated along with 5th year anniversary of GCS hospital with the theme of **5**. The hospital premise was decorated with lamps and 5 different Rangoli. The hospital day was celebrated with Traditional theme and whole staff dressed up in traditional attire followed by a small get together.



TRAINING & DEVELOPMENT

A training session was arranged on Operation Theater Etiquettes on 28th, October, 2015. The Training session consisted important aspect which is required to perform OT. What kind of rules and levels should be maintained while operating patients. It has included merits and demerits of OT presence. Training was interactive session during which many OT queries were resolved by trainer.



BMW (Bio Medical Waste Management) Training

Timely, GCS Hospital have organized security & Housekeeping personnel training on Bio Medical Waste for spreading awareness & providing education on importance of these subject. For better understanding of the topic special customized presentation delivered to make them understand easily. The motto behind having such training is to train the ground level employees to utilize their maximum services.



Fire Safety Training



Hygiene Training

We at GCS Hospital provide good learning, training and education to employees. Each individual carries within himself/herself a mine potentials, which if carries out properly can create astonishing results. Our Administrative, Para medical, Nursing staff have been provided timely personnel hygiene training for providing safe & hygienic atmosphere to staff.



The 2015 Brands Quiz

We are on fourth-last day of 2015, and the 52nd issue of dna of brands in the year and we thought a quiz would be an appropriate way to do a lookback. For this we invited avid quizzer and marketing professional Sorbojeet Chatterjee to be our quizmaster. Here are the questions... 25 of them. **The answers are given below on the page but rearranged to give a fun twist.. SO Enjoy ! And, best wishes for the new year!**

- ⤴ He was a Ranji cricketer and a tea taster before he achieved cult status in advertising. He released his autobiography earlier this year. What was it called?
- ⤴ With which brand would you associate the #AppWapasi controversy?
- ⤴ This Asian Paints TVC features Deepika Padukone along with a yesteryears sportsman. Identify him.
- ⤴ Which popular social media platform finally allowed advertising this year?
- ⤴ Fountainhead, one of the best event management agencies in India, was recently acquired by whom?
- ⤴ Ambuja Cement created one of the best advertising campaigns this year. Who was featured in the TVC?
- ⤴ Which leading television channel tied up with Google to introduce in-search voting for the first time in India?
- ⤴ Media agency veteran Vikram Sakhuja recently returned to India to join a media agency as a partner. Which agency is it?
- ⤴ Which e-commerce brand is the current sponsor of the Indian cricket team?
- ⤴ Which telecom brand has tied up with Facebook to provide free internet in India?
- ⤴ Pepsi has made way for which Chinese mobile brand as the IPL sponsor?
- ⤴ Envies is the internal awards of which creative agency?
- ⤴ For which brand was "Aur Dikhao" the ad campaign?
- ⤴ Which popular MNC brand celebrated 100 years in India with a heartwarming campaign?
- ⤴ BBDO created the award-winning 'Touch the Pickle' campaign for which brand?
- ⤴ There is only one Indian ad that has featured in the Gunn Report listing the Top 20 ads of the century across the world. Identify the brand.
- ⤴ As per Google, who is the most-searched celebrity in India?
- ⤴ Which cult brand created the tactical campaign #WeMissYouToo?
- ⤴ This Amul ad was a tribute to an iconic store that was shutting down in Mumbai. Can you identify the store?
- ⤴ At the beginning of the year, a relatively lesser-known agency called Soho Square walked away with the prestigious Grand Effie at the 14th Effie Awards. Which famous campaign did it execute?
- ⤴ Surprisingly, _____ emerged as the fastest growing FMCG company of 2015. It was also one of the biggest advertisers in the last quarter of the year. Identify the company.
- ⤴ Sachin Tendulkar is the current ambassador for this brand. In fact, the brand even sponsored Sachin's All Stars team. Identify it.
- ⤴ This smart phone brand became extremely desirable with an extremely clever 'invite only' marketing campaign. Identify the brand.
- ⤴ What special occasion did this Google doodle depict?
- ⤴ Which startup brand deployed boat services in the waterlogged areas of Chennai to rescue people?

Answers to the 2015 Brands Quiz:

1. Piyush Pandey
 2. Snapdeal
 3. Prakash Padukone, who is also 4. Deepika's father
 4. Instagram
 5. Dentsu
 6. Khali, the international wrestling champion
 7. Zee TV (for dance india dance season 5)
 8. Madison
 9. PayTM
 10. Reliance
 11. Vivo
 12. Ogilvy
 13. Amazon
 14. Nestle
 15. Whisper
 16. Happy Dent
 17. Sunny Leone
 18. Maggi
 19. Rhythm House shutting shop
 20. BJP's 2014 election campaign
 21. Patanjali
 22. OxiGen
 23. Oneplus
 24. India vs Pakistan at ICC World Cup
 25. Ola

EVENTS

5TH YEAR ANNIVERSARY CELEBRATION

The journey of GCS Medical College, Hospital & Research Centre started with few members and now that small family turned into 750 employees members within short period of 5 years. A small get to gather was organised for celebration followed by fun quiz.



PINK PRAVAS 2015



October is Breast Cancer Awareness Month, which is an annual campaign to increase awareness of the disease. While most people are aware of breast cancer, many forget to take the steps to have a plan to detect the disease in its early stages and encourage others to do the same. To support this, a “**Pink Pravas**” was organized on 1st November, 2015 (Sunday) at Kankaria Lake. This noble campaign was joint effort of:

1. Gujarat Cancer Society (GCS)
 2. The Gujarat Cancer & Research Institute (GCRI)
 3. GCS Medical College, Hospital & Research Centre
- Supported by Zydus Cadila healthcare Ltd.



NAVRATRI CELEBRATION



ACADEMICS

COMMUNITY MEDICINE DEPARTMENT



Community Medicine Department, GCS Medical College observed the “Universal Immunization Day” at Rural Health Training Centre, Dabhoda on 19th November, 2015. Sessions was taken by **Dr. Arpit Prajapati** (Assistant Professor) & **Dr. Sudip Bhavsar**

(Tutor) on Universal immunization programme schedule and its importance and vaccines (old & new) that is not included in UIP schedule.

IEC among Adolescent girls on Nutrition week was held on 8th September 2015. An IEC (Information Education and Communication) session regarding “Nutrition of adolescent girls” was conducted by Community Medicine Department, GCS Medical College, Ahmedabad, at one of the field practice area of UHTC-Saijpur (Labour quarters). A lecture was



delivered by **Dr. Nirmika Patel** (Tutor) in local language regarding the nutrition. The session was assisted by **Ms. Rizwana Mansuri** (MSW),

Ms. Bhavnaben (AWW) and helper of Anganwadi. 23 participants from the local community were benefitted by the session.

An IEC (Information, Education and Communication) session regarding “Immunization of 0-5 years children” was conducted by Community Medicine Department, GCS Medical College, Ahmedabad, at Adityanagar area, which is .A lecture was delivered by **Dr. Nirmika Patel** (Tutor) in local language regarding the Immunization with support of **Dr. Bhavik Rana** (Assistant Professor) facilitated by **Ms. Rizwana Mansuri** (MSW) and staff of anganwadi. 17 mothers of under 5 years old

children, from the local community were benefitted by the session. Medicine Department, GCS Medical College, Ahmedabad).



Information, Education and Communication (IEC) sessions were delivered by **Dr. K. N. Sonaliya** (Head and Professor) and **Dr. Nirmika Patel** (Tutor) in local language regarding the Diabetes and its control. The sessions were followed by screening camp for Diabetes and Hypertension,



which was conducted by **Dr. Bhavik Rana** (Assistant professor, Community Medicine Department, GCS Medical College, Ahmedabad), **Dr. Asha Solanki** (Tutor), **Dr. Hardika Khanpara** (Tutor), **Ms. Rizwana Mansuri** (MSW) and **Ms. Shweta Vaghela** (MSW), with support of GCS Medical College, Ahmedabad and local community. 149 participants from the local community were benefitted by the camp.



ACADEMICS

GYNEACOLOGY PG REVIEW EXAM

Revue course for practical exam was organized by **OBGY** department 28th & 29th November, 2015. More than 120 PG students attended the program. 50 senior PG teachers participated as faculty. This was 4th consecutive program done every year since 2012. Program was well appreciated by all participants.



MBBS MCQ EXAM HELD @ GCS MEDICAL COLLEGE



EUROPEAN CONFERENCE PARTICIPATION



EUROPEAN CONFERENCE PARTICIPATION CERTIFICATE- DR. SANSKRUTI PATEL

CLINICAL CMEs

CME on prevention & Treatment of Hospital Acquired and Facts was held on 16th October, 2015 at GCS **Dr. Urvesh Shah**, Head of the Dept., Microbiology. The perspectives of preventive steps for infection



DR. URVESH SHAH

CME on the role of advanced vascular surgery in saving limbs and lives was held on 6th November, 2015 by **Dr. Srujal Shah**, M.S., M.ch (Vascular).



DR. SRUJAL SHAH

CME on Headache- **Dr. Rakhil Yadav**, Neurology (Super Speciality) was held on 18th December, 2015. He explained neurological effects while occurring headache in the session.



DR. RAKHIL YADAV

MARKETING INITIATIVES

HEALTH TALK & TKR (TOTAL KNEE REPLACEMENT) CAMP

Krishnanagar Senior Citizen group invited for Total Knee Replacement (TKR) campaign held at GCS Hospital where more than 100 senior citizens from Krishnanagar area participated. GCS Hospital Orthopedics **Dr. Jyotish Patel** and **Dr. Mukesh Shah** explain them preventive steps and exercises to control knee problems. A team of Senior citizens under gone Bone Mineral Density investigation. They have also visited GCS Hospital to be aware about the hospital services.



ONCO SURGERY AND UROLOGY SUPER SPECIALTY CAMP

First time, GCS Hospital organized outdoor camp for Onco & Urology related issues at Modasa wherein nearby people of Modasa took benefits. Dr. Kalpesh Kapdia (Consultant Urologist) and Dr. Nishant Sanghavi (Consultant Onco Surgeon) examined patients.

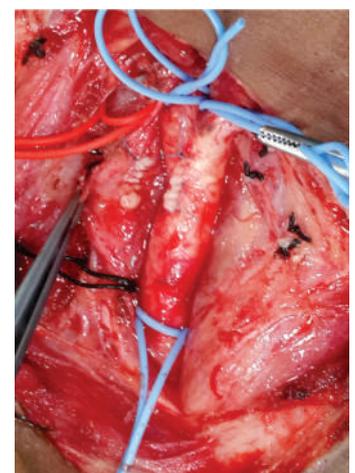


FISTULA SURGERY



GCS Hospital Super Specialty Vascular Consultant **Dr. Srujal Shah** successfully done **A rare case of complex iatrogenic Carotid artery-IJV AV fistula repaired surgically.**

A young gentleman, a known case of chronic kidney disease on hemodialysis, having a large central AV fistula between right common carotid artery and internal jugular vein (IJV) was operated at GCS hospital and open surgical repair was performed by Dr. Srujal Shah (MS.MCh -Vascular & endo vascular surgeon) under general anaesthesia. Patient went home on 5th day without any neurological or hemodynamic deficits. It's a very rare and complex clinical entity requiring team effort by a skilled vascular surgeon, sound nephrologist and a good anaesthesia team.



MARKETING INITIATIVES

CSR ACTIVITIES

Paediatric Department Gift distribution on Diwali

The student of the AHMEDABAD INTERNATIONAL SCHOOL visited GCS Hospital & distributed gift to admitted Paediatric patients on 4th November, 2015. They celebrated Diwali festival & new year with children. While TCS company employees also visited and distributed gifts on the same occasion.



NEWS

બ્રેસ્ટ કેન્સર અવેરનેસ માટે કાંકરિયામાં 'પિંક પ્રવાસ'



નવગુજરાત સમય > અમદાવાદ

ગુજરાત કેન્સર સોસાયટી, ગુજરાત કેન્સર રિસર્ચ ઈન્સ્ટિટ્યૂટ અને જીસીએસ મડિકલ કોલેજ એન્ડ હોસ્પિટલ દ્વારા કાંકરિયા ખાતે રવિવારે સંયુક્ત બ્રેસ્ટ કેન્સર અવેરનેસ વોક 'પિંક પ્રવાસ'નું આયોજન કરવામાં આવ્યું હતું. સવારે ૬ થી ૮ કલાક દરમિયાન યોજાયેલ વોકમાં કેન્સર હોસ્પિટલના લગભગ ૨૫૦થી વધુ મેડિકલ અને પેરામેડિકલ સ્ટાફ દ્વારા ભાગ લેવામાં

આવ્યો હતો અને સવારે વોક કરવા આવતા શહેરીજનોને બ્રેસ્ટ કેન્સર અંગે માહિતી આપવામાં આવી હતી.

ડૉ. કિરણ કોઠારીએ કહ્યું કે, અમદાવાદમાં મહિલાઓમાં થતા કુલ કેન્સરમાં ૩૨.૪૨ ટકા મહિલાઓને ફક્ત બ્રેસ્ટ કેન્સર હોવાનું નોંધાયું છે. બ્રેસ્ટ કેન્સરનું વહેલું નિદાન જ શ્રેષ્ઠ સારવાર છે. પ્રશાંત કિનારીવાલા, શિતિજ મદનમોહન, ડૉ. આર.કે.વ્યાસ, ડૉ. ગીતા જોશી, ડૉ. કિર્તી પટેલ, ડૉ. રાકેશ રાવલ વોકમાં જોડાયા હતાં.



ગુલબર્ગા મુસ્લિમ સેવા સમાજ (કર્ષાટક)ના ઉપકમે જીસીએચ હોસ્પિટલ સહયોગથી વિવિધ રોગોના દર્દીઓની સારવાર અર્થે સરખેજ-નારોલ હાઈવે આવેલ 'સફર ફાર્મ' ખાતે મફત રોગ નિદાન કેમ્પનું આયોજન કરવામાં આ હતું. જેમાં કાન, નાક, ગળાના રોગો, બાળકોના રોગ, આંખના રોગ, દાંતના રોગો, સ્ત્રી રોગ, ગાયનેકલોજી, ચામડીના રોગો, માનસિક રોગ વગેરે તપાસથી નિષ્ણાંત તબીબો દ્વારા વિનામુલ્યે કરી આપવામાં આવી હતી. કેમ્પનો ૩૫૦ લોકોએ લાભ લીધો હતો. આ કેમ્પને સફળ બનાવવા સમાજ

સંસ્થા સમાચાર

ગોમતીપુર ખાતે નિર્માણ સેવા ટ્રસ્ટ અને જીસીએચ હોસ્પિ. દ્વારા મફત નિદાન કેમ્પ યોજાયો

આજે તા.૬-૧-૧૬ના રોજ ગોમતીપુરના ચારતોડા કબ્રસ્તાનની સામે ડી/૨૪ મા)માં મફત નિદાન કેમ્પ યોજાયો હતો. જેમાં ૫૦૦થી વધારે દર્દીઓએ પોતાની મારીઓની મફત તપાસ કરાવી દવાઓ મેળવી હતી. કેમ્પમાં વહેલી સવારથી જ લોકોનો ધોળોવા મળ્યો હતો. કેમ્પમાં બાળકોના રોગોના વધુ કેસ નોંધાયા હતા. કેમ્પ રાખવા



બદલ લોકો અને સ્થાનિક આગેવાનોએ ટ્રસ્ટ અને હોસ્પિટલની કામગીરીને બિરદાવી હતી. આ સાથે આવતી કાલે તા.૭-૧-૧૬ સવારે ૮:૩૦ કલાકે કેમ્પની જગ્યા પરથી જ અમુક દર્દીઓને વધુ સારવાર માટે હોસ્પિટલ લઈ જવા બસની વ્યવસ્થા પણ કરાઈ છે.

ACADEMICS

- ⊙ **“Lymphedema Care”** workshop on 13th October 2015. A Lymphedema workshop was conducted on 13th October 2015, during breast cancer awareness month by Department of Physiotherapy, GCRI, to increase awareness regarding prevention and treatment of lymphedema in breast



cancer patients. **Mrs. Mamta Goenka**, a volunteer from Tata Memorial Hospital, shared recent lymphedema updates with the patients. In total there were 80 participants, including staff nurses, lymphedema patients and their caretakers, physiotherapy students and paramedical and medical staff of GCRI.

- ⊙ A workshop on PICC & Port insertion was organized on 24th October 2015 where, **Dr.**



Mandar Nadkarni & Sister Mary George gave live demonstration. About 50 participants including doctors and nurses attended the event.

- ⊙ **Takayuki Yoshino, MD**, National Cancer Center Hospital East Chiba, Japan and **Axel Grothey, MD**, Mayo Clinic Rochester, Minnesota, United States gave a live broadcast on 'Management of patients with metastatic colorectal cancer, including the role of multitargeted kinase inhibitors' on 4th November 2015.

“Clinical Oncology Research Development” workshop was held by **“accord: Australia and Asia Pacific Clinical Oncology Research Development workshop”** on 28th November 2015. It was a basic training for research proposal writing for doctors and researchers. The speakers involved were

- **Nirav Trivedi** · **Gary Clark**
- **Vikram Ketkatpure** · **Chris Frampton**
- **Bharath Rangarajan** · **Martin Stockler**
- **Vikram Gota**

- ⊙ Genetic diagnosis and counselling camp on 29th November 2015.



Gujarat Cancer & Research Institute and Gujarat State Biotechnology Mission, Govt. of Gujarat, Jointly organized a free Genetic Diagnosis and Counseling Camp for Breast & Ovarian Cancer (HBOC) patients on 29th November 2015. More than 30 patients with hereditary breast cancer and ovarian cancer were enrolled during this camp. From GCRI, **Dr. Pina J. Trivedi** (JSO & I/c, Cell Biology Division), **Dr. Prabhudas S. Patel** (Professor & Head, Department of Cancer Biology), **Dr. Rakesh Rawal** (Head, MCPG Department), **Ms. Manasi** (JRF, MCPG Department), **Shri S. N. Tyagi** (Mission Director, GSBTM), **Dr. Krati Shah** (Genetic Counsellor), **Dr. Madhavi Joshi** (Sector Specialist), **Dr. Snehal Bagatharia** (Sector Specialist), **Mr. Inayat Shaikh** (JRF) and the team of GSBTM was actively involved for counseling of patients. Peripheral blood for genetic testing was collected from the patients after noting the detail history. Patients were explained the need of counseling by Dr. Krati.



ACADEMICS

- ⊙ **H**ands on training for PICC insertion was held from 14th to 19th December 2015 for the Anaesthetist, Medical Oncologists and other Doctors. Post insertion care was a part of this training for nurses. The program was supported by Bard India Healthcare Pvt. Ltd.
- ⊙ A very good educational programme on Ovarian Cancer was held on 19th December 2015. **Dr. Rakesh Rawal** and **Dr. Chirag Desai** were the speakers, while **Dr. Sanket Shah** was the moderator of the whole event. Finally, the concluding remark and take home message were delivered by **Dr. Sonia Parikh** and **Dr. Shilpa Patel**.
- ⊙ Training for Nurses and Class IV
 - Nurses and Class IV staff were given on job training on various subjects during October to December 2015.
 - Software training for CSSD and general store module.
 - Hand Hygiene by **Dr. Parijath Goswami**, **Dr. Geeta Joshi** & **Dr. Kiran Kothari**
 - Ward Essential Training (including MA Yojana, sample collection procedure, pre and post-op care, software training, infection control basics, etc
 - Hand Hygiene and BMW Management
 - Software Training for Duty list and Diet Module
 - PICC care and maintenances
- ⊙ Institutional Review Committee (IRC) meeting was held on 15th October 2015 for scientific evaluation of guided research works of DM and M.Ch.. It was chaired by **Dr. Geeta Joshi, Dy. Director, GCRI** along with the member secretaries **Dr. Harsha Panchal** and **Dr Nandita Ghosh**.
- ⊙ Institutional Committee for Stem Cell Research (IC-SCR) was constituted and the first meeting was held on 9th December 2015 to assess and approve stem cell related research project undertaken at GCRI. The committee consisted of heterogenous group of experts from various disciplines eg. Gynecologist, Transfusion Medicine, Foetal Sonologist, Stem Cell Therapist and Stem Cell Biologists from various Institutions of national repute. Non-therapeutic projects related to in vitro stem cell isolation and expansions were presented by the department of Medicinal Chemistry and Pharmacogenomics.
- ⊙ Scientific Review Committee (SRC) meeting was held on 17th November and 22nd December 2015. The SRC meeting for interventional projects was chaired by **Dr. Geeta Joshi, Dy Director, GCRI** and the member secretary, **Dr. Asha Anand**. The SRC meeting for non-interventional projects was chaired by **Dr. Rakesh Vyas, In-charge Director, GCRI; Dr. Kiran Kothari, Deputy Director, GCRI; Dr. Amar Vyas (Outside expert), Mr. Ushakant Shah (Social Worker, outside expert), and Mr. R P Rajput (Legal expert)**.
- ⊙ Ethics committee meeting was held on 21st November and 26th December 2015. The meeting was chaired by Hon'ble Justice Shri Bankim Mehta (Chairman) and **Shri Narayanbhai R Patel (Vice-Chairman)** along with the member secretary, **Dr. Shilin Shukla**.

EVENTS

- ⊙ **CME for Blood donors was held on "Donors Day" on 7th October 2015.** Blood Bank, GCRI organized a CME and felicitated Blood Donation Camp organizers as a part of National Blood donation Day celebration on 7th October 2015. A talk was delivered on Myths and Facts about Blood Donation. It was aimed to promote voluntary blood donation. The talk was followed by an interactive session.
- ⊙ **World Hospice and Palliative Care Day- 10th October 2015.** "World Hospice and Palliative Care Day" was celebrated by GCRI, GCS and Karunalaya Hospice. Dignitaries present on the occasion were **Dr. D D Patel, Dr. Chirag Shah, Dr Minal Gadhavi, Shri Prashant Kinnariwala, Dr Geeta Joshi, Dr K C Kothari and Dr Beena Patel**. A drama "Cancer is not Cancel" was performed by 'Ek Sangh' -NGO working on awareness for breast cancer. The staff of COC, Vasna

also presented a drama about treatment facilities for cancer care at GCRI. **Dr. Minal Gadhavi**, shared her experience about cancer treatment and presented her views on "How to fight Cancer". Staff from Department of Pain and Palliative Medicine, and staff from COC Vasna actively participated in organization of the event. Patients shared their feelings on the occasion.





GCRI HIGHLIGHTS

EVENTS

◎ Navratri Celebration-16th October 2015

Navratri garba celebrations were held on 16th October 2015 at GCSMC Hospital campus. Staff members of GCRI and GCS Medical College enthusiastically gathered and participated in the event.

◎ GPAP Meeting for patient by "Friends of Max" was held on 17th October 2015

A patient support group meeting for patients enrolled in GPAP program and their caregivers was organized on 17th October 2015 by Max Foundation and Friends of Max. The Max Foundation helps create patient associations and organizations to create awareness among cancer patients and give them courage through their 'Maximize Life Campaign'. Their mission is to increase global access to treatment, care and support for people living with cancer. With this goal, they have helped more than 1500 patients of CML and GIST at GCRI to get access to Gleevec (Imatinib) for more than 10 years. The meeting was organized by **Ms. Viji Venkatesh**, Country Head for India of Max Foundation

and 'Friends of Max'. The program included introductory lectures by members of Max Foundation, question and answer session with medical experts, drama therapy workshop and MLC (Maximize Life Campaign) achievers video presentation.

◎ Pink Pravas- 1st November 2015

Pink Pravas was organized at Kankaria Lake as a part of Breast Cancer awareness program. It was a combined effort of GCRI, GCS and GCSMC Hospital, supported by Zydus Cadila. An exhibition on 'Breast Cancer Awareness' was displayed. The staff members of GCRI and GCSMCH wore Pink T-Shirt and had a walk around Kankaria lake to widen awareness on breast cancer.

◎ Diwali Get Together-23rd November 2015

Diwali get together was arranged for the GCRIans on 23rd November 2015. A Rangoli competition was organized for the staff members at the occasion and the event was followed by a group photo of all GCRIans.

EMPLOYEE CORNER

Ms. Sheefa Mirza, Ph.D. student, MCPg departement, GCRI was awarded best poster for the paper titled "Role of Curcumin in modulating multi drug resistance genes and enhancing efficacy of cytarabine in AML" in Global cancer summit-2015, International collaborative conference, Bengaluru held on November 18th - 20th, 2015

.Dr. U Suryanarayana K, Professor in Radiotherapy, GCRI successfully completed one month (September - October 2015) 'AROI-KIRLOSKAR' fellowship programme at Long beach Memorial Medical Centre, Los Angeles, USA. He was awarded this fellowship by the Association of Radiation Oncologist of India at the 36th Annual Conference held at Imphal, Manipur in the year 2014.

Dr. Pooja Nandvani Patel, Associate Professor, Department of Radiology, GCRI successfully completed 10 days training (September - October 2015) under ESTRO (European Society of Radiation Oncology) Mobility Grant 2015 at Freeman Hospital, Northern Centre for Cancer Care, Newcastle upon Tyne, England.

HOSPITAL SERVICES

Department of Endocrinology

A separate Endocrine OPD was started with self-less services of **Dr. Premal Thakor**, renowned Endocrinologist of country, in 1995. This was one of its kind services in Civil Hospital Campus and in GCRI premises. **Dr. Urvi Parekh** and **Dr. Dipal Parekh** joined Thakor Sir in his untiring, dedicated efforts to treat patients suffering from rarest endocrine problems. These patients belonged to all age group and gender and were from lower socio-economic strata of society. The types of endocrine diseases treated by this team varied from diabetes, thyroid problems to rare cases of acromegaly, pituitary adenoma, hypogonadism and growth hormone related disorders.

The Endocrine OPD services require high end laboratory services, which are provided by Division of Molecular Endocrinology. All hormonal assays including, reproductive hormones like FSH, LH, Prolactin, Testosterone, Estradiol, Growth hormone stimulation tests, Dexamethasone suppression test of Cortisol, Parathyroid and Thyroid hormones are carried out with fully automated analyzers in DME Lab. The services of OPD are also supported by Department of Nuclear Medicine for all types of nuclear scans and radioactive iodine therapy. The Endocrinologist team's dedicated and selfless efforts are boon to not only patients of GCRI, but also other patients referred from institutions in Civil Hospital Campus. GCRI administration and GCS trustees take this opportunity to appreciate the contribution of Dr Premal Thakor, Dr Urvi Parekh and Dr Dipal Parekh.



GCS HOSPITAL

A ONE-STOP DESTINATION FOR ALL YOUR HEALTH CARE NEEDS



2,00,000+
Patients every year



13,000+
Surgeries



750
Patient Beds



11
Operation Theatres

Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy
- Lithotripsy

24 Hours Services

- Radiology
- Pathology
- Casualty & Emergency
- Ambulance
- Pharmacy
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

Empaneled with

- RSBY (Rashtriya Swasthya Bima Yojna) for BPL Patients
- Chiranjeevi Yojna
- JSVY (Jyotirgamay Swasthya Vima Yojana)
- Family Welfare Center
- Bal Sakha Yojna
- MA (Mukhyamantri Amrutam Yojana)

GCS Hospital is empaneled with Major Insurance and TPA companies for Cashless services.

SALIENT FEATURES: Free Consultation for needy patients. Investigations, Medicines & Surgeries available at reasonable rate.

GCS MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE

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