

# GCSMCH News Letter

Issue: 25

October-December 2018



*Happy New Year!*



## GCS Medical College, Hospital & Research Centre

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What's Inside:

- Editor's Desk
- Significant Updates
- Employee Corner

- Quality Corner
- Marketing Initiatives
- Academics

- Community Medicine
- Community Oncology Center
- GCRI Highlights

# EDITOR'S DESK

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**Neha Lal** (Sr. General Manager - Operations & HR)

We hear your feedback at [communications@gcsmc.org](mailto:communications@gcsmc.org)

## Starting of Emergency Medicine Unit



GCSMCH & RC is happy to inform that Emergency Medicine unit facility and Improved Casualty Services was made operational from 2nd October 2018.

This unit is located near Casualty Department at Ground Floor, Hospital Building and shall be operational for 24x7.

This Facility will be helpful for better patient care in casualty services.

## From Chief Editor's Desk

Dear Readers,

On behalf of employees of GCSMCH & RC, I wish all GCSians very Happy 2019. May the New 365 days bring new zeal, enthusiasm and energy to achieve new goals. While welcoming the New Year, let's review the important milestones.



In the beginning of the Quarter, we had successfully completed "NABH Assessment". Getting NABH Accreditation is the dream of any hospital.

The NABH Assessors had assessed the hospital from all the corners, interviewed staff and shared their expertise with us. Needless to mention that, All NABH Champions and all GCSians including Doctors, Medical and Paramedical Staff had demonstrated their efforts for implementation of NABH Quality Standards, and as an outcome, our contribution, involvement and commitment for the excellence in the work we are doing were appreciated.

Delegation from The School of Nursing, Midwifery and Social Science from CQ University, Australia had visited GCS Medical College, Hospital and Research Centre. Members of CQ University had appreciated GCSMCH & RC for the initiatives for development of Nursing Staff.

In our constant endeavor to provide extensive patient care, we have set up "Emergency Medicine" unit near Casualty Department. This facility will be helpful for better patient care in Casualty Services.

Last but not the least, celebration of various festivals like Diwali and Christmas has brought new charm in our life. Such festivals break the monotony of life and help us to rejuvenate.

At the end, I wish you all prosperity, happiness and success in all the endeavors. May we soar new heights, set new benchmarks and make GCSMCH & RC prosperous in all aspects.

Happy 2019!

Neha Lal  
Chief Editor

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# SIGNIFICANT UPDATES

## Successful NABH Assessment



We all witnessed the grand and most awaited day on 13th October, 2018 yes it was the “**NABH Assessment Day**” for which we were putting our Heart and Soul for almost 2 Years. The assessment was conducted successfully by team of NABH assessors. They had assessed our hospital from all the corners, interviewed staff and shared their expertise with us. They appreciated the team involvement, zeal and contribution of all employees in Quality Improvement activities. We received very few non-compliances which we have successfully completed and forwarded to the NABH. We are

very optimistic, confident and waiting for the certification of NABH Accreditation which will be a benchmark.

Quality is a team work and this could not possible without Leadership, cooperation and hard work at each levels.

All Quality Champions, Doctors and Staff had demonstrated their excellence in their respective areas. With this enthusiasm, we are committed to take this quality journey to go “**beyond quality accreditation**” and do better.

# EMPLOYEE CORNER

## Celebration of Festivals



This quarter was with full of festivals.

Diwali - Festival of Lights was celebrated in GCSMCH & RC. All GCSians had expressed their festival spirit in the form of Rangoli. Here are the Rangolis made in different areas of hospital.

Christmas was celebrated by GCS staff with full of enthusiasm. Employees had prepared Christmas Tree and decorated it with lights, stars and other stuff.



Employees had exchanged wishes with each other and expressed their joy of festivals.



## New Joinees - Welcome to GCS



### Bio-Chemistry-H

Riddhi Trivedi

### Engineering Services

Parimal Astik

### Facility

Gurpreet Saini

### Front Office

Arvind Jadav

Siddharth Chavda

### Nursing

Ami Panchal

Ami Shah

Ankita Patel

Avani Patel

Bhargavi Patel

Bhavini Gaddam

Bhoomi Prajapati

Bhumika Chauhan

Binal Darji

Binal Parmar

Chirag Patel

Damini Suthar

Dhara Patel

Dhara Prajapati

Dipika Parmar

Ekta Christian

Grishma Patel

Hemal Patel

Hemangini Parmar

Hiloni Joshiyara

Jahnvi Patel

Jayshree Parmar

Juhi Timaniya

Jyotismi Asari

Kajal Patani

Kanan Vyas

Karuna Sadat

Khushbu Christian

Kinjal Asari

Kinjal Chavda

Kinjal Parmar

Kinjal Patani

Kinjal Solanki

Krishna Mande

Kuldeepsinh Solanki

Laxmi Baraiya

Madhuri Pandey

Maitri Gameti

Manisha Baria

Manisha Nadiya

Mayuri Rohit

Megha Khant

Megha Parmar

Mittal Parmar

Namrata Mathuriya

Namrata Patil

Nikita Parmar

Nilam Nayi

Nimika Makwana

Nipa Patel

Parul Barot

Payal Prajapati

Purvika Mecwan

Raksha Panchal

Rashmika Patel

Rinkal Bhagora

Sejal Palas

Sheron Christian

Shilpa Begadiya

Shital Vaghela

Shraddha Patel

Sonal Parmar

Tanaaz Momin

Urvashi Patel

Vaishali Patel

Veena Rohit

Velentina Parmar

Vina Rathod

Yagnik Patel

### Pharmacy

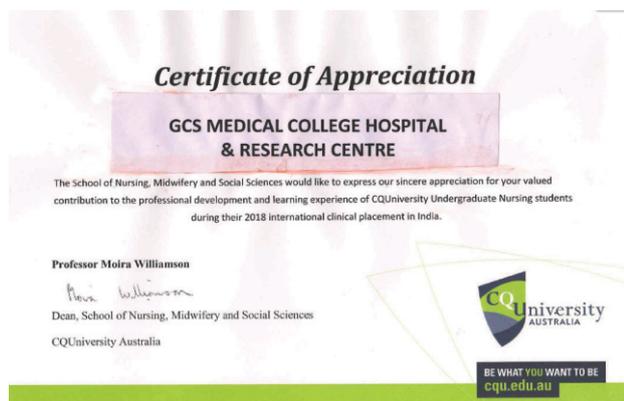
Jasmin Sheth

Zalak Parikh

### Stores

Jigna Parmar

## Certificate of Appreciation



A Delegation from The School of Nursing, Midwifery and Social Science of CQ University, Australia had visited GCS Medical College, Hospital and Research Centre on 01st November 2018. Dr. N K Rathod (Medical Superintendent) and Ms. Sonal Prajapati (Nursing Superintendent) had briefed the delegations about Hospital Facilities and other functions. Members of CQ University had appreciated the GCSMCH & RC with certificate for the steps taken for development of Nursing Staff.

## PHARMACOVIGILANCE CORNER

### SPONTANEOUS REPORTING OF ADRs IS BACK BONE OF SAFE MEDICINE

Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC:  
(Compilation - Dr. R. K. Dikshit, Dr. Nayan Patel)

No	Casual Medicine	Indication for use	Adverse event (Reporting Department)
1	Diclofenac	Fracture Pain	Erythema, vessel dilatation at IV site (Orthopedics)
2	DPT Vaccine	Vaccination	Fever, Convulsions (Pediatrics)
3	Carbimazole	Hyperthyroidism	Hepatic dysfunctioning (Medicine)
4	Phenytoin+Phenobarbitone	Epilepsy	Ataxia, vertigo, blurred vision, diplopia, behavioural alteration, mental confusion (Pediatrics)
5	Phenytoin	Epilepsy	Generalized vesicular eruptions, dusky red erythema, macular lesions, ? SJS/TEN (Pediatrics/Dermatology)
6	Levofloxacin	Fever, Throat infection in a patient of CA-Nasopharynx	Swelling, erythema, vascular dilatation at iv injection site (ICU)
7	Diclofenac	Post-op pain	Redness, vascular dilatation ahead of IV catheter (Orthopedics)
8	Inj MgSO4	CA-Neck	Itching, rash, urticaria (Oncology)

**To report an ADR, please contact: Dr Vipul Chaudhari (9825444336), Dr Sumit Patel (9824223626) or Pharmacology Department (8499)**

We remain thankful to all the reporting Departments for their kind cooperation

## QUALITY CORNER



**Medication Errors :**  
This month we focused on "The Third W H O Global

**\$42 billion**

Medication errors cost an estimated 42 billion USD annually ~WHO,2017

Patient Safety Challenge: Medication Without Harm" and had series of training to cover nursing and pharmacist staff to make them aware of unsafe medication practices and medication errors which are a leading cause of injury and avoidable harm in health care systems across the world. Errors can occur at different stages of the medication use process i.e. a) Prescribing, b) Requisition, c) Dispensing or d) Administering. Every point in the process of care-giving is vital and contains a certain degree of inherent unsafety. Our focus is to reduce these preventable

harms. To start this we are encouraging staff to report these errors by appreciating them for their contribution to give us insight about our grey areas which required to be strengthened so that we learn from our past and prevent future ones. Medication Error >> Incident Reporting>> Analysis >> Finding Error >> Removing Bottlenecks >> Minimal/Zero Error >> Safe Patient Care.

**Quality Beyond Accreditation :** "We Achieved - What We Dreamed." 2 year ago we dreamed for quality accreditation and we fulfilled all the criteria as per standard practices. Now it's time to move ahead and focus on Quality Beyond Accreditation as it will help us to improve patient outcome and will be guiding the coming generation.

## ACHIEVEMENT OF NURSING DEPARTMENT



BD Company had conducted Audit on 23-24 November 2018, in the wards for Best Practices regarding Peripheral Intra Venous Catheter (PIVC). Infection Control Nurse (ICN) Ms. Nikita Thakar and Ms.

Nidhi Patel had conducted the audit and Ms. Sonal Prajapati (Nursing Superintendent) had evaluated



the Audit findings. Based on the Audit report, Ward 6A had received first and Ward 3C received second Position. BD Company had declared awards for Winning Wards as "Best Practice Following Department". Dr. Kirti Patel (Dean) and Dr. N. K. Rathod (Medical Superintendent) had given Awards to Winning Wards and appreciated the efforts made by all Nursing Staff.

Ms. Chandrika Patel (Assistant Nursing Superintendent) had participated in the 7th National Conference organized by Infusion Nurse Society (INS). She has received an award for her contribution in the field of nursing.



## ACHIEVEMENT OF NURSING COLLEGE

Nursing College Students had performed excellently in the exams conducted by Gujarat University for B.Sc. Nursing and Gujarat Nursing Council for GNM for academic year 2017-18. Details of academic performance of students are as under.

### Result at Gujarat University

B.Sc. Nursing 1st year scored 84.13% result, Ms. Pandya Nupur achieved 1st rank and Ms. Christian Mahima achieved 3 rank in Gujarat University.

B.Sc. Nursing 2nd year scored 94.44% result,

Ms. Krupali Patel stood at 7th rank, Institute achieved 5th rank in overall result in Gujarat university.

B.Sc. Nursing 3rd year scored 100% result, Ms. Stephy Christian achieved 8th rank.

Institute has achieved 1st rank in overall result in Gujarat University.

### Result at Gujarat Nursing Council :

GNM 1st year scored 81.81 %, GNM 2nd scored 81.51 %, GNM 3rd scored 98.26 %.

# MARKETING INITIATIVES

## Blood Donation & Health Check Up Camps

### Blood Donation Camp

No.	Date	Area	No. of Donors
1	25/11/2018	Bapunagar	20
2	23/10/2018	Naroda	21
3	25/10/2018	Kheda	10
4	18/11/2018	Naroda	39

### Multi Speciality Camp

No.	Date	Area	Specialty	No. of Beneficiaries
1	16/10/2018	Maninagar	Medi-Ortho-Skin	168
2	23/10/2018	Dholka -Arvind Mill	Medicine	43
3	25/10/2018	Bapunagar	Medi-Gynec-Skin	187
4	18/11/2018	Ranip	medicine	55
5	29/11/2018	Vadaj	Medi-Ortho-Pidia	245
6	18/12/2018	Saraspur	Medi-Ortho-Pidia	216
7	18/12/2018	Naroda - Arvind Mill	Health check-up	140

## Social Media Campaigns

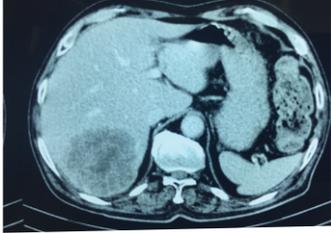
Greetings and posters published on the social media on various days & festivals.



## Medical Cases

### Anatomic (Right posterior) hepatectomy for Hepatocellular carcinoma misdiagnosed as liver abscess.

Liver mass in portal venous phase.



Dr Rashesh Solanki,  
Consultant HPB and GI  
and Laparoscopic  
surgeon,

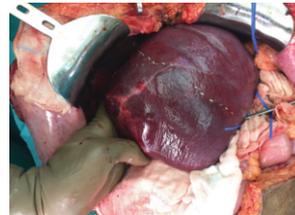
Department of HPB and  
Gastrointestinal  
Surgery, GCS Medical  
College and Research  
Hospital, Ahmedabad.

A 66 year old gentleman was referred to GI surgical OPD with a diagnosis of SOL (space occupying lesion)-liver abscess in segment 6 and 7 on ultrasound abdomen. He was admitted and evaluated. Liver function tests and viral markers were negative. A diagnostic aspiration was also attempted elsewhere, which did not reveal any pus. To characterize the lesion and to confirm the diagnosis, a Triphasic CT abdomen(liver) was performed in radiology department of our hospital. Triphasic CT abdomen involves scanning the liver in arterial, venous and delayed phases at specific time interval, for example, 30, 70 sec and few minutes later to characterize the lesion and arrive at a diagnosis. This technique is essential for accurate diagnosis of the liver mass. A diagnosis of malignant mass lesion, probably Hepatocellular carcinoma, occupying segment 6 and 7 was made on Triphasic scan based on the typical findings of arterial enhancement and venous washout. Alpha fetoprotein was normal and Chest CT did not reveal



any metastasis. After a preoperative risk assessment, surgery was planned(right posterior hepatectomy). Right posterior hepatectomy (sectorectomy) involves anatomical resection of seg 6 and 7 of liver in anatomical plane of right hepatic vein.

The patient tolerated the procedure well, thanks to

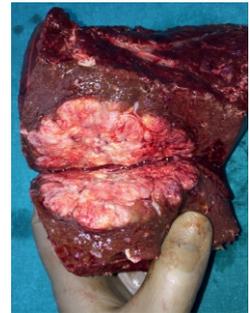


the excellent anesthesia team and perioperative management. The inflow control (hepatic artery pedicle and portal vein control) was performed by Glissonian pedicle technique and

parenchymal transection was performed by Kellyclips(no CUSA used).

Postoperatively, unfortunately, he developed right lower zone lobar pneumonia and required readmission to ICU. Due to optimum critical care in the ICU, he gradually recovered. Antibiotics were stepped up and right ICD was placed for pleural effusion. Once he recovered, he was shifted to ward, where he made a steady recovery and was discharged about 3 weeks later.

Histopathology report revealed the lesion to be well differentiated hepatocellular carcinoma 9x8 cm size with microvascular invasion. He continues to do well 6 months after surgery.



We wish to thank the OT staff, anesthesiology team, ICU staff and consultants, and radiology team for their help in managing this patient.



**54 year male** having the carcinoma of lower rectum operated for Laparoscopic Abdominal Perineal Resection, Without Any Incision Over The Abdomen under the able leadership of Dr. Manubhai Pipalia successfully. Patient was started on oral diet from day 2 onwards. These types of advanced laparoscopic surgeries are now routine in GCS hospital and poor patients are able to avail the benefits of these at very nominal charges.

**65 year male** operated for whipple's surgery for carcinoma of peripillary region by Dr. Manubhai Pipalia and his team successfully. Patient started on full diet and recovering well.



## Medical Cases

### 2 Young Boys with Neck Swellings

**Case 1 :** A 17-year boy presented with complaint of recurrent painless parotid, submandibular and anterior neck swellings since 3 years. They were multiple soft, fluctuant, non tender swellings were palpable in bilateral retro auricular and parotid regions. Past FNAC of the mass was reported reactive lymphadenitis.

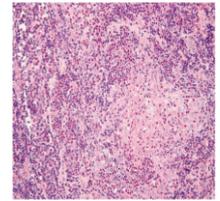
**Case 2 :** A 21-year boy presented with a 12 years of recurrent head and neck swellings. In 2005 and 2012 he had painless left post auricular swellings. FNAC had shown mixed inflammatory infiltrate. He was asymptomatic in between.



Now presented with 1 year history of persistent swelling in bilateral posterior cervical and retro auricular regions. They were soft fluctuant swellings in both retro auricular regions were palpable. In both: Routine investigations were normal; but eosinophilia of 20% was noticeable. CXR, viral serology, ANA(IF) and ANCA(IF) were negative. Both responded to steroids. But flared on stopping or tapering steroids. We ordered an excisional biopsy; which showed germinal center formation with follicular hyperplasia, eosinophilic infiltrate and eosinophilic abscesses. No vasculitis, necrosis, granuloma or malignancy features were seen. There were no systemic features, lymphoma, infectious

symptoms, CTD features or atopy, allergies or asthma. The diagnosis was consistent with Kimura disease. Both were started on 0.5 mg/kg Prednisolone and Methotrexate 15 mg. At 6 months first patient is in remission and second is well on first follow up.

**Discussion :** Kimura disease is a chronic inflammatory disorder presenting as painless lymphadenopathy or subcutaneous masses in the head and neck region. Most cases are seen in Asia, between 20-30 years with a male predominance. Biopsy is characteristic and necessary for diagnosis. Treatment is immunosuppression. Various agents are effective.



**Conclusions:** In our setting, this etiology should be entertained in young patients with unexplained masses in head and neck.

**References :** Kimura T, Yoshimura S, Ishikawa E. On the unusual granulation combined with hyperplastic changes of lymphatic tissues. Trans Soc Pathol Jpn. 1948. 37:179-80.

Chen H, Thompson LD, Aguilera NS, Abbondanzo SL. Kimura disease: a clinicopathologic study of 21 cases. Am J Surg Pathol. 2004 Apr. 28(4):505-13.

-Dr Taral Parikh, Dr Sapan Pandya, Dr Sunil Sharma

## DEPARTMENT OF RADIODIAGNOSIS

**Fetal , MSK & Abdomen Ultrasound Workshop :** Department of Radiodiagnosis , GCSMCH & RC and IRIA Gujarat state chapter jointly organized comprehensive Fetal, MSK & Abdomen Ultrasound Workshop on 7th October 2018. The programme was attended by More than 150 Delegates. The delegates learned basics to advanced imaging of fetal, MSK and abdomen ultrasound on high end machine with live demonstration. The session was conducted by Dr. Bavaharan, Dr. Rahul Sachdev and Dr. Raj Negi under overall guidance of Dr. Asutosh Dave.



**Mock Exam Course :** Department of Radiodiagnosis, GCSMCH & RC and IRIA Gujarat state chapter successfully conducted exam oriented comprehensive course for radiology post graduate students on 6th-7th October 2018. More than 100

MD/DNB candidates appeared for mock exam from all over India. The Exam was conducted by eminent national and state level faculties. Course included multi system multi modalities curriculum with dedicated case based review sessions and spot sessions.



**DNB Practical Examination** DNB (Radiodiagnosis) Practical examination was successfully held at GCSMCH & RC on 28th to

30th September 2018. GCSMCH & RC was first center in Gujarat after a long time which was given responsibility to conduct this examination by National Board of Examination (NBE).

# ACADEMICS

## DEPARTMENT OF OBSTETRICS AND GYNAECOLOGY



**Dr. Haresh Doshi** (Professor & Head, Department of Obst. & Gynec) was invited as faculty and guest lecturer for various conferences mentioned as under.

1. Faculty at 42nd SOGOG state ObGy conference at Jamnagar from 5-7th October 2018 and delivered guest lecture on "Optimizing CS rates - Targets & tactics"
2. Faculty at FIGO world congress Rio De Janerio, Brazil 14-18 th October 2018
  - a. Guest Lecturer on "Operative Obstetrics – How has technology changed it?"
  - b. Chairperson in Free papers session on "Clinical obstetrics"
3. Faculty at FOGSI - ICOG National congress on Principles, practice & protocols in ObGy at Hyderabad from 16-18th November 2018
  - a. Guest Lecturer on "Turtle sign – An obstetrician's nightmare"
  - b. Chairperson in session on "Preterm labour - an enigma"
4. Faculty at UroGynec 2018 National conference from 13-16th December 2018 at Ahmedabad & delivered guest lecture on "Instrumental vaginal delivery & urogynec implications"

## Medical Case

In one of the rare case, a baby of with weight of 5.1 kg was delivered under supervision of Dr. Jaishree Bamaniya of Gynec Unit 1. The child was delivered vaginally i.e. without forceps or vacuum. The baby and mother was healthy after delivery.



## CME



A CME was conducted on 17th October 2018 regarding Complaint of bleeding per Vaginum in Female Patient of 60Y. The CME was moderated by Dr. Kanupriya Singh (Asst Professor-Obst. & Gyn). A Pathological discussion was moderated by Dr. Kalpesh Rangaliya (2nd Year Resident, Pathology)



A CME was conducted on 17th October 2018 about Management of Cystic Lesion of Pancreas. The lecture was given by Dr Rajesh Solanki (M.S., D.N.B. Gi Surgery)

## DEPARTMENT OF ANAESTHESIOLOGY

### World Restart Heart Day

Department of Anaesthesiology organized training workshops on Compression Only Life Support (COLS) on World Restart Heart day 23rd October 2018 at GCS Medical College, Hospital and Research Centre, Ahmedabad. The team was headed by Dr. Heena Chhanwal including Dr. Yogesh Chauhan, Dr. Deepa Jadav and Dr. Ankita Patel, Dr. Sachin and Dr. Pooja. In addition to that, such workshops were conducted in other areas of Ahmedabad, in which Dr. Asmita Chaudhary, Dr. Reema Wadhawa and Dr. Bhakti had participated in COLS programme. The Anaesthesia team set a record of training highest number of participants 991 in Ahmedabad city.

To mark the World Restart Heart day, The COLS Programme was successfully conducted all over India, in which more than 2.5 lacs people were trained for COLS. It was a record registered in the Guinness Book. Patients' relatives, nursing staff, medical students, attendants and other non medical staff were trained and taught about the importance of COLS. The programme was certified by Indian Society of Anesthesiologists.



### Cadaveric and USG guided

A workshop on Cadaveric and USG guided Regional Anaesthesia was conducted at GCSMCH & RC by Department of Anaesthesia, Department of Anatomy and Synapse Private Anaesthesiologist Group on 9th December 2018.

In the workshop 92 Delegates & 13 faculty from Gujarat and other states had participated. All delegates had participated enthusiastically and appreciated the learning. The programme was accredited with GMC credit hours.



Dr. Heena Chhanwal (Professor & Head - Department of Anaesthesiology) had delivered a talk on "Newer Anticoagulant" in National Anaesthesia conference held at Agra on 25th-29th November 2018.



In addition to that Dr. Heena had participated as a Faculty in State Anaesthesia conference Surat 19th-21st October 2018. She had delivered lecture on "Anaesthetic consideration in Kidney Diseases"

## COMMUNITY MEDICINE

### World AIDS Day



World AIDS Day 2018 was celebrated at M . H . Vidyamandir, R H T C Dabhoda, by

Rally of 9th standard and Health Education session to 10th to 12th standard students. Programme was coordinated by Dr. Kamlesh Jain, Dr. Venu Shah and Dr. Hardika Khanpara with the support of Ms. Priyanka Dabhi and Interns, Department of Community Medicine.



On occasion of World AIDS Day 2018, an elocution competition was organised on HIV/AIDS by Department of Community Medicine, GCS

Medical College, Ahmedabad at Shreeji Vidyalyaya and Akshay High School, Bapunagar, Ahmedabad. A total of 14 students of 11th science stream participated in the competition in front of an

audience of about 220 students. The winners of the competition were awarded certificates and trophies. The all the participating



students were acknowledged with certificates of participation. The competition was concluded by an IEC session by Dr. K N Sonaliya, Professor & Head, Community Medicine Department, GCS Medical College, Ahmedabad.

### Symposium on the topic of Malaria

Symposium on the topic of Malaria was organized by the Community Medicine Department, on 5th October 2018, in which undergraduate students of Third MBBS Part- I have presented on various aspects of Malaria.



### An Awareness on Non Scalpel Vasectomy (NSV)



An awareness session was conducted regarding Non Scalpel Vasectomy (NSV) on 21st Nov 2018 at R H T C

Dabhoda by Department of Community Medicine GCSMC.

### World Diabetes Day



Health awareness program about Diabetes and its complication on World Diabetes day 14th November 2018, at RHTC Dabhoda of Community Medicine Department by Dr. Asha Solanki

### Screening of Females For Hypertension & Anemia

Screening of about 40 females for Hypertension and Anaemia in Bhikshukgruh by Dr. Asha Solanki on 14th November 2018 at Field practice area of RHTC Dabhoda, Community Medicine Department.



# COMMUNITY ONCOLOGY CENTRE, VASNA

## Training



38 B.Sc., 3rd year students from Sharda College of Nursing participated in the **Training on Cancer, Screening &**

**Palliative & Hospice Care** between 22nd October 2018 to 03rd November 2018.

30 Doctors & Nurses attended a **Training on 'Communication Skill'** on 18th November 2018 as part of Basic Course in Palliative Care at COC.

Dr Geeta Joshi, Dr Aneri Shah, Psycho-Oncologist, HCG Hospital, delivered lectures on Effective Communication.

## Services

### October - Breast Cancer Awareness Month

Gujarat Cancer Society has received donation for free screening of 300 Women from BPL families. The



Philanthropists are Vimala Mehta

Foundation, USA and Late Rukshmaniben & Maganlal Sheth family, UK. Dr Sudha Yadav (Former Professor in PSM & Social Worker) was Chief Guest of the opening ceremony of these services. She educated 20 females about Self-Breast Examination & importance of personal hygiene and Pap test.

## Events



### World Hospice & Palliative Care Day & Colostomy Care Workshop

On 13th October 2018 (2nd Saturday of October month, which is celebrated as World Hospice & Palliative Care Day), a 'Colostomy Care Workshop' was organized at COC. 45 patients with colostomy had participated. Dr Rajen Tankashali, Prof in Surgical Oncology, GCRI, Dr Janki Patel, Nutritionist and Dipika Parmar, Counselor, responded to their questions and gave them guidance about diet, Life style and psychological issues.

**Vyasan Mukti Rally by Autorikshaw :** On 2nd October - on the occasion of 'Gandhi Jayanti' a rally was organized by Sadvichar Parivar, Gujarat Cancer Society & Ahmedabad Autorikshaw Driver Ekta Union. The rally was flagged off from Sadvichar Parivar



campus, and reached at COC. About 400 rickshaw drivers had viewed the "Prayas-Cancer Exhibition" at COC, and took oath of "No Tobacco" as a part of 'Vyasan Mukti Karykram'!



**Happiness Therapy on 25th Oct 2018** On occasion of 'Sharad Purnima' a special dance & musical program was conducted at COC for Hospice Patients & Staff. Dr Urja Patel was faculty to demonstrate various actions for creating Joy & Happiness.



### Diwali Celebration on 7th October 2018

All Staff of COC Vasna had made colourful rangoli, distributed sweets to

Hospice patients & lighted Diyas throughout the campus and shared the joy of lights.

## Staff Achievements

Mrs Darshana Butala, PRO, Education & Awareness, had attended 'Cancer Care Conference', organized by 'Art of Living' organization, Bengaluru.

## Appointment of Dr. Shashank Pandya



Dr. Shashank Pandya has been appointed as a regular Director of The Gujarat Cancer & Research Institute.

## Employee of the Months



October - 2018  
Ms. Indira Macwan -  
Staff Nurse

November - 2018  
Mr. Hiren Rajput-  
Jr. Data Entry  
Operator, HR  
Department

## Children's Day Celebration



On the occasion of Children's Day, staff members of Central Lab organized a full week celebration at collection centre from 14th to 20th

November 2018 with fun, activities & gifts. Collection centre was decorated & activities included balloon shooting, craft work, making paper flowers and decorative cards. The fun filled week which aimed to bring great joy, hope and strength to paediatric patients for a while entertained children with Magic show and puppet show.



## Training & Workshop

### Compression Only Life Support (COLS) Training programme by Anesthesia Department:

Compression Only Life Support (COLS) training programme in accordance with ISA CPR guidelines 2017 was conducted by Anaesthesia department at GCRI on World Restart Heart day on 23/10/2018 at various places of GCRI. Hands on



mannequin training was given to 211 persons which included staff of biomedical Dept., MA Yojna, Administration wing, Security staff, Nursing staff as well as doctors. Faculties From Anaesthesia Department Dr. Bhavna C. Shah (Prof. & H.O.D.), Dr. Rekha N. Solanki (Instructor, CPR), Dr. Dipika P. Patel, Dr. Kinna G. Shah and Residents Dr. Arun Rawat, Dr. Janak Bhalani, Dr. Nirav Vaidya, Dr. Prayut Prajapati had made this event successful.

Food and Agriculture Organization of the United Nations  
**USAID**  
FAO - ICAR training on Whonet software for data Management of Antimicrobial Resistance (AMR)  
ICAR - Central Institute of Fisheries Technology (CIFT)  
Kochi, Kerala  
November 19, 2018



**Hands-On Training program** for the "Indian Network for Fisheries Technology (CIFT): Dr. Parijat Goswami was invited as a resource person in the office of the representative of Food and Agriculture Organization of United States" - FAO UN for their hands-on training program for the "Central Institute of Fisheries Technology (CIFT), at Kochi, Kerala on 19th Nov.2018. Training on WHONET software for data Management of Antimicrobial Resistance. Dr. Parijat Goswami delivered a brief lecture and gave hands-on training to the participants from Kerala and areas around.

## Palliative Medicine Department



**I S A C O N  
GUJARAT 2018**  
from Palliative  
M e d i c i n e  
Department: Dr.  
Priti Sanghavi,  
Prof & Head,  
Department of

Palliative Medicine participated as an expert in the Panel discussion held at state conference of Anesthesiologists (ISACON, Gujarat 2018) at Surat. She had also arranged screening of a film "Hippocratic" awareness program on current status of palliative care in India.



### IACA - Course Started

A "Six weeks' IACA Certificate Course on Palliative Care was successfully completed from 3rd September to 13th October 2018" at Gujarat Cancer & Research Institute, Ahmedabad. Four Candidates from Rajasthan and Gujarat successfully attended the course. A contact session for eight weeks distance learning Certificate Course on "Essential of Palliative Care" was organized from 16th to 18th November at GCRI and COC Vasna. Total 24 medical and paramedical staff had completed the training.



**Certificate of  
Appreciation**  
: M r . O m  
Kailashprasad  
S i n g h , N u c l e a r  
H e a l t h  
P h y s i c i s t ,  
N u c l e a r

Medicine Department, won 1st Prize in 50 meters and 100 meters in Free style Swimming and 2nd Prize in 50 meters Breaststroke Event (Swimming Competition) at Khel Mahakumbh 2018.

**Celebration of World  
Hospice and Palliative Care  
Day:** On 14th October 2018;  
World Hospice and Palliative  
Care Day (WHPCD) was  
celebrated by Department of  
Palliative Medicine and Hospice staff at Community  
Oncology centre, Vasna. Theme of WHPCD 2018  
was "Because I Matter". More than 100 patients and  
their caregivers participated in the event.



**Dr. Priti Sanghavi** was invited as Core faculties to deliver lecture on "Importance of Nursing staff in Oncology and Symptoms Management" at CCNE Nursing Conference at Delhi.

**Dr. Bhavna Patel** and Mr. Himanshu Patel, Staff Brother were invited as faculties for TATA trust Project for curriculum development for Palliative care at Assam.

**Dr. Shrenik Ostwal** participated as one of Panelist for Year End Review in Lung Cancer on 15th -16th Dec 2018 BKC Mumbai.

**A lecture on "The elimination of cervical cancer: reality or blissful thinking?"** by Prof. Peter Sasieni was organized on 18th December 2018 at telemedicine centre, GCRI.

A lecture by Prof. Peter Sasieni was organized for oral cancer and its prevention on 19th December 2018 where Head & Neck cancer surgeons and residents participated and discussed current status of Head & Neck cancer.

**Prof. Peter Sasieni** is Director of King's Clinical Trials Unit and Professor of Cancer Prevention at King's College, London. He is also Vice Director of the Policy Research Unit in Cancer Awareness, Screening and Early Diagnosis.

**Gujarat State Biotechnology Mission (GSBTM)** has approved 'Cancer Biology Finishing School' and 'R & D Institute' projects to Department of Cancer Biology. Dr Nandita Ghosh is the co-ordinator of 'Cancer Biology Finishing School' and Dr. Hemangini Vora is the co-ordinator of 'R & D Institute'.

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## GCS Medical College, Hospital & Research Centre



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- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

### Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy

### 24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Pathology
- Ambulance (ICU on Wheel)
- Blood Bank

### Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

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## GCS Medical College, Hospital & Research Centre

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