

GCSMCH News Letter

Issue: 16

July - September 2016

Doctor's Day Celebrations

JULY 1, 2016

*It's just one day,
but the gratitude
lasts all year.*



GCS Medical College, Hospital & Research Centre

✚ Opp. DRM office, Nr. Chamunda bridge,
Naroda road, Ahmedabad - 25

☎ +91 79 6604 8000 📞 +91 99798 49537

✉ info@gcsmc.org 🌐 www.gcsmc.org



What's Inside:

- Editor's Desk
- Significant Updates
- From HR Desk
- Marketing Initiatives
- Events
- Academics
- GCRI Highlights

EDITOR'S DESK

Patron

Shri Pankaj R. Patel (Chairman)
Dr. Pankaj Shah (Vice President)
Shri Prashant Kinariwala (General Secretary)
Shri Kshitish Madanmohan Shah (Secretary)

Editorial Board

Publisher
Dr. Kirti M Patel (Dean)
Dr. Ramesh Panchal (Hon. CEO)
Chief Editor
Neha Lal (Gen. Manager - Hospital Admin. & HR)
We hear your feedback at communications@gcsmc.org

Message from the Management

"It is less than a year we got connected with GCS Medical College, Hospital & Research Centre. We have seen hospital patient inflow rising despite number of hospitals coming up in nearby areas which clearly shows our services are better than others. Despite continuous increase in patient flow the hospital staff has maintained the quality of services is clear sign of positive attitude of staff towards patients. I am pretty sure we will become the exemplary public hospital and medical college in time to come."

Mr. M. K. Patel
(Representative of Chairman – Zydus Cadila)

"Ever since I got associated with this Institution, my love and respect have been getting stronger. In fact, I am proud to be attached with this great institution. It's quite a young institution, yet has reached an enviable position. With ever increasing number of out-patients and in-patients, day is not far off, when it will become the most sought after hospital in Ahmedabad."

Mr. O. P. Arya
(Representative of Chairman – Zydus Cadila)

From Chief Editor's Desk

Dear Readers,

It gives me immense pleasure to present the 16th issue of GCSMCH newsletter.



The current quarter began with **Doctors' Day Celebration**. The celebration turned out to be an excellent platform for the doctors for some stress relief and to take some time out from their busy schedules. A Big Thank You to all the Doctors for their dedicated services to our all patients and making the Doctors Day Celebration a huge success.

We are moving towards the end of the academic year 2016. As we retrospect the year, we can see that we have achieved many milestones which we had aimed at, for the betterment of our organization. GCS Medical College, Hospital & Research Centre has become the only hospital from Gujarat to get positioned in the **Top 10 Best Research Facilities of India** (As per the survey by medifee.com) and scored the 7th position. GCSMCH has successfully Completed **3 years of Special Wing** along with crossing the milestone of **5 lacs new registrations at General OPD** since its inception, which gives us more urge to work harder and harder.

Let me also take this opportunity to appreciate the employees who have completed 5 years of association with GCS Medical College, Hospital & Research Centre. We truly appreciate the years and long journey they have committed in our organization. Their dedication and loyalty will be forever cherished.

This issue of GCSMCH newsletter brings a number of awareness programs, activities and marketing initiatives for **World Breast Feeding Week, World Heart Day, National Nutrition Week, World Rabies Day and ORS Day** along with other important updates. I congratulate the Marketing Department for successful empanelment of ESIC for all Super Speciality treatments.

I hope you enjoy reading this issue! As always, please feel free to share your ideas and concerns.

Warm Wishes for a joyous Diwali and a Happy New Year with plenty of Peace and Prosperity. HAPPY READING!



Neha Lal
Chief Editor

Gujarat Cancer Society has been exempted under the income Tax Act 35AC(100%) and 80G(50%). (Donation U/S 35(1) (ii) @ 175% income exemption is also available). GCS has also been approved by the Government of India to accept Foreign Contribution under FCRA. Donation can be given in Cash, Demand Draft or Cheque in the name of "**The Gujarat Cancer Society**", Asarwa, Ahmedabad - 380016 (INDIA).

Disclaimer: This newsletter contains confidential information and is intended for general awareness of happening and updates of GCSMCH & RC. If you are not the intended recipient you are notified that disclosing, copying, distributing or taking any action in reliance on the contents of this information is strictly prohibited. The sender therefore does not accept liability for any errors or omissions in the contents of this message, which arise as a result of transmission.

UPDATES

Few Milestones

3
YEARS

GCSMCH has successfully Completed **3 years of Special Wing** with the touching OP lives of **20152** patients, IP lives of **7080** patients up to July 2016.

5
LACS

We have Crossed the milestone of **5 lacs new registration** at **General OPD** since the inception of GCS Medical College, Hospital & Research Centre.

7th
RANK

GCSMCH & RC stands **7th** position in top 10 hospitals with **Best Research Facilities in India** as surveyed by **mediffee.com** (www.mediffee.com/list/best-research-facilities-hospitals)

Significant Updates

Certified Internal Auditor for NABH program by AHPI (Association of Healthcare Providers (India)) was held on 28th-30th July 2016 in seminar hall. Around 30 participants from different states participated & attended the training. Ms. Neha Lal was one of the faculty.



MRI machine was inaugurated by Hon. Governor **Mr. O. P. Kohli**, followed by GCS AGM Meeting on 30th July 2016.



Mayor Shri Gautam Shah visited the hospital with his team for **Tree Plantation** program organized by Corza – A division of Cadila Healthcare on 12th July 2016. Management accompanied by trustees participated actively in tree plantation..



Tree plantation event was organized on 27th July 2016 at GCS Hospital Campus by **FLO (FICCI)** under their GreenConnect drive. FLO will be developing an entire wing of the hospital outdoor premises with a minimum of 500 trees & vegetation.



GCSMCH in NEWS

શ્રેષ્ઠ સિસ્ટમ સંચાલના ટોચ સંસ્પર્શકમાં કર્તાવિત્ત મેડિકલ કોલેજનો સમાવેશ

GCS શ્રેષ્ઠ સગવડવાળી હોસ્પિ. માં સામેલ અમદાવાદ | ગુજરાત કેન્સર સોસાયટી મેડિકલ કોલેજ, હોસ્પિટલ અને રિસર્ચ સેન્ટરને દેશની શ્રેષ્ઠ સગવડો પરાવર્તી 10 હોસ્પિટલોમાં 7મો ક્રમાંક મળ્યો છે. ડોક્ટરો મેડિકલ પ્રોફેશનલ અને ટેકનોલોજીની સ્વતંત્ર ટીમ મેડીકી ગ્રોટ કોમ દ્વારા આ ક્રમાંક અપાયો છે. જીસીએચ હોસ્પિટલ દ્વારા દરરોજ મોટાભાગની સ્પેશિયાલીટીમાં 7 હજારથી વધુ દર્દીને નિશુલ્ક ઓટીરી કન્સલ્ટેશન આપે છે. તેમજ આર્થિક રીતે નબળી સ્થિતિ પરાવર્તી દર્દીઓને નિશુલ્ક બેડ ચાર્જસ, નર્સિંગ કેર ચાર્જસ, બેડ સાઇડ ડોક્ટર કન્સલ્ટેશન અને ખોરાક, ઈન્ડોર પેસન્ટ સર્વિસીસ આપે છે.

જી.સી.એસ. મેડિકલ કોલેજ દ્વારા ડોક્ટરર્સ ડેની ઉજવણી કરાઈ

કાર્યક્રમમાં સંચાલના ડોક્ટર દ્વારા ડોક્ટરર્સ ડેનું આયોજન કરવામાં આવ્યું હતું. ડી. રમેશ પંચલએ (સી.ઈ.ઓ) ડોક્ટર્સ ડે એ ડોક્ટરોને તેમની અવિરન યેષાઓ, અને તેમની જામતા અને તરબીયાતો માટે એક જાલ કાર્યક્રમનું આયોજન કરવામાં આવ્યું હતું. આ દિવસ છે.

ડોક્ટર્સ ડેનું સેલિબ્રેશન કરાયું

જી.સી.એસ. મેડિકલ કોલેજ દ્વારા ડોક્ટર્સ ડેનું આયોજન કરવામાં આવ્યું હતું. ડી. રમેશ પંચલએ (સી.ઈ.ઓ) ડોક્ટર્સ ડે એ ડોક્ટરોને તેમની અવિરન યેષાઓ, અને તેમની જામતા અને તરબીયાતો માટે એક જાલ કાર્યક્રમનું આયોજન કરવામાં આવ્યું હતું. આ દિવસ છે.

સિટી ઘન્ટરસ કેન્સરપીડિતોને જરૂરી વસ્તુઓ આપી

નવ-વૈદક સિટી ઘન્ટર વર્ક ટીમ પોષ ભેજકેન્સર એન્ડ મેડિસિન દ્વારા કેન્સરના પાત્રો આરંભી ફરિયાદો ધોરણમાં કેન્સર, લેકેમિયા

બાપુનગર ખાતે મેડિકલ કેમ્પ યોજાયો

અમદાવાદ | જીસીએસ હોસ્પિટલના સહયોગથી જનહિત સેવા ચેરિટેબલ ટ્રસ્ટ દ્વારા બાપુનગર ખાતે મફત નિદાન કેમ્પનું આયોજન કરવામાં આવ્યું હતું. જેમાં હોસ્પિટલના અલગ અલગ વિભાગના નિષ્ણાંત તબીબો દ્વારા દર્દીઓને તપાસવાની સાથે તેમને મફત દવાનું વિતરણ કરવામાં આવ્યું હતું. આ કેમ્પમાં 933 જેટલા દર્દીઓએ સારવાર મેળવી હોવાનું હોસ્પિટલના અગ્રણીએ જણાવ્યું હતું.

Dr. Bhautik Tilva (Neuro Physician)'s Tele-Talk on DD Girnar On World Alzheimer's Day

FROM HR DESK

New Team Members

Anaesthesia-H

Dr. Suchitha K. Shah
Dr. Milan V. Vaja

ENT – H

Dr. Nisarg S. Mehta
Dr. Sanjana K Chawala

Medicine-C

Dr. Harsha H. Pamnani
Dr. Himanshu Meghnathi
Dr. Mausam K. Jayswal
Dr. Arjun P. Kelaiya
Dr. Niyati Bhalani
Dr. Jasminkumar Patel
Dr. Mohit V. Modi
Dr. Maulik A. Patel

Skin & V.D.

Dr. Trusha P. Gajjar

Orthopaedics

Dr. Devam I. Dave
Dr. Ankit M. Chaudhary
Dr. Pankaj P. Sharma
Dr. Sanjay M. Panchal

Psychiatry

Dr. Nidhi H. Doshi

TB & Chest

Dr. Ravikumar B. Patel

Obst. & Gynecology

Dr. Madhukumar Harani
Dr. Neha Suwalka
Dr. Purva B. Patel
Dr. Mo. Soyeb Mansuri
Dr. Sonal N. Garg

Forensic Medicine - C

Asha R. Parmar

Paediatric

Dr. Ankit L. Agarwal
Dr. Viken Kumar M. Patel
Dr. Dhyey J. Pandya

Surgery

Dr. Chirag N. Asari
Dr. Ayush N. Jain
Dr. Shail D. Sanghvi
Dr. Sandeep R. Jain
Dr. Vismay B. Patel

Ophthalmology

Aditi G. Vakil

Pathology-H

NeerajKumar Kumhar

Library

Kokila M. Rathod

College Administration

Maheshkumar Chunara
Chirag Parmar
Mehulsinh Parmar

CSSD

Harshad Prajapati

Community Medicine

Priyanka G. Dabhi

Pharmacy

Dilipsinh Chauhan
Hitesh Kumar Soni

Special Wing

Sonalben Christian
Ami S. Dave
Komal J. Christian

Pallavika Chauhan

Stutee R. Macwan
Dipali J. Patel
Mayank M. Soni
Unnati R. Rana
Reena S. Macwan

OT

Dipali G. Patil

Business

RavindraSingh Rajput

Facility Management

Sonal B. Thakor

Front Office

Mehul M. Gajjar

HR & Admin

Poorna K. Trivedi

Stores

Gopalnath R. Kevet

Nursing

Anita Darji

Mayurkumar Vaniya

Pallavi Thakore
Stuti Christian
Bhavna Taviyad
Kailas Pargi
Priyanka Christian
Nehalben Charel
Bhumika Parmar
Divyani Kharadi
Jigisha Mayavanshi
Jekolina Christian
Jenisha Christian
Monika Parmar
Sonalben Suvar
Rupal Christian
Vivekkumar Patel
Amitaben Gohel
Dhara Shrimali
Heena Gohel
Jerusa Parmar
Payal Chauhan
Shobhana Khrishti
Snehalben Parmar

Varshaben Vankar

Nilam Pranami
Jenifar Khristi
Kinjalben Rathod
Twinkal Parmar
Anil Garg
Jamna Lal Yadav
Rajendra Kumavat
Chandansing Chauhan
Rakesh Padiyar
Sheela Ahari
Sumitra Kumavat
Vaishali Panchal
Umang Patel
Jignesh Amin
Rakesh Tiwari
Gajendra Vyas
Kantilal Sadena
Roshan Meena
Suresh Kumar Bhati
Drashti Patel
Jagdish Panwar
Priyanka Damor

Congratulations for Completing 5 years at GCSMCH

No words can express the level of your commitment and dedication in your work. We are so proud to have you in our company. Congratulation because you are **celebrating 5 years in the service** at GCS Medical College, Hospital & Research Centre. Through the years, you have consistently shown and given your best at all times. More fruitful years to come. Well done and congratulations!



Accounts

Maitri Shah
Sandip Chauhan
Rasikkumar Solanki
Bhashkar Parmar
Manish Thoriya
Shital Desai
Rachana Pathak

Administration-C

Parshottam Patel
Vishal Trivedi
Kalpana Panchal
Kiran Panchal
Vinod Shekhaliya
Heena Sharma

Administration-CSS

Ashok Pandya

Anatomy-C

Pradipkumar Purani
Pradhman Chavda
Hargovindbhai Gohil

BioMedical & Gas Plant

Kiran Panchal
Suresh Rana

Bio-Chemistry-C

Nimisha Makwana

Bio-Chemistry-H

Javnika Patel
Vaishali Bhavsar
Nareshkumar Parmar

Blood Bank-H

Namrata Masani

CSSD

Mahendrasinh Chavda
Dushyant Parmar

Engineering Services

Harshad Patel
Jignesh Patani

Lalshih Thakor

Pravin Vaghela
Balwant Parmar
Naranji Thakor
Mitul Brahmhatt
Rameshchandra Thakkar

Facility Management

Rameshchandra Thakkar
Front Office
Dina Sanjay Mehta
Shivang Gandhi
Megha Chauhan
Manhar Makwana
Vasant Sharma
Gitaben Solanki

Governing Body

Dipti Jani
Hemal Shah
Hemlata Solanki
Jagruati Patel
Rekha Patni
Sanni Mehta

IT & Systems+

Rahil Panchal

HR & Admin

Ribeca Christian
Dimpal Panchal
Ajit Shah
Ramesh Patel
Jitendra Parmar
Neha Lal

Medical & Admin-H

Prashant Raval

Medicine-H

Minakshi Chavda

Library-C

Shailesh Chauhan
Sejal Savaliya
Divya Kotariya

Nursing

Anitaben Pandya
Asha Vaghela
Malti Prajapati
Mandakinee Prajapati
Rekha Leua
Jyotika Vaghela
Sharon Solanki
Hemangini Patel
Jagruati Dodiya
Heena Nambiar
Sonal Prajapati
Nilam Mahida
Pratiksha Bramaniya
Ankita Patel
Nisha Shrimali
Nilam Solanki
Vimala Parmar
Daksha Mahida
Josfina Christian
Pratiksha Solanki
Jaya Rathod
Jenny Christian
Kirti Ayre
Minaxi Solanki
Sangeesha Lokhandvala
Seema Khristi
Alvina Naydu
Kinjal Khandavi
Kokila Makwana
Nilam Shah
Rasmita Rathod
Avani Nagar
Milka Christian
Joyalkumar Christian
Rajni Rathod
Sheetal Patel

Histopathology-H

Neha Vyas

Heamatology-H

Usha Patel
Hina Oza

OT

Kanaiyalal Solanki
Himmat Rawat
Vaibhav Nanshah

Pathology-C

Mahesh Patel
Sharmila Kadam

Pathology-H

Rajeshkumar Maurya
Vandana Thakkar
Ankita Macwan

Pharmacy

Pradipkumar Solanki

Physiology-C

Bhailal F. Patel
Chetan Chauhan

Physiotherapy

Jayesh Chauhan
Kaushal Kayasth

Purchase

Dr. Devina Gohil

Physiotherapy

Dr. Rini Patel

Purchase

Kiran Shah

Radiology-H

Rajendra Barot
Prakash Patani

Radiology-H

Nayna Prajapati

Special Wing

Hemalatta Rathod

Special Wing

Falguni Acharya

Special Wing

Parthesh Bhatt
Saroj Levy
Reena Darji
Anju Kunchara
Dipa Patel

Alpa Parmar

Dorothy Rathod

Stores

Alpesh Priyadarshi
Bhavesh Thaker
Renuka Rajwadi

Students Hostel

Kirit Sanghvi

DOCTORS

Administration-C

Dr. Kirti M. Patel

Anatomy-C

Kiran Arora

Pharmacy

Dr. Ritesh K. Shah

Pharmacy

Dr. Bharat G. Patel

Pharmacy

Dr. Shital T. Shah

Pharmacy

Dr. Rashida H. Andani

Medicine-C

Dr. Shailesh Jay Shah

Medicine-C

Dr. Pravina P. Shah

Medicine-C

Dr. Naimesh Patel

Medicine-C

Dr. Harshit Acharya

ENT-C

Dr. Vishal R. Dave

Dentistry-C

Dr. Jolly Pandit

Orthopaedic

Dr. Mukesh N. Shah

Paediatric

Dr. Pinakin P. Trivedi

Pathology-H

Dr. Sadhna Kothari

Pathology-H

Dr. Shantilal M. Patel
Dr. Anupama Dayal

Skin & V.D.

Dr. Nayan H. Patel

Microbiology-C

Dr. Manisha Dhamecha

Microbiology-C

Dr. Urvesh V. Shah

Commu. Medicine-C

Dr. Viral R. Dave

Commu. Medicine-C

Dr. Asha K. Solanki

Obst. & Gynec

Dr. Pooja S. Singh

Obst. & Gynec

Dr. Hareesh U. Doshi

Obst. & Gynec

Dr. Jaishree Bamaniya

Bio-Chemistry-C

Dr. Ramesh Pradhan

Bio-Chemistry-C

Dr. Rosy Pradhan

Bio-Chemistry-C

Ragini Singh

Bio-Chemistry-C

Vijay Pandhare

Anaesthesia-C

Dr. Heena S. Chhanwal

Anaesthesia-C

Dr. Asmita Chaudhary

Anaesthesia-C

Dr. Kinjal Sanghvi

Physiology-C

Lopa Vaidhya

Physiology-C

Dr. Anand H. Mistry

Physiology-C

Dr. Nirupama J. Shah

Physiology-C

Dr. Vilas J. Patel

Physiology-C

Dr. N. Dikshit

Physiology-C

Dr. Hitesh M. Parmar

Radiology-C

Dr. Ajay R. Upadhyay

Radiology-C

Dr. Nikunj Desai

Surgery

Dr. Sushil D. Akruwala

Surgery

Dr. Shashank C. Desai

Ophthalmology

Dr. Hemaxi P. Desai

Ophthalmology

Dr. Chetan B. Jani

Forensic Medicine-C

Dr. Chetan B. Jani

FROM HR DESK

Training & Development

Train the Trainer Workshop

Basic life support workshop was conducted in ISCON conference under guidance of **Dr. Heena Chhanwal** (Prof. & Head of Anaesthesia Dept.) at GCS Medical College on 11th September 2016. The workshop covered topics like ECG, Hands on CPR session, Drugs and Defibrillation. It was attended by around 120 participants.



Academics

An executive Education Programme on "**Managing and Sustaining Hospital Growth**" was organized & held at **IIM Bangalore** on 14-16 July 2016. It shared and discussed the best practices of healthcare systems of India & abroad. All CEOs of major hospitals of India were present for networking and discussions. **Ms. Neha Lal** (Gen. Manager - Hospital Administration & HR) represented GCSMCH and completed the course.



Appreciation

Appreciation & praise to **Mr. Ravindra Kumar** (*Facility Manager*) for overseeing Central Store Functions since many months. This contribution will always be considered at organization and we value such extra efforts & hard work taken by him or any employee.

Patients' Appreciation for Employees: July – September 2016

Medical Administration

Dr. Rasik Patel

Dr. Harita G. Anand

Dr. Virendra Modi

Dr. Deepak Shrivastav

Special Wing

Ms. Daksha Macwan

Mr. Rakesh Prajapati

Mr. Mukesh Parikh

Health Checkup

Dr. Rasik Mandavia

Ms. Monika N. Zala

Health check-up is taking keen interest in well-being of the clients, Prevention & early detection of the dreadful diseases. Recently our ECHO-TMT Technician **Mr. Bankim Joshi** had found out that one of the patient had developed MI with severe cardiac dysfunction during the ECHO procedure. His prompt and timely intimation helped us to shift the patient urgently to cathlab for better management.

Did you know?

- Human bones are 4 times stronger than Concrete
- You have no sense of smell when you're sleeping.
- Humans are the only mammal that can't swallow and breathe at the same time
- We actually do not see with our eyes – we see with our brains. The eyes basically are the cameras of the brain.
- When awake the human brain produces enough electricity to power a small light bulb
- A human baby has over 60 more bones than an adult.
- We all have tiny mites living in your eyelashes
- Sweat itself is odorless. It's the bacteria on the skin that mingles with it and produces body odor.

MARKETING INITIATIVES

CMEs

CME of **Dr. Nilesh Pandav** (Gastroenterology) on "Approach to Chronic Diarrhoea, Case capsules" was held on 4th August 2016.



CME on "Movement Disorders - Fun to Facts" by **Dr. Bhautik Tilwa** (Neurologist) was held on 11th August 2016.



CME on "A Brief review on Hepatitis B & C" by **Dr. Sandip Shah** (Gastroenterology) was held on 9th September 2016.



CME on Old Age & Orthopaedic Problem by **Dr. Rohit Shah** (Prof. Orthopaedics) was held on 23rd September 2016.

CME for **Dr. Taral Parikh** (Rheumatologist) held on 29th September 2016 on "Myths and facts in Gout",



CME on "Approach to a Patient with Abdominal pain" by **Dr. Rashesh Solanki** (GI Surgeon) was held on 30th September 2016.



Camps

Free Screening Camps were organized in Ahmedabad at Paldi, Amraiwadi, Vatva & Dariapur for Public Health & CSR Activity in **July** 2016. Around **1110 patients** were benefitted from this camps.



MA Yojana Camp was held on 2nd Aug, 2016 at CHC, Dehgam with Super Specialty Onco & Uro diseases, where around 20 patients benefitted. Screening Camp was held on 6th August on site at Arvind Limited, Sanrtej. Diabetes Camp organized In-house from 8th to 31st August 2016. Mega-Multi Specialty Camp was held on 21st August at Hatkeshwar is alliance with local Trust at Amraiwadi. Free 6 General Medical Camps were done at district level & one at Surendranagar in **August** 2016.



Multi-Specialty Camp was held on 18th Sep in Association with Lions Club at Lions School at GIDC, Naroda were **193 patients** were screened. Free 8 General Medical Camps were done at district level & 1 at Surendranagar in **September** 2016.



EVENTS

Events & Activities

World Breastfeeding Week- 2016 celebration:

Educational and informative talk was held by Dr. Prarthana H. Patel on 5th August 2016 on "**Breastfeeding - a key to sustainable development**" for the medical and paramedical staff members. Poster competition and Role play competition were also organized for the nursing staff members and students. Top three posters and plays were given the prizes in collaboration with the Academy of Pediatrics, Ahmedabad. Distribution of nutritious sweets to the lactating mothers was arranged in collaboration with the Academy of Pediatrics.



ORS week celebration

Poster competition and Role play competition were organized for the nursing staff members and students. Three best posters and three best plays were given the prizes. An Educational talk for the patients on ORS solution and rehydration therapy with demonstration by **Dr. Rutvik Parikh** (Assistant Professor, Pediatrics) was organized too.



Events (Community Medicine Department)

World Breastfeeding Week

World Breastfeeding Week 2016 was celebrated on 1st August 2016, at the UHTC field practice area by Community Medicine Department of GCSMC. IEC was done regarding "Importance of breastfeeding and correct breastfeeding practices" among Antenatal women and lactating women. Total 26 females participated in this celebration. The session was facilitated by Dr. Venu Shah, Dr. Mansi Patel, Mrs. Rizwana and interns posted at UHTC sajjpur.



National Nutrition Week

On 2nd September 2016, National Nutrition Week was celebrated at the UHTC field practice area by Community Medicine Department of GCSMC. Awareness regarding balanced diet and healthy cooking practices followed by Nutritious-cooking competition was held among females residing UHTC field practice area. Total 75 females participated in this celebration. The session was facilitated by Dr. Venu Shah, Dr. Mansi Patel, Mrs. Rizwana and interns posted at UHTC sajjpur.



World Rabies Day

World Rabies Day 2016 was celebrated on 28th September, at the UHTC field practice area by Community Medicine Department of GCSMC. Health education session on management of animal bite and anti rabies vaccine was conducted. Around 50 beneficiaries of two different areas have attended the session.



World Heart Day

On the occasion of World Heart Day (29th September) Two sessions on Risk factors of Heart Diseases were taken by Faculties of Community Medicine Department and Interns posted at RHTC on 30th September 2016 at RHTC Dabhoda. The sessions were followed by screening camp for Hypertension which was conducted by Interns posted at RHTC. 113 participants from the local community were benefited by the screening camp.



ACADEMICS

Academics

- **Dr. Prarthana H. Patel** working as an Assistant Professor in the department of Pediatrics has been certified as an "Infant & Young Child Feeding Counseling Specialist" by the BPNI (Breastfeeding Promotion Network of India)
- Research Article publication: Comparison of non-contact forehead infrared thermometry with axillary digital thermometry in neonates, **Ami H. Patel, Mansi M. Patel, Rekha H. Bhavsar**; GCSMC J Med Sci Jan-Jun 2016.
- Research proposal approval by Institutional Ethical Committee: "Study of hypernatremic dehydration in neonates" by **Dr. Pinakin Trivedi**, Assistant Professor, Department of Pediatrics.

Pharmacology Department

Spontaneous reporting of ADRS is back bone of safe medicine

Following Important ADRS were reported recently to Pharmacovigilance Committee of GCSMC:
(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

No.	Causal Medicine	Indication for use	Adverse event (Reporting Department)
1	Dynapar	Pain in abdomen	Itching, rashes on face & trunk (Surgery)
2	Methotraxate	Leukemia	Skin discoloration (Skin & Oncology)
3	Docetaxel	Ca-Breast	Allergy (Nervousness, tachycardia) (Oncology)
4	Ringer lactate	Post-op hysterectomy	Urticaria (left hand) (Obst&Gynec/TB)
5	Ofloxacin	Diarrhoea	Urticaria (Skin)
6	Docetaxel	Ca-Breast	Blurring of vision, tachycardia (Oncology)
7	Rituximab	Pemphigus vulgaris	Diarrhoea, lung infection, multi-organ failure, death (Skin)
8	Docetaxel	Ca-Breast	Numbness, tingling of hands/palm (Oncology)
9	Docetaxel	Ca-Breast	Headache, itching all over (Oncology)
10	Docetaxel	Ca-Buccal Mucosa	Nervousness, giddiness (Oncology)
11	Pan-D	Abdominal pain	Urticaria over hands, legs (Skin)
12	Docetaxel	Ca-Breast	Breathlessness, vertigo (Oncology)
13	Itraconazole	Extensive Tinea infection	Headache, chest pain (Skin)
14	Docetaxel	Ca-Breast	Breathlessness, Stiffness of back (Oncology)
15	Terbinafine	Tinea infection of skin	Morbilloform rashes over wrist, lower abdomen
16	Paclitaxel	Ca-Buccal mucosa	Shivering, breathlessness
17	Paclitaxel	Ca-Buccal mucosa	Breathlessness, SpO ₂ 82% (Oncology)
18	Phenytoin	Epilepsy	Toxic epidermal necrolysis (Skin)
19	Paclitaxel	Ca-Stomach	Convulsions (Oncology)
20	Paclitaxel	Ca-Breast	Chest tightness, tachycardia, sweating, dizziness (Oncology)
21	Paclitaxel	Ca-Breast	Headache, dizziness, tingling, numbness (Oncology)
22	Paclitaxel	Ca-Buccal mucosa	Palpitation, Breathlessness (Oncology)

Academics

Telemedicine CMEs

- CME on **Liver cancer and management** was held on 8th July 2016 and the speaker was Dr. Joy Abraham, MS, MCh (Gastro), Fellow HPB & Transplant, GCS Medical College and Hospital, CIMS Hospital, Ahmedabad. The lecture was transmitted on ISRO's Telemedicine network from DECU studios.
- CME on **Menstrual Problems** was held on 3rd August 2016 by Dr. Dipti Jain, Fellow in Gynaec Oncology – GCRI Consultant Gynaecologist – Zydus Hospital

Scientific Review Committee (SRC) Meeting for interventional projects was held on 15th July and 6th September 2016. The Interventional project meeting was chaired by Dr. Geeta Joshi, Dy Director, GCRI and the member secretary, Dr. Asha Anand. Total 3 interventional projects and 9 clinical trial amendments were discussed for scientific approval. The meeting for non-interventional projects was held on 26th September, 2016 which was chaired by Dr. Rakesh Vyas, In-charge Director, GCRI; Dr. Kiran Kothari, Deputy Director, GCRI. In this meeting, 1 new project was scientifically approved.

Ethics committee meeting was held on 16th July 2016. The meeting was chaired by Hon'ble Justice Shri Bankim Mehta (Chairman) and Shri Narayanbhai R Patel (Vice-Chairman) along with the member secretary, Dr. Shilin Shukla. During the meeting, total 3 new interventional projects and 2 clinical trial amendments were discussed and approved.

Induction Program for 1st year postgraduate doctors was carried out on 23rd July and 24th September 2016. These doctors were given orientation of various department and activities of GCRI.

Preceptorship programme on Molecular testing in Lung Cancer was organized on 12th and 13th August 2016. The programme included lectures and demonstration of Lung biopsy and Liquid biopsy for Lung carcinoma diagnosis. The programme was conducted by Dr. Rakesh Rawal and the speakers / resource persons invited were Dr. Amit Janu, Interventional Radiologist, TMH, Mumbai and Dr. Anuradha Choubule, Molecular Pathologist, TMH, Mumbai.

A talk on Staging work up of GI and Pancreatic cancer: Role of Endoscopic Ultrasound (EUS) by Dr. Akash Ajmera, MD, FGEM, Division Head and Chief of Gastroenterology, Marshal University, Cabell Huntington Hospital, West Virginia, USA was arranged on 20th August 2016 by webcast.

A Scientific session was held on 27th August 2016. The topics of discussion were "Research aspects of NGS tests in Oncology" and "Clinical Application of NGS Tests in Oncology" which were discussed by Dr. Chirantan Bose, MD, IFCAP, V.P. for Clinical Services, Medgenome Labs Pvt. Ltd., Bangalore by webcast.

Institutional Review Committee meeting was held on 9th September 2016 for guided research work leading to post graduation degree (MD, 1st year residents). The meeting was chaired by Dr. Geeta Joshi along with member secretaries Dr. Harsha Panchal, Dr. Nandita

Ghosh and Dr. Trupti Trivedi. The dissertations of 22 first year resident doctors from departments of Anaesthesia, Radio-diagnosis, Radiotherapy and Pathology were discussed by the committee.

CME by Association of Radiation Oncologists of India: Association of Radiation Oncologists of India's (AROI) 1st Primary Management Course for Radiotherapy was organized by Dr Reddy's Lab (DRL) for budding radiation oncologists on 10th and 11th September 2016 at GCS Medical College, Ahmedabad and organized by Gujarat Cancer and Research Institute, Ahmedabad headed by Course Chairman Dr. R. K. Vyas, Incharge Director, GCRI and Course Coordinators Dr. U Suryanarayana and Dr. Pooja Nandwani Patel from Department of Radiation Oncology.

Indian College of Radiation Oncology (ICRO) Executive Members and Association of Radiation Oncologists of India (AROI) Executive Members were present in the meeting with faculties from all over India. There were total 40 attendees from the west zone of India attending this program and there were very informative and brainstorming discussions on topics like setting up of new radiotherapy department, audits and housekeeping, documentation, setting up of research facility, palliative care services and various other didactic lectures followed by endless discussions.



Medical Oncology: CME was held on 17th September 2016 organized by Medical and Pediatric Oncology at B. J. Medical college, Ahmedabad. This was a part of educational program of BJMC. Fifty one Resident doctors from Department of Medicine and Medical Oncology attended the programme. Basics of Oncology and Palliative care were discussed. Dr. Asha Shah, Head Medicine and Dr. Harsha Panchal, Professor, Medical Oncology coordinated the event. The speakers were Dr. Geeta Joshi, Deputy Director, Dr. Harsha Panchal, Dr. Sonia Parikh, Dr. Janmesh Shah, Dr. Gaurang Modi, Dr. Mukul Gharote and Dr. Preetam Kalaskar.



CME on "Recent advances and updates in Prostate cancer" was arranged on 30th September, 2016 and the faculty was Dr. Karim Fizazi, Head of Department of Cancer Medicine, Institute Gustave Roussy, Villejuif, France through webcast.

GCRI HIGHLIGHTS



Training for Nurses and Class IV

Nursing staff were given on job training on various subjects during July to September 2016

- Standard precautions
- Bed sore management
- Blood Component Aspects
- Nenoxel reconstitute
- Training program by CANKIDS & GCRI (Paediatric & Medical Oncology)
- Basic presentation on Sutures

Class IV staff were given on job training on various subjects during July to September 2016

- Basic training on suction bottle (open, close and cleaning)
- Biomedical waste management and hand hygiene importance
- How to prevent needle stick injury

Events

Surgical Oncology - Speciality Services

The Institute started Organ wise Speciality services in Surgical Oncology on 18th July 2016. Three specialities namely (1) Head & Neck (2) GI & HPB (3) Breast, Thorax and Miscellaneous. For smooth functioning, each speciality was divided into two working units.

Radiotherapy Department- Intensity Modulated Radiosurgery (IMRS)

A case of Acoustic Schwannoma has been treated with IMRS for the first time in GCRI on the new linac machine- Elekta Synergy (LA-III).

Medical Store - Operation Theatre

A separate medical store for operation theatre has been started on 13th August 2016 so as to give better facilities to patients undergoing surgery.



Rakhi Celebration

Rakshabandhan was celebrated on 16th August 2016 where students of Asarwa Vidyalay took part in celebration by tying rakhis to the patients and the staff of the Institute.



Hospital Services

Hospital Services Cancer Mahiti Kendra (Cancer Information Centre)

Cancer- A horrible word!!! But does it actually as horrible as we feel? Majority of patients and their relatives coming to The Gujarat Cancer & Research Institute are illiterate and belonging to lower socioeconomic background. They are not aware of the disease and its outcome. Most of them are eager to get basic information about the deadly disease their dear ones are suffering from. But from where they can get this information?

On the occasion of **Cancer Rose Day** (22nd September 2016), we re-established the Cancer Information centre in the waiting area near ECG room on ground floor with following services.

Cancer Information Videos: An LED TV is set up in the area where cancer awareness videos are constantly shown. In these videos information about cancer and their causes, harmful effects of tobacco, Basic information of Breast Cancer and many such videos are shown by which patients and their relatives can get better idea of the disease and they can spread awareness as well.

Cancer Information Books: In this area, books related to almost every cancer are available at very minimal price in Gujarati, Hindi and English languages. These books are provided by Jascap Publications in association with GCS. Patients & their relatives who wish to understand their disease better can buy these books from this centre.

Cancer Information/ De-addiction Counselor: A trained and experienced counselor is assigned there who can help the persons who wish to get rid of any kind of addiction. Counselor makes them understand the ill effects of tobacco and supports them to quit it.



Employees Corner

MCh Gynaec Oncology course started in this academic year 2016 with the enrolment of 1st batch of students.

Gujarat Cancer Society Research Journal was successfully evaluated for the Index Copernicus International (ICI) Journals Master List 2014 and the ICV (Index Copernicus Value) is 49.53. Congratulations to the editorial board.

Dr. Vidhi Kantesaria, (2nd year resident, Anesthesia Department), won a first prize in paper presentation at **8th National conference of Airway** at Vadodara on 18th and 19th September

2016. She won sponsorship for Fiberoptic and Video Laryngoscopic training workshop worth Rs. 16,000/- for January 2018. The guiding teacher was **Dr. Kinna Shah** (Assistant Professor, Anesthesia Department).

Dr. Dipika Pragnesh Patel (Associate Professor, Anesthesia Department), was awarded the Post Graduate Diploma in Palliative Medicine (PGDPM Degree) through common wealth scholarship in 2 years distant learning course.

A ONE-STOP DESTINATION FOR ALL YOUR HEALTHCARE NEEDS



GCS Medical College, Hospital & Research Centre



13000+
Surgeries



300+
Doctors



60+ Bed
ICU & Critical Care

750
Patient Bed



1500+
Daily Outpatients

200000+
Patients every year



11
Modular OT



Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

Empaneled with

- RSBY (Rashtriya Swasthya Bima Yojna) for BPL Patients
- Chiranjeevi Yojna
- JSVY (Jyotirgamay Swasthya Vima Yojana)
- Family Welfare Center
- Bal Sakha Yojna
- Mukhyamantri Amrutam Yojana (MA Yojana)

GCS Hospital is empaneled with ESIC, Major Insurance and TPA companies for Cashless services.

GCS Medical College, Hospital & Research Centre

Opp. D.R.M. Office, Nr. Chamunda Bridge, Naroda Road, Ahmedabad - 380 025, India

☎ +91 79 6604 8000 📠 +91 79 2220 1915 📠 +91 99798 49537 ✉ info@gcsmc.org 🌐 www.gcsmc.org