

GCSMCH News Letter

Issue: 31

April - June 2020



**Together, forward
in the fight against Coronavirus!**

Successfully treated



COVID-19 Patients

GCS Hospital is at the frontline in this fight against COVID-19. We salute our medical teams – doctors, nurses, technicians and support staff – who are working around-the-clock to help patients with this dangerous disease.



GCS Hospital is fully operational for COVID-19 Patients as well as Non-COVID Patients with all the necessary safety precautions.

What's Inside:

- Events & Activities
- GCS Womaniya
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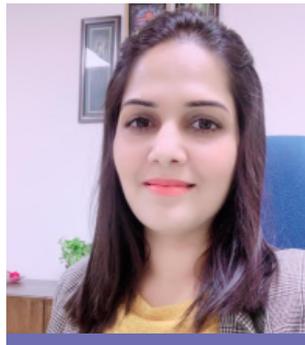
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From Chief Editor's Desk



Welcome to the 31st GCSMCH&RC Newsletter. We hope you are staying safe and healthy through these unusual times!

We've been busy since our last newsletter! During the last few months, the GCSMCH&RC has been through the greatest test in its lifetime. This time of uncertainty has truly brought us together – as a family and as an organization – by showing us how much we depend on each other. We are humbled by the generosity of our donors and supporters about assisting the GCS Hospital in this challenging time.

As we continue moving forward, we have successfully treated more than 1500 COVID-19 Patients until now. We are clear that our pandemic response is not over, and our priority remains on ensuring the safety and quality of care provided to our patients, and the health and well-being of our staff. Our staff is continuing to work incredibly hard to deliver our services, supporting each other, and perform their duties in unusual circumstances... so I'm sure you will join me in thanking them and appreciating their hard work!

To express our gratitude to all Corona warriors and fighters, we are honoring them with the Certificates as a token of appreciation for their efforts and courage.

We had arranged a unique online panel discussion, on this year's International Nurses Day, where Nursing Heads from leading Hospitals from Ahmedabad joined and interacted with each other and shared their views on various topics such as challenges faced by Nursing; how government, hospitals, & families can support; precautions to be taken; maintaining work-life balance; preparedness to fight COVID-19, etc.

We are prominently working towards making our process paperless and digital as much as possible which will not only help us to reduce common contact during this pandemic but also reduce the costs in the long-term. We will become faster, better, and more efficient.

You can read about various other activities, initiatives, and updates from around the organization in this 31st Issue. As always, please send us your suggestions on how to improve our Newsletter on communications@gcsmc.org.

I want to again remind everyone to follow precautions and take good care of themselves and the ones around them. We will continue to deal with the many challenges brought by the coronavirus pandemic for the foreseeable future. We are all in this together.

To all our readers, stay safe and well.

Ms. Neha Lal
Sr. General Manager - Operations & HR



Saluting Our
CORONA WARRIORS

We applaud the dedication and courage shown by you in the fight against COVID-19 outbreak.
Your selfless service and commitment deserve our deepest gratitude and admiration.





Saluting Our CORONA FIGHTERS

Employee	Designation
Dr. Pratapbhai K Rajgor	Medical Officer - Casualty
Ms. Charmi N. Shah	Staff Nurse
Ms. Jyotika B. Vaghela	Trainee Staff Nurse
Ms. Manisha Manish Sharma	Executive - Telecommunication
Ms. Nilam B. Shah	Nursing Aid
Ms. Nishabahen M. Rathod	Staff Nurse
Mr. Rajnikant C. Solanki	Phlebotomist
Mr. Manish Manilal Thoriya	Sr. Executive - Accounts
Mrs. Nikita Balkrushna Patel	Nursing Aid
Mr. Nareshkumar H. Parmar	Sr. Laboratory Technician
Dr. Prashant M. Jadav	Asstt. Prof. in Biochemistry
Ms. Norma N. Macwan	Sister In-Charge
Ms. Priyanka S. Patil	Staff Nurse
Mrs. Chandrika K. Patel	Assistant Nursing Superintendent

Employee	Designation
Ms. Jayati Nirav Raval	Executive - General Billing
Ms. Nisha Edison Christian	Nursing Incharge - Ward 4D
Ms. Anandi Renison Christian	Nursing Aid - OPD
Dr. Brijesh V. Parmar	Resident - General Surgery
Dr. Krishna Vijaykumar Shah	Resident - Anaesthesia
Dr. Khushbu Manubhai Patel	Sr. Resident - Anaesthesiology
Mr. Jugalkishor B. Chauhan	Intern
Mr. Parthesh A. Bhatt	Asst. Officer - Front Office
Mr. Vishwas A. Karulkar	Sr. Manager - IT
Ms. Maitri Shah	Assistant Officer - Accounts
Mr. Hemal Shah	Assistant Officer - Accounts
Mr. Ferish Varma	Executive - Accounts
Ms. Jagruti Patel	Sr. Executive - Governing Body
Mr. Milan Padh	Executive - Communication



We salute your fighting spirit in winning the battle against COVID-19. Your spirit and resilience will inspire many to get through this challenging time. **Wishing you healthy days ahead.**

DIGITIZATION

We are prominently working towards making our process paperless and digital as much as possible which will not only help us to reduce common contact during this pandemic but also reduce the costs in the long-term.

We will become faster, better, and more efficient.

- Using emails/software instead of papers
- Online Patient Feedback instead of paper form
- Conducting candidate interviews online
- Online Induction for new joinees
- Promoting digital payments over cash
- Started implementing EMR (Electronic Medical Records) with few specialities which
- Use of TV Displays and WhatsApp to broadcast messages, infographics and updates.



INFORMATION TECHNOLOGY & SYSTEMS

Patient Feedback: A well-planned patient feedback system has been implemented with the integration of SMS through eCW. The system is enabled with feedback analysis with graphs which helps the management to identify gaps, make changes that will improve satisfaction, quality of care, attract new patients, increase patient engagement, and foster loyalty.



Triage Color coding in eCW: To identify different diseases patients in ECW, the triage color coding system are implemented as per below table. A benefit in using the triage tag, besides improved traffic flow and effectively distributed care different patients of different infectious diseases, is data collection and dissemination. The fill-in slots on the triage tags do not need to be filled out all at once. Information can be obtained and added onto the triage tag throughout the triage, and referred to as needed. If a patient's medical condition changes while still in triage, medical personnel can simply tag the patient again with the updated information and label the tags sequentially. The other option is to use a tag which can be altered so that the priority level can go up or down. This eliminates the need to re-tag the patient in ECW.

	HIV patient
	SARI patient
	COVID-19 patient
	H1N1 patient

Provisional Diagnosis Code feature is enabled in eCW

To anticipate high volume of COVID-19 infectious patients in the hospital, we enabled Provisional Diagnosis Code feature in Admission module of eCW wherein Admission staff has to just select the respective code of "COVID-19 Suspected" or "COVID-19 Positive" which helps the care providers to identify the right patient for the right treatment.

HELPLINE FOR COVID-PATIENTS

A dedicated help-line for COVID Patients has been implemented to resolve the queries of patients' relatives. The hospital operations staff calls the patient's relatives daily to update them about patient's medical condition and to answer their queries and doubts. This help-line acts as a bridge between relatives and patients by making them feel connected and help to reduce their stress. We have also set dedicated help-desk at the Hospital to solve the visitors' queries related to Coronavirus.



Networking groups can be an efficient way to meet valuable contacts and gain ideas. And as it is truly said that "**when women support each other, incredible things happen**". On this note, Ms. Neha Lal has taken a unique initiative and created a platform of WhatsApp group named "**GCS WOMANIYA**" for GCSMCH Women.

This group is all about feminism, women prominence, and the fellow woman to meet an identified need in a professional, social and personal level. This WhatsApp group caters to various activities, initiatives for Women of GCSMCH. Building internal women's networking groups and acknowledging official/personal issues within a team can propel awareness, improves the working environment, helps in reducing stress levels and boost employee confidence.



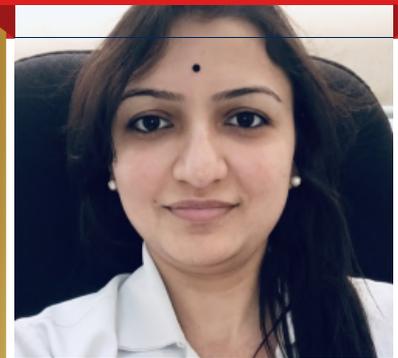
Very few people are there who elevate themselves in the bad times and we have that strong team of ladies who have pushed themselves with positivity and great enthusiasm.

To sustain the same fanaticism, A **Lockdown Leader Contest** proclaimed to gather lockdown activities, lockdown lifestyle, learnings and to identify the hidden talents, interests, skills & creativity

and to motivate the employee during this pandemic time and further as per GCS perspective - to use the skills in future at any forum.

This contest gathered many amazing entries in form of paintings, poems, activity photos, various initiatives etc. Out of so many amazing entries, **Dr. Jigna Padhiyar** emerged as a **winner** for her stunning painting.

WINNER



Dr. Jigna Padhiyar
Asst. Professor - Derma & VD



Winning Entry - Painting by Dr. Jigna Padhiyar

A symbol with somewhat similar meaning adapted by three different cultures
 Hinduism: **THIRD EYE OF LORD SHIVA** - It symbolize power of destruction (evil within) and eye of wisdom which has power to kill ignorance
 Egyptian: **EYE OF HORUS** - It keeps away the evil, protects you.
 Christianity: **SYMBOL OF ILLUMINATI** - seeing eye of knowledge



Painting of her daughter
by Dr. Jigna Padhiyar



Crocheted work
for her daughter
by Dr. Jigna Padhiyar



SOME AMAZING ENTRIES RECEIVED FOR LOCKDOWN LEADER CONTEST



Beautiful Selena Gomez 10 Herry porter girl Emma Watson Beautiful 3D mountain view 10:10 ✓



Baji rao Mastani Mother -baby bonding -true love Don't be sad child happiness is at the door 10:13 ✓

Paintings by **Dr. Kinjal Sanghavi** (Asso. Professor - Anaesthesia)



Work by **Dr. Ashaben Shah** (Professor - Medicine)



Paintings by **Dr. Bhakti Jain** (Resident - Anaesthesia)



Cooking by **Dr. Parthana Kharod** (Asst. Prof. In Paediatrics)



Embroidery Work & Gardening by **Dr. Hemakshi Desai** (Asso. Professor - Ophthalmology)



HR initiatives related to Employee Safety & Awareness during COVID19 Outbreak

The HR department has taken many initiatives for our Doctors, employees and all staff for Awareness, Safety and Hospital operations to fight COVID19 Pandemic. Management & HR Department has reached all doctors, employees, and patients through mail, SMS, Whatsapp, Social Media at regular intervals and boosted morale in the fight with situation.

Safety – Staff and Patients

- Thermal screening/temperature screening made compulsory at the entry.
- Practicing Social distancing in patient areas, canteen, meetings, etc.
- Emphasized on Digitalization instead of personal visits
- Restricted physical movement unless it is mandatory.
- ID cards issued for visiting doctors/consultants coming to the hospital.

Hospital Operations

- Cleaning, sanitization, fumigation were carried out as and when required.
- Implemented Infection prevention & control strategies to prevent nCoV infection.

Awareness

- Shared various guidelines on Living with Coronavirus, Safe return to work, reduce the infection etc.



WELCOME NEW JOINEES

Business Development (TPA & Corporates)
Mr. Vishal Shrivastav

Pharmacy
Mr. Avinash Sikarwar

Front Office
Mr. Ajay Kapadiya
Ms. Switu Vyas

Medical & Admin-H
Ms. Mamta Gudeshar

Quality
Ms. Shweta Singh

INTERVIEW OF DR. BHAKTI JAIN (ANAESTHESIA) WITH RJ DHVANIT

Very well known Radio Jockey Dhvanit conducted interview of our 3rd year Resident **Dr. Bhakti Jain (Anaesthesia)** on his Instagram account. Dr. Bhakti shared her experiences of COVID Duty and patient care, challenges faced by her, family support, advices etc. The whole interview was lively and meaningful thanks to interesting answers given by Dr. Bhakti. RJ Dhvanit appreciated her positive attitude towards the situation. To watch this interview, visit www.instagram.com/tv/CBybSkuJJUG



Saluting Our CORONA WARRIORS

We applaud the dedication and courage shown by you in the fight against COVID19 outbreak. Your selfless service and commitment deserve our deepest gratitude and admiration.



Employee Name	Designation
Ward 6-A	
Akbarali Abidali Matiya	Trainee Staff Nurse
Arpit Manubhai Chauhan	Nursing Incharge
Nitinkumar Girishbhai Parmar	Staff Nurse
Rameshbhai B. Parmar	Staff Nurse
Ami Shaileshbhai Dave	Staff Nurse
Dharmisthaben M. Makwana	Staff Nurse
Hetal Babubhai Parikh	Staff Nurse
Jayshree Babubhai Solanki	Staff Nurse
Khushbu Dineshbhai Patel	Staff Nurse
Manishaben Peter Vanik	Staff Nurse
Meghaben Budhabhai Parmar	Staff Nurse
Pareshaben Babubhai Patel	Staff Nurse
Sheril Joyalbhai Christian	Staff Nurse
Twinkle Robinson Damesha	Staff Nurse
Vidhi Rameshbhai Patel	Staff Nurse
Neha Samuel Suvartik	Staff Nurse
Nikita Vinubhai Christian	Staff Nurse
Nilam Julliusbhai Khristi	Staff Nurse
Rajni Narottamdas Rathod	Sister Incharge
Rina Kanjibhai Makwana	Nursing Incharge
Ward 6-B	
Elois Arnestkumar Christian	Staff Nurse
Rajan Natvarbhai Shah	Staff Nurse
Anne Anthani Christian	Staff Nurse
Bhoomi Pareshbhai Patel	Staff Nurse
Charmi Nitinkumar Shah	Staff Nurse
Dinal Simsanbhai Christian	Staff Nurse
Dipika Sureshbhai Parmar	Staff Nurse
Hetaben Dilipkumar Nayi	Staff Nurse
Jyotika Babubhai Vaghela	Staff Nurse
Kinjalben M. Asari	Staff Nurse
Komal Arunkumar Patel	Staff Nurse
Madhuri Harishankar Pandey	Staff Nurse
Manisha Arunlal Nadiya	Staff Nurse
Mayuriben Panchasara	Trainee Staff Nurse
Nidhibahen Ishwarbhai Patel	Staff Nurse
Rinkal Arvindbhai Rathod	Trainee Staff Nurse
Rinkal Shekharbhai Jain	Staff Nurse
Seema Arunbhai Desai	Staff Nurse
Kinjal Hiteshbhai Patel	Sister In Charge
Ward 6-C	
Jahnavi Alkeshbhai Patel	Staff Nurse
Jenisha Aelfarbhai Christian	Staff Nurse
Jinal Kirtikumar Darji	Staff Nurse
Nency R. Christian	Staff Nurse
Nilam Patel	Staff Nurse
Payal Emanuel Chauhan	Staff Nurse
Pratiksha Vijaybhai Parmar	Staff Nurse
Roshani Pravinbhai Patni	Staff Nurse
Ruchiben Rakeshbhai Patel	Staff Nurse
Seema Shirishbhai Khristi	Staff Nurse
Anita Prakashrao Bhoras	Nursing Incharge
Nilam Ambalal Mahida	Nursing Incharge

Employee Name	Designation
Ward 6-D	
Aarti Shivilal Yadav	Staff Nurse
Brita Sanjaybhai Mesariya	Staff Nurse
Dikshita Mukeshbhai Patel	Trainee Staff Nurse
Divyani S. Mekvan	Staff Nurse
Jenifar Albert Christian	Staff Nurse
Komal Rajeshbhai Patni	Staff Nurse
Maitriben Pravinbhai Gameti	Staff Nurse
Nidhi Jigneshkumar Jansari	Staff Nurse
Nisha Jitendrabhai Makawana	Trainee Staff Nurse
Pooja Jigneshbhai Patni	Staff Nurse
Princy Maheshbhai Christian	Staff Nurse
Riddhi Vasantkumar Vala	Staff Nurse
Vidhiben Dineshbhai Patel	Staff Nurse
Jincy Ankit Thakor	Staff Nurse
Sheetal Nareshbhai Vaghela	Staff Nurse
Ward 7-A	
Arpit Pareshkumar Honest	Nursing Incharge
Chandresh D. Chauhan	Staff Nurse
Darshan Balkrushnabhai Patel	Staff Nurse
Dhara Pravinchandra Patel	Staff Nurse
Janvi Sunilkumar Darji	Trainee Staff Nurse
Jenet Sulemanbhai Parmar	Staff Nurse
Juhi Rahul Benjamin	Nursing Incharge
Khushbuben Arvindbhai Patel	Staff Nurse
Kinjalben Balubhai Rathod	Staff Nurse
Malvika Pankajbhai Parmar	Staff Nurse
Manisha Rumlalbaraiya	Staff Nurse
Namrataben Manharbhai Patil	Staff Nurse
Nikitaben R. Parmar	Staff Nurse
Padma Babubhai Patani	Staff Nurse
Priyena R. Nagar	Staff Nurse
Roseline S. Macwan	Staff Nurse
Sharmin M. Parmar	Staff Nurse
Truphaena S. Christian	Staff Nurse
Veena Shantilal Rohit	Staff Nurse
Vidhi Nileshbhai Parekh	Staff Nurse
Zalak Sureshkumar Parmar	Staff Nurse
Arzvi Jignesh Bhojak	Nursing Incharge
Hetalkunvar J. Rathod	Sister Incharge
Jaya Rajnikant Rathod	Staff Nurse
Kinjal Shaileshbhai Khandavi	Nursing Incharge
Pinaki Virendrabhai Pal	Nursing Incharge
Sheetal Bipinbhai Patel	Sister Incharge
Ward 7-B	
Kristeena Vijaybhai Chauhan	Trainee Staff Nurse
Ravinaben Arvindbhai Patel	Staff Nurse
Akshita Vipulbhai Shah	Trainee Staff Nurse
Dipikaben J. Vaghela	Staff Nurse
Divya Dineshbhai Patel	Staff Nurse
Hemalben Dineshkumar Patel	Staff Nurse
Jasmeen K. Makawana	Staff Nurse
Jyotiben Mukeshbhai Chamar	Staff Nurse
Monika Jagdishbhai Dabhi	Staff Nurse

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Employee Name	Designation
Ward 7-B	
Nita Shantilal Patel	Staff Nurse
Preksha Rasikbhai Patel	Staff Nurse
Riva Samuelbhai Macwan	Staff Nurse
Shalini Dineshbhai Patel	Staff Nurse
Suzen Amos Christian	Staff Nurse
Swetaben Arvindbhai Solanki	Staff Nurse
Vrunda Chetanbhai Gandhi	Staff Nurse
Zalak Hasmukhbhai Makvana	Trainee Staff Nurse
Saritha Samish Nair	Sister Incharge
Ward 7-C	
Jaydip Jayantibhai Prajapati	Staff Nurse
Punam Amrutbhai Patel	Nursing Incharge
Anita Bhavinkumar Darji	Nursing Incharge
Grishmaben Ashwinbhai Patel	Staff Nurse
Himali Jitendrakumar Parmar	Staff Nurse
Kashmira Karnelas Siala	Staff Nurse
Kinjal Lalitkumar Pandya	Trainee Staff Nurse
Kinjal Tinubhai Patani	Staff Nurse
Komal P. Patani	Staff Nurse
Komalben Pankajbhai Patel	Staff Nurse
Mamta Rikin Christian	Nursing Incharge
Minal Dineshbhai Prajapati	Staff Nurse
Mittalben Pravinbhai Parmar	Staff Nurse
Payal R. Prajapati	Staff Nurse
Payalben Kanubhai Prajapati	Staff Nurse
Rajvikumari N. Solanki	Staff Nurse
Ramila Lalabhai Damor	Staff Nurse
Shweta Mitesh Patel	Staff Nurse
Stuti Smith Christian	Staff Nurse
Vaibhavi Bhupatbhai Parmar	Trainee Staff Nurse
Ward 7-D	
Dharmesh B. Baraiya	Staff Nurse
Umang Kalidasbhai Patel	Staff Nurse
Anal Samirkumar Patel	Staff Nurse
Avaniben M. Patel	Staff Nurse
Binal Kalubhai Parmar	Staff Nurse
Himani Prakashbhai Patel	Trainee Staff Nurse
Jenis Piyushbhai Patel	Staff Nurse
Kinjalben Vinodbhai Patani	Staff Nurse
Rinkal Rakeshbhai Christian	Staff Nurse
Rutvi Nandlal Borada	Staff Nurse
Sheikh Farhinbanu Gulamnabi	Staff Nurse
Shruti R. Christian	Staff Nurse
Sunitaben Mayurkumar Patel	Staff Nurse
Urvashiben Devabhai Rohit	Staff Nurse
Kameshwari D. Parmar	Staff Nurse
Flu OPD duty (CMO Room)	
Dr. Anilkumar R. Prajapati	Medical Officer
Dr. Karishmabanu A. Vohara	Resident
Dr. Mittal N Odedara	Medical Officer
Dr. Parth A. Gupta	Resident
Dr. Shreyansh A Patel	Medical Officer
Dr. Pratabbhai K Rajgor	Medical Officer

Employee Name	Designation
Medicine	
Dr. Shaila Jay Shah	Asso. Prof. in Gen. Medicine
Dr. Neha A. Shah	Asso. Prof. in Gen. Medicine
Dr. Girish Narsangani	Asst. Prof. in Gen. Medicine
Dr. Paras Shah	Asst. Prof. in Gen. Medicine
Dr. Reenasingh	Asst. Prof. in Gen. Medicine
Dr. Rizwan Ahmed N. Ansari	Asst. Prof. in Gen. Medicine
Dr. Ronak Kapadiya	Asst. Prof. in Gen. Medicine
Dr. Sunil Chavda	Asst. Prof. in Gen. Medicine
Dr. Vipul Prajapati	Asst. Prof. in Gen. Medicine
Dr. Ambrose Kumar Kandulna	Sr. Resident in Gen. Medicine
Dr. Ajazahmed Z Ansari	Resident
Dr. Deepkumar B. Thakkar	Resident
Dr. Dhruvkumar Patel	Resident
Dr. Sachinkumar B. Patel	Resident
Dr. Gargi Goswami	Resident
Dr. Jay Shah	Resident
Dr. Karan Vachhani	Resident
Dr. Karmay Himanshu Shah	Resident
Dr. Mahipalsinh Raol	Resident
Dr. Miteshkumar Rathva	Resident
Dr. Nirav Patel	Resident
Dr. Nupur Shah	Resident
Dr. Parth Chandresh Thakkar	Resident
Dr. Rimpi	Resident
Dr. Sandeep Chavda	Resident
Dr. Sandipkumar Manilal Patel	Resident
Dr. Shams Maksud Kanuga	Resident
Dr. Shraddha S. Tewari	Resident
Dr. Viral Amin	Resident
ENT	
Dr. Ankur M. Barot	Sr. Resident
Dr. Rohan R. Amin	Jr. Resident
Anaesthesia	
Dr. Devendra Makwana	Resident
Dr. Hiral Solanki	Resident
Dr. Meshwa Sandip Desai	Resident
Dr. Avni Thacker	Resident
Dr. Bhakti Jain	Resident
Dr. Dhara	Resident
Dr. Dharaben Kakadiya	Resident
Dr. Hitesh	Resident
Dr. Kaushal S. Kalotra	Resident
Dr. Khushbu	Resident
Dr. Krishna V. Shah	Resident
Dr. Sanjaykumar Baldaniya	Resident
Dr. Asmita Chudhary	ICU
Dr. Bipin K. Shah	ICU
Dr. Carolin Smita A. Kerketta	ICU
Dr. Dhara Shah	ICU
Dr. Divya N. Kheskani	ICU
Dr. Kinjal Sanghvi	ICU
Dr. Nayana Solanki	ICU
Dr. Deepa Jadav	ICU

Saluting Our CORONA WARRIORS

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Employee Name	Designation
Emergency Ward	
Anil Muljibhai Parmar	Staff Nurse
Chetankumar G. Khambhu	Staff Nurse
Chirag Dineshbhai Vaghela	Staff Nurse
Fejalbhai Daudbhai Mansuri	Staff Nurse
Hasanali G. Bhovaniya	Staff Nurse
Indrasinh Badesinh Dabhi	Staff Nurse
Jagdish Panwar	Trainee Staff Nurse
Jay Rajeshbhai Patil	Staff Nurse
Pinkal Ishvarbhai Agraval	Staff Nurse
Pravin Amthabhai Parmar	Technician
Rajnikant Rameshbhai Solanki	Staff Nurse
Renison Anandbhai Christian	Assistant
Sabir Ali Abdul Aziz	Trainee Staff Nurse
Sloan Simpson Christian	Staff Nurse
Yagnikkumar R. Patel	Staff Nurse
Himmat Jayantibhai Rawat	Staff Nurse
Kanaiyalal P. Solanki	Staff Nurse
Kantilal Sadena	Staff Nurse
Karshan K. Chaudhary	Staff Nurse
Ranjeetsingh N. Panwar	Nursing Incharge
Aarti Vipulbhai Panchal	Trainee Staff Nurse
Ami Pareshkumar Shah	Staff Nurse
Anjaliben Maheshbhai Parmar	Staff Nurse
Ankita Anilbhai Chaurasiya	Staff Nurse
Ankitaben Rajubhai Patel	Staff Nurse
Ashaben Ambalal Solanki	Staff Nurse
Bhavyata N. Rathod	Staff Nurse
Bhoomi Ashokbhai Prajapati	Staff Nurse
Bhumika M. Vaghela	Staff Nurse
Binal Sureshbhai Darji	Staff Nurse
Desai Reetu Mukeshbhai	Staff Nurse
Dharaben Babubhai Prajapati	Staff Nurse
Dharmishtaben R. Makvana	Staff Nurse
Divya Rameshbhai Prajapati	Staff Nurse
Dolly Anil Parihar	Staff Nurse
Drashti Alpeshkumar Vyas	Trainee Staff Nurse
Hemangi Vijaybhai Patel	Staff Nurse
Hemangini J. Parmar	Staff Nurse
Heny Pradipkumar Bhatt	Staff Nurse
Hiral Vinodbhai Patel	Staff Nurse
Jinkal Rameshbhai Patel	Trainee Staff Nurse
Jyoti Karshanbhai Solanki	Staff Nurse
Kajal Baldevbhai Patani	Staff Nurse
Kajal Mukeshbhai Leuva	Staff Nurse
Kanan Dushyantkumar Vyas	Staff Nurse
Kinnari Vijay Pandya	ICN
Komal Narendrabhai Solanki	Staff Nurse
Krishna Shaileshbhai Shrimali	Staff Nurse
Krupa Dayabhai Vadhel	Staff Nurse
Mansiben Mukeshbhai Patel	Staff Nurse
Megha Nagarbhai Vaniya	Staff Nurse
Monalisa Yohanbhai Patelia	Staff Nurse
Namrata H. Misareeya	Nursing Incharge

Employee Name	Designation
Emergency Ward	
Nehalben Satishbhai Patel	Staff Nurse
Nidhiben Dilipbhai Patel	Staff Nurse
Nirali Anilbhai Patel	Staff Nurse
Nirali Hasmukhbhai Patel	Staff Nurse
Praizy Jayanand Christian	Staff Nurse
Rashmikaben A. Pandya	Staff Nurse
Rashmita Kantibhai Solanki	Staff Nurse
Sefaly Jayanandbhai Gohil	Trainee Staff Nurse
Shobhana Ashish Christian	Staff Nurse
Shreya Pravinbhai Bhatti	Staff Nurse
Shruti Rajeshbhai Christian	Staff Nurse
Sneha Ranold Christian	Staff Nurse
Sonalika Bipinbhai Vaghela	Staff Nurse
Sweetey Kamleshbhai Suthar	Staff Nurse
Falgun Amrutbhai Parmar	Nursing Incharge
Jenis Hajkiel Christian	Staff Nurse
Mishel Micheal Macwan	Nursing Incharge
Rashmi Robinsan Christian	Staff Nurse
Shirali Rajeshbhai Patel	Staff Nurse
Billing	
Bipin Vajubhai Makwana	Executive
Divyang Jasubhai Parmar	Executive
Falgun Tarunkumar Jadav	Executive
Rahul H. Vaghela	Executive
Vipul A. Parmar	Jr. Executive
Hitesh Chhaganbhai Vaghela	Executive
Pratik Harshad Rathod	Executive
Sudip Samuelbhai Christian	Sr. Executive
Vipulkumar Shashikant Parmar	Executive
Reena Anilkumar Macwan	Sr. Assistant
Dermatology	
Dr Tejas Dineshbhai Patel	Resident
Dr. Nishi Sanjay Trivedi	Resident
Lab Service	
Jayesh Bhogilal Solanki	Phlebotomist
Niraj Parmar	Phlebotomist
Rohit T. Parmar	Phlebotomist
Kamlesh Kantilal Makwana	Phlebotomist
Rajnikant Chimanlal Solanki	Phlebotomist
Medical Administration	
Dr. Harendra D. Parmar	Clinical Assistant
General Surgery	
Dr. Keyurkumar M. Usdadiya	Resident
Dr. Mihir Patel	Resident
Dr. Niraj Bhalara	Resident
Dr. Amruthavarshini S. Halugodu	Resident
Dr. Darshan S. Patel	Resident
Dr. Sahista Hetamkhan Belim	Resident
Dr. Tirth D. Patel	Resident
Dr. Dhruv M Patel	Sr. Resident in General Surgery
Physiology	
Dr. Vidhi Rajesh Jesalpura	Resident

Saluting Our CORONA WARRIORS

We applaud the dedication and courage shown by you in the fight against COVID19 outbreak. Your selfless service and commitment deserve our deepest gratitude and admiration.



Employee Name	Designation
Ophthalmology	
Dr. Khushi Rakesh Shah	Resident
Dr. Naina Chaturvedi	Resident
Dr. Disha R. Jariwala	Resident
Orthopaedic	
Dr. Sagar D. Khanpara	Resident
Dr. Sunil C. Maheshwari	Resident
Dr. Dhruvikkumar K. Lathiya	Resident
Dr. Mayur Kalariya	Resident
Dr. Miteshkumar Patel	Resident
Major OT	
Amitkumar Bharatbhai Gohel	Staff Nurse
Jigarkumar Jayantilal Tabiyad	Staff Nurse
Jonishkumar D. Parmar	Staff Nurse
Pravinbhai H. Vaghela	Jr. Assistant
Ankita S. Patel	Staff Nurse
Dimpal Bhurjibhai Kharadi	Staff Nurse
Ekta Earnest Christian	Staff Nurse
Krisha Rakeshbhai Patel	Staff Nurse
Namrata Simonbhai Christian	Staff Nurse
Nilam Bhikhabhai Shah	Nursing Aid
Pruthvi Shambhubhai Patel	Staff Nurse
Shilpa Ramanbhai Patel	Staff Nurse
Shivani Kikendrabhai Patel	Staff Nurse
Paediatrics	
Dr. Vilasben K. Kavadi	Resident
Dr. Aabha M. Phalak	Resident
Dr. Harshkumar Muliya	Resident
Dr. Rohan Prakashbhai Modi	Resident
Dr. Manan Patel	Resident
Dr. Munjal Mikeen Kapadia	Resident
Pathology-C	
Dr. Himali P. Thakkar	Resident
Dr. Krishnaben Dave	Resident
Pre-Op Recovery	
Himani J. Prajapati	Trainee Staff Nurse
Kinal Hirenkumar Amaliyar	Sister Incharge
Marshalin Rejinold Deepak	Staff Nurse
Psychiatry	
Dr. Aatman Nimesh Parikh	Resident
Facility	
Jitendrakumar M. Chavda	Driver
Ashwin N. Dave	Driver
Kishorsinh Jilubhai Zala	Driver
Jashubhai Kantibhai Patel	Driver
Kiritkumar Jiluji Parmar	Driver
Sanjaysinh J. Chauhan	Driver
Rakeshsinh Pratapji Parmar	Driver
Emergency Medicine/Casualty	
Dr. Shruti Kiritkumar Patel	Medical Officer

Employee Name	Designation
Radiology	
Alpesh Narsinhbhai Vaghela	Technician
Manharsinh Padmasinh Bhati	Sr. X-Ray Technician
Rajesh Mafatlal Parmar	Assistant
Sagar Samsonbhai Christian	Technician
Sailesh Baldevbhai Rabari	Sr. Assistant
Suhag Amrutbhai Makwana	Technician
Sunil Chhotubhai Rana	X-Ray Technician
Tousif Rauf Chotani	Sr. X-Ray Technician
Yogesh Hasmukhbhai Goriya	X-Ray Technician
Recovery	
Pradipsingh G. Chauhan	Staff Nurse
Aditi Mohansinh Thapa	Staff Nurse
Daxa Rameshnath Chavhan	Trainee Staff Nurse
Dorothi A. Christian	Staff Nurse
Krina Kamleshbhai Patel	Trainee Staff Nurse
Mariyabanu M. Saiyad	Staff Nurse
Netal Babubhai Dodiya	Trainee Staff Nurse
Niraliben B. Makwana	Sister In Charge
Priya Sureshbhai Patel	Staff Nurse
Priyanka Bhikhabhai Solanki	Staff Nurse
Richa Jigneshbhai Chavda	Staff Nurse
Shitalben Jesingbhai Dama	Staff Nurse
Vaishnvee Bharatbhai Prajapati	Trainee Staff Nurse
Vidhi Narendrabhai Limje	Staff Nurse
Jeenal Devendrabhai Makwana	Staff Nurse
Margvi Hasmukhbhai Prajapati	Staff Nurse
Nisha Edison Christian	Nursing Incharge
Sofiya Denish Christian	Nursing Aid
Bhargaviben Bharatbhai Patel	Staff Nurse
Stallina Samuel Christian	Staff Nurse
Ramila Pravinbhai Parmar	Jr. Assistant
Respiratory Medicine	
Dr. Rushi Patel	Asso. Prof. in Resp. Medicine
Obstetrics and Gynaecology	
Dr. Divyesh N. Panchal	Asso. Prof. in Obst. & Gynec
Dr. Kanupriya Singh	Asso. Prof. in Obst. & Gynec
Dr. Jaishree S. Bamaniya	Asso. Prof. in Obst. & Gynec
Dr. Abhilasha F. Singh	Sr. Resident
Dr. Uzmaparveen M. Qureshi	Resident
Dr. Yashvi Dattani	Resident
Dr. Ami Shah	Labour & CS Duty
Dr. Ashka Joshi	Resident
Dr. Devanshi Chetan Patel	Resident
Dr. Fatima Ghanchi	Labour & CS Duty
Dr. Maulesh Modi	Labour & CS Duty
Dr. Nisha Chakravarti	Labour & CS Duty
Dr. Nitinkumar Gambhava	Resident
Dr. Pooja Singh	Labour & CS Duty
Dr. Saksha N. Dholakiya	Resident

MARKETING INITIATIVES

Video Awareness Series

Taking Care of Skin Problems & Diseases during COVID19 Pandemic



Link: www.facebook.com/gcsmc/videos/2661260197466069

Preventing Skin Damage while using Masks, Sanitizers & PPE Kits



Link: www.facebook.com/gcsmc/videos/635279247056849

Protect your Mental Health during the Lockdown



Link: www.facebook.com/gcsmc/videos/229013111670657

Do Yoga, Beat Corona - International Yoga Day



Link: www.facebook.com/gcsmc/videos/606252893350626

Protect your Mental Health during the Lockdown



Link: www.facebook.com/gcsmc/videos/188200059187653

GCS Hospital is fully operational with all the necessary precautions.



Link: www.facebook.com/gcsmc/videos/289908965473420/

TVs for Internal Promotion & Awareness

We have installed 22 Large-screen TVs at various places at GCS Hospital with idea to connect, engage and communicate effectively with our visitors/patients & let them know about hospital & services; create health awareness through infographics, informative videos; broadcast important news/updates. It will not only improve patient experience but also strengthen the brand value and awareness regarding our hospital & services.



MARKETING INITIATIVES

Awareness on Social Media



CONNECT WITH US on Social Media

 www.facebook.com/GCSMC

 www.twitter.com/GCSMCHRC

 www.linkedin.com/company/GCSMCH

 www.youtube.com/c/GCSMedicalCollegeHospitalResearchCentre

 www.instagram.com/GCSMCH

 www.g.page/GCSMCH

CONNECT WITH US on WhatsApp

Save this number in your phone and send "Hi" on WhatsApp to receive updates such as Health & Awareness Tips, Informative videos etc. via WhatsApp Broadcasts



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THANK YOU DONORS

We are humbled by the generosity of our donors and supporters about assisting the GCS Hospital in this challenging time. We will be grateful for your help which will support GCS Hospital's greatest needs, which is currently related to COVID-19. Your donation (Cash/Kind) helps us to provide much-needed equipment, supplies, and facilities. With your donation and support, together we can make thousands of differences in the lives of COVID-19 patients, healthcare workers, staff members and more.

Sponsor Name	Item Name
Ahmedabad Family Physician Association, Ahmedabad	Face Shields
Ahmedabad Municipal Corporation, Ahmedabad	CV200 Ventilators
Ahmedabad Municipal Corporation, Ahmedabad	Covid Antigen Test
Akash Engimech India Pvt. Ltd., Ahmedabad	Disinfection Tunnel
AMA Gujarat State	Pulse Oxymeters - Fingertip
Arvind Limited	PPE Kits
Balkrishna Industries, Bombay	PPE Kits
Bhagwati Printers, Ahmedabad.	Stickers
Bhudardas Seva Nidhi Charitable Trust	Face Mask-Reusable
Bhudardas Sevanidhi Charitable Trust, Ahmedababd	N-95 Masks
D'furn Furniture, Ahmedabad	Foot Operated Sanitizer Dispensers
Dr. Atulbhai Gandhi	Face Shields
Dr. Atulbhai Gandhi	N-95 Masks
Dr. Heena Chhanwal & Dr. Jitendra Patel, Indian Society of Anesthesiologist, Ahmedababd	Basic CPR Dummy
Dr. Prakash Doshi & Team, Ahmedabad	Sanitizer Kits with Hand Wash and Face Masks
Dr. Shreyaben Shah & Dr. Mittalben Patel	PPE Kits
Dr. Tusharbhai Patel, Ahmedabad	N-95 Face Mask with Nose wire
Emcure Pharmaceuticals Limited, Ahmedabad	Hydroxycloquine Tablets - 200 MG
High Tech Solution, Ahmedabad (Pro. Rajeshbhai Gandhi)	N-95 Face Mask with Nose wire and PPE Kits
HK Acharya & Company	Cash
IMA Gujarat State	Face Shields
Indian Society of Anesthesiologist, Ahmedabad.	Basic CPR Dummy
Kamdhenu Spintex, Ahmedabad	Cash
KD Acknotech, Odhav Ahmedababd	Sprayer Pumps
Krishna Surgical, Ahmedababd	Infrared Thermometer
Maninagar Medical Association & Indian Medical Association	N-95 Masks
Maruti Suzuki India Ltd. (MSIL Gurgaon Plant)	AgVa Ventilators (AV-AD-COVID) and Consumable Items
Mr. Shaileshbhai, Ahmedabad	Disposable Face Mask
Nivea India Pvt. Ltd., Ahmedabad	Liquid Hand Sanitizers
Pharma Plus	PPE Kits
Rameshbhai Shantilal Kayasth	BIPAP Machine
Rathi Health care, Ahmedabad	Cash
Riverside Medical, Ahmedabad	Dead Body Bags for Covid Pt.
Sahajanand Group	Face Shields
Samirbhai Desai	PPE Kits
Shree Kishorbhai Bansal & Family, Ahmedabad	PPE Kits
Shree Kunthunath Swami Jain Sangh, Ahmedabad	Ventilator Machine Dragar Evita 2 Dura
Tripan Enterprise, Ahmedabad	Foot Operated Sanitizer Dispensers
Tripan Enterprise, Ahmedabad	Sanitizer Dispenser Foot Operated
Vision Healthcare, Ahmedabad	SPO2 Probes Neonatal Disposable



Presentations by Department of Pediatrics



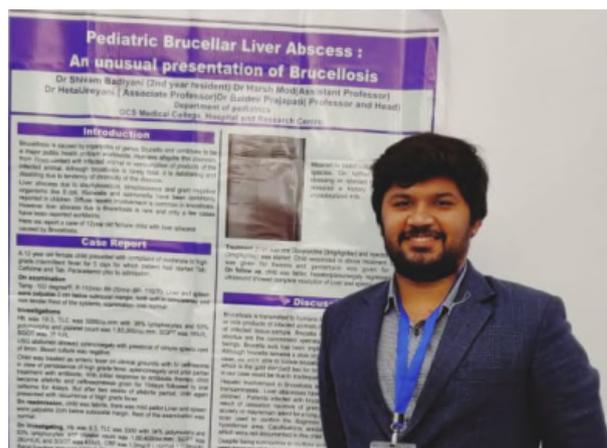
A Poster presentation on "Rare neonatal case of multiple liver abscesses as a complication of omphalitis" by **Dr. Vilas Kavad** on 15th Dec'19 at National NEOCON Hyderabad.



A Poster presentation on Hematidrosis: A medical enigma by **Dr. Aabha Phalak** (1st year Resident) on 14th Dec'19 at GIAPCON 2019, Udaipur



A Paper presentation on "The study of blood culture positive cases of brucellosis from a tertiary care centre in Ahmedabad" by **Dr. Harsh Muliya**, guided by **Dr. Hetal Jeeyani & Dr. Baldev Prajapati** on 13th Dec'19 at 45th Annual Conference of Academy of Pediatrics, Gujarat - GIAPCON, Udaipur



A Poster presentation on Pediatric Brucellar Liver Abscess by **Dr. Shivam Badiyani** (2nd year Resident) on 3rd Nov'19 at the 22nd National Conference of Pediatric Infectious Disease held at Hyderabad.



A Poster presentation on "Acquired Neonatal Dengue: A Rare Condition" by **Dr. Tamanna Ninama** (1st Year Resident) on 14th Dec'19 at 45th Annual Conference of Academy of Pediatrics, Gujarat - GIAPCON, Udaipur

PGCCOPP 2020

- Post Graduate Crash Course of Practical Pediatrics - 2020 (PGCCOPP - 2020) was organised at GCS Medical College, Hospital & Research Centre, Ahmedabad on 1-2 Feb'20. The hard work & meticulous planning by faculties & PGs from my department was highly appreciable.
- Total 83 PGs participated in this absolutely case-based interactive programme. There was representation of all medical colleges across Gujarat, including one from Dehradun. There was overwhelming response of the students.
- **Dr. Rajesh Chokhani** (Mumbai), **Dr. Tushar Maniar** (Mumbai), **Dr. Bhaskar Shenoy** (Bangalore) & **Dr. Baldev Prajapati** (Ahmedabad) were eminent faculties
- Total 9 cases were selected for discussion. Each case was allotted sufficient time of one to two hours.
- Each case was prepared by 2 students. During presentation, all the 4 teachers would participated. The participation of students from audience was made active & live by the teachers. By turn, two teachers were moving in the audience. The importance of each point in the history & likely questions were discussed. Demonstration of signs, their interpretation, related questions were discussed at length.
- How to summarise the case, to derive possible diagnosis & how to justify diagnosis etc. were explained in details.
- Planning of management of each case, available facility for Ixs, recent advancements & possible medical as well as surgical therapy etc. were discussed in details.
- One session on spotters was kept. It was made interactive with related questions & answers. One & half an hour time was devoted for it. Most interesting & live session on Radio imaging was for two hours. All common X-Rays asked in examination were covered



ACADEMICS

Book by Dr. Baldev Prajapati



The book "IAP Clinical Examination in Pediatrics" written by **Dr. Baldev Prajapati**, HOD & Professor of Pediatrics, was released during PEDICON 2020 at Indore on 10th Jan'20.

Dr. Suresh Bhagia at IACTS Masterclass



Dr. Suresh Bhagia participated as faculty in a session "Excelling in CTVS Certification Examinations" at IACTS MASTERCLASS on 27th June 2020. The session featured thoughts on expectations & experiences by examiners and examinees of the National Board Certification in Cardiothoracic Surgery, respectively. The speakers in this session were Dr. O. P. Yadava, Dr. P. S Seetharama Bhat, Dr. Suresh T. Bhagia & Dr. L. Vijay.

Community Medicine

A proposal entitled "Determinants, Impact On Quality of Life And Treatment Seeking Behavior For Urinary Incontinence Among Females residing At Urban Slums, Ahmedabad: A Mixed Method Approach" by **Karan Vijay Sharma**, Final Year MBBS student of GCS Medical College is approved under Short Term Studentship (STS 2020) programme of *Indian Council of Medical Research (ICMR)*, New Delhi. The same research project is being guided by **Dr. Viral R. Dave**, Professor, Community Medicine Department, GCS Medical College, Ahmedabad.

CLINICAL CASE

Successfully managed case of severe PPH at cesarean section.

14 units of blood products given (6 PCVs, 4 FFP, 4 Platelets) to patient Ms. Shabana Ansari. Both Mother & baby are fine. Congratulations to Gynec team of **Dr. Pooja Singh, Dr. Nisha Chakrawarty, Dr. Devanshi** & anesthesia team of **Dr. Reema vadhva, Dr. Yash & Dr. Krishna**.

Department of Obstetrics and Gynaecology was operational continuously during lockdown period too. Last quarter **total 203 patients (115 deliveries + 88 cesarean sections)** were benefited at the OBGYN Department. **24 COVID Positive Cases were managed successfully.** All mothers & babies are fine.



PHARMACOVIGILANCE

Spontaneous reporting of ADRs is back bone of safe medicine.

Following Important ADRS were reported recently to Pharmacovigilance Committee of GCSMC.

Compilation: Dr. R. K. Dikshit, Dr. Nayan Patel

Causal Medicine	Indication for Use	Adverse reaction (Reporting Department)
Acyclovir	Viral Encephalopathy	Itching and redness over arm (Surgery)
PCV Transfusion	Anemia	Fever, shivering, nausea, vomiting (Oncology)
Rituximab	Non-Hodgkins Lymphoma, DLBCL Rt Testis	Redness, itching all over body (Oncology)

To report an ADR please contact **Dr. Vipul Chaudhari** (9825444336), **Dr. Sumit Patel** (9824223626) or Ext. 8499 (Department of Pharmacology). We remain thankful to all the reporting departments for their kind cooperation.

COVID CARE HOSPITAL

TELE-CONSULTATION FOR CANCER PATIENTS:

Due to lockdown and COVID transmission, cancer patients were not able to visit Hospital for treatment. During this phase we have provided tele consultation services, which has helped our patients for continuing treatment. So far, we have done 2500+ tele consultation.

THE TIMES OF INDIA

Gujarat: Phone calls come as painkiller for coronavirus patients



COVID-19 hospital at Gujarat Cancer Research Institute

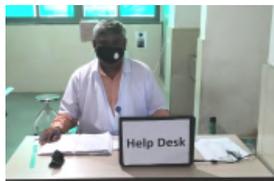
AHMEDABAD: Archana Raval didn't know any patients at COVID-19 hospital at Gujarat Cancer Research Institute (GCRI) last week. But now she can proudly say that she has touched the lives of 10-odd patients through telephonic conversation with them.

An engineer by profession, Raval had come across a social media post about

volunteers required at the GCRI to engage COVID-19 patients. "I agreed to talk to them over phone, sharing their anxiety and offering a few words of solace. The experience has been cathartic in a way – one of the first patients I was talking to was an octogenarian. A simple question of how many times he talked to his family triggered emotions that made him – and in turn me – cry for minutes," she narrates.

HELPPESK:

Under supervision of Dr. Shashank Pandya (Director), GCRI has started COVID-19 Help Desk facility on 18th May'20. **Dr. Sanskar Dave, Dr. Jayendra Patel, Dr. Dharmesh Patel, Mr Jagdish Gohel and Ms. Jatin Sutariya** were actively involved in the Help Desk counter. Patients and their relatives avail various guidelines on different hospital issues and useful information of admitted patient in our COVID care Centre. More than 1800 telephonic calls and video calls have been done between patients and their relatives. Specially Video calling facility is helpful to our patients for making connection between their family and society. Various fiction, novels and other books have been distributed to



the patients for their morale boost up. Help Desk also actively participated in solving PIFS (State government initially started PIFS-COVID-19 online system) day to day patient complains. We take care of all the valuable items of patients like purse, money, mobile etc and handover the same to patient's relative.

BRAIN TUMOR SURGERY OF CANCER PATIENT DURING THE COVID-19 PANDEMIC SITUATION:

During the COVID-19 pandemic situation, majority of private hospitals are not undertaking major cancer surgeries. The GCRI is continuing its legacy by treating cancer as well as COVID-19 cases not only from Gujarat region but also other states patients. Here is one successful story of Male patient aged 46 years from Rajasthan who visited GCRI, he was admitted at Neuro-Oncology Department GCRI, with various Complaints. He complained of headache, vomiting for 1 month, right sided weakness for 10 days, difficulty in speech, swallowing and altered sensorium for 5 day. MRI and CT scan (Brain) done showed Large 7*6*5 centimeter solid and cystic tumor in Left Frontal lobe, with mass effect, on MRI it was High grade Glioma. After pre-operative work up including COVID RT PCR reports, He was taken for Surgery (Left frontal craniotomy and Gross total excision of Tumor). Surgery and Post-operative condition were uneventful. Patient started improving in right sided weakness, speech and consciousness. Patient was discharged on 6th day, walking independently, taking oral food. His frozen & final Histopathology Report was Anaplastic Oligodendroglioma grade 3. Patient came for follow up after 10 days, Stitches removed & Referred for PO Radiotherapy for further treatment.



CELEBRATION OF WORLD BLOOD DONATION DAY

Blood bank department, The Gujarat Cancer & Research Institute celebrated World Blood donors' day, 14th June'20. Eleven units of blood from voluntary staff members collected on dated 16th June'20.

THE "NOVEL COVID19" TRAINING

The "NOVEL COVID-19" Training for all GCRI Doctors was organized by Dr. Shashank Pandya (Director), Dr. Pariseema Dave (Deputy Director), Dr. Jayshree Thakkar (HOD Anesthesia), Dr. Harsha Panchal (HOD - Medical Oncology) on 22th April'20 using ZOOM application from GCRI Telemedicine center, Ahmedabad. The information was shared by Dr. Damini Makwana, Dr. Rekha Solanki (Anesthesia), Dr. Abhishek Jain (Surgical Oncology) and Dr. Ankanksha Garg (Medical Oncology).



OTHER ACHIEVEMENTS:

More than 893 Doctors, Nurses, Technicians, Research and other staffs participated in the training program on infection control & prevention as part of the Novel COVID-19 iGOT integrated government online training portal during May'20.

Hospice & Home care services during lock-down

As we were facing COVID Pandemic and we faced many difficulties to continue Hospice & Home care services during the lock-down period. There were total 14 indoor patients in hospice with care-givers. They all were provided treatment, food and other day to day requirements free-of-cost. Nobody was allowed to go out of the premises and no one entered the campus except staff. No case of corona infection was reported amongst the patients, care-givers & staff. Everyone contributed in observing the lock-down guidelines and lived as a big family in the campus. Total 6 Home visits were done for the homebound patients who needed palliative care.

Staff training for "New Normal etiquette"

Training on prevention of corona infection & New Normal Etiquettes in workplace was given to all staff on 5th June'20.

Health Check-up of IRADA, NGO staff

We started the health check up services on 25th June'20 with health check up of 25 staff of IRADA NGO working in Bavla district.



12 SUNDAY, 05 April, 2020

Ahmedabad city

ગુજરાત સમાચાર

ગુજરાત કેન્સર સોસાયટી અને ગુજરાત કેન્સર રિસર્ચ ઈન્સ્ટિટ્યૂટ દ્વારા સંચાલિત કોમ્યુનિટી ઓન્કોલોજી સેન્ટરના સંચાલિકા ડૉ. ગીતાબહેન જોશીએ

લૉકડાઉનમાં કેન્સરના દર્દીઓની સ્થિતિ કફોડી ન થઈ જાય એટલે ઓન્કોલોજી સેન્ટર ચાલુ રાખ્યું

કો રોનાની મહામારી વચ્ચે દુનિયા સર્વોપરી મહાસત્તાઓ ઘૂંટણીએ પડી ગઈ છે ત્યારે ભારત જેવા દેશ માટે આ મહામારી મોટા પડકારથી કમ નથી. આવી સ્થિતિમાં નાનાપાયે ચાલતા ખાનગી દવાખાના તો સ્ટાફને અભાવે બંધ જ થઈ ગયા છે. આવી કપરી પરિસ્થિતિ વચ્ચે વાસણામાં ગુજરાત કેન્સર સોસાયટી અને ગુજરાત કેન્સર રિસર્ચ ઈન્સ્ટિટ્યૂટ દ્વારા સંચાલિત કોમ્યુનિટી ઓન્કોલોજી સેન્ટર એટલે કે લોસપીસ આજે પણ કેન્સરના દર્દીઓની સારવાર કરી રહ્યું છે. આ ૧૯૮૮માં સ્થાપિત ભારતનું સૌ પ્રથમ લોસપીસ છે. અહીં આગળ વધી ગયેલા તબક્કાના કેન્સરના દર્દીઓને દાખલ કરી, તેમના જીવનપર્યંત પેલિએટિવ કેર એટલે કે સહતદાથી સારવાર આપવામાં આવે છે. આ લોસપીસમાં ૨૦ પથારીઓ છે, જેમાં દર્દીને તદ્દન ક્ષી રહેવા જમવા તથા મેડિકલ સારવાર આપવામાં આવે છે.

૨૨મી માર્ચ જ્યારે 'જનતા કરફ્યુ' લાગુ થયો ત્યારે લોસપીસમાં ૧૪ દર્દીઓ હતાં. ૨૪મીથી 'લૉકડાઉન' જાહેર થતા, આ દર્દીઓને સારવાર આપવાની ચાલુ રાખવી કે તેમને ઘરે મોકલવા તે પ્રશ્ન ઊભો થયો હતો. પેલિએટિવ કેરની સારવાર ઘરે પણ આવી શકાય પણ આ સમયે ત્યાં દાખલ થયેલાં ૧૪ દર્દીઓ અનેક કારણોસર ઘરે જઈ શકે એવી સ્થિતિમાં નહોતો. આવા સંજોગોમાં લોસપીસની સેવાઓ જો બંધ કરી દેવામાં આવે તો દર્દીઓની સ્થિતિ કફોળી થાય એમ હતું એટલે સેન્ટરને ચાલુ રાખવાનો નિર્ણય સંચાલક ડૉ. ગીતાબહેન દ્વારા લેવામાં આવ્યો. નર્સિંગ સ્ટાફ, સહકારી કર્મચારીઓ, કેન્ટીન સ્ટાફ વગેરે મળીને કોઈપણ રીતે દર્દીને જરૂરી સેવા આપવાનો નિર્ણય કર્યો. લૉકડાઉનને લીધે તમામ સ્ટાફ સંસ્થા પર પહોંચી શકતો નથી પણ દર્દીઓને તરલોહ ન પડે એનું ધ્યાન રાખવામાં આવે છે. તેમની સાથે હાજર સંબંધીઓને મુશ્કેલી ન પડે એ માટે જમવાની, યાનાસતાની પૂરતી વ્યવસ્થા કરવામાં આવી છે.

આ કપરાં સંજોગોમાં નાનકડા યુક્તિયા આશ્રમમાં એક કોર્ટબેંક વાતાવરણ સર્જાઈ ગયું છે. સૌ હાશીમળી એફીજીનું કામ વહીવટી લીધું છે. એક દર્દીને શક્ય હોય એટલી સારવાર આપી તેમને સ્વસ્થ જીવન આપવાનો પ્રયત્ન કરવામાં આવી રહ્યો છે. પેલિએટિવ કેરનો ઉદ્દેશ્ય દર્દી અને તેનાં કુટુંબીજનોનાં જીવનની ગુણવત્તા સુધારવાનો છે.

અહીં દર્દીઓ એવા છે જો તકેદારી ન રખાય તો કોરોનાનું ઈન્ફેક્શન તરત લાગી જાય એમ છે



• ડૉ. ગીતાબહેન જોશી, સંચાલિકા

'પહેલાં દર્દીઓના સગાં માટે બે ટાઈમ જમવાનું એક સંસ્થામાંથી આવતું હતું, અમારે ફક્ત દર્દીઓના જમવાની વ્યવસ્થા કરવાની રહેતી હતી. પણ લૉકડાઉનને લીધે એ સંસ્થાનું રસોડું બંધ થઈ ગયું છે તેથી ત્યાંથી જમવાનું આવી શકે એમ નથી. તેથી અમે અમારી કેન્ટીનમાં જ ચા-નાસ્તા અને જમવાની વ્યવસ્થા કરી છે. બીજું અત્યારે સ્ટાફનો અભાવ હોવાથી દર્દીઓના સગાં કામમાં મદદ કરે છે. આ દર્દીઓ એવા છે જેમને કોરોનાનું ઈન્ફેક્શન તરત લાગી જાય એમ છે. તેથી કેવા પ્રકારની તકેદારી રાખવી એ અંગે સમજ આપી છે અને બહારથી સ્ટાફ સિવાય કોઈ વ્યક્તિને આવવાની અને દર્દીઓના સગાને બહાર જવાનું બંધ કરાવી દીધું છે. દર્દીઓને પૂરતી મેડિકલ સારવાર અને દવાઓ મળી રહે એની વ્યવસ્થા અમે કરી છે.'

મારી સ્થિતિ એટલી ખરાબ છે કે હું ઘરે જઈ શકું એમ નથી



'મને દાઢમાં કેન્સરની ગોંઠ હતી જે મારી બેકાળછને લીધે ફાટી ગઈ. છેલ્લાં સાત મહિનાથી મારી સિવિલમાં સારવાર ચાલે છે. મારી યોગ્ય સારવાર થાય માટે મને પહેલાં અહીં રાખવામાં આવ્યો હતો. પણ થોડા દિવસ પછી ડૉક્ટરે ના પડી છતાં જખરજસ્તી રજા લઈને ઘરે જતાં રહ્યો. તેના લીધે અત્યારે મારી સ્થિતિ બહુ ખરાબ થઈ ગઈ છે. મારે ત્રણ નાના નાના બાળકો છે એ મને જોઈને ૬૨ છે અને ઘરમાં આવતાં નથી. તેમને મારા મમ્મી-પપ્પા પાસે મુક્યાં છે અને પત્ની મારી સાથે અહીં છે. અમારી આર્થિક સ્થિતિ ખૂબ ખરાબ છે, એટલે અહીં જે રીતે મારી ઘરેકે ઘરેકે વસ્તુનું ધ્યાન રાખવામાં આવે છે એવું ઘરે રાખવું અશક્ય છે. બીજું મારી હાલત એટલી ખરાબ છે કે હું ઘરે જઈ શકું એમ નથી, બહેને લૉકડાઉનમાં જો સેન્ટર બંધ કરી દીધું હોત તો ખબર નહીં મારું શું થાત.'

- નંદકુમાર આહિર, હાટકેશ્વર

રોજ ડ્રેસિંગ કરવું પડે છે, જે ઘરે શક્ય નથી



'ગળામાં કેન્સરની ગોંઠ હતી, જે ફાટી જવાને લીધે એમાં જીવાંત પડી ગઈ હતી, અત્યારે તો સાદું છે તેમ છતાં રોજ ડ્રેસિંગ કરવું પડે છે. અમે અહીં દસ દિવસથી છીએ. જો લૉકડાઉનને લીધે અમારે ઘરે જવાનું થાત તો સ્થિતિ બગડી જાત, કારણ કે ઘરે રોજ ડ્રેસિંગ કરવું શક્ય નથી. વળી આવી હાલતમાં ત્યાં કોઈ ડૉક્ટર મળે કે કેમ? એ પણ એક સમસ્યા બની જાત. બીજું અહીં સમયસર નર્સ દ્વારા દવા, સુષ, જમવાનું આપવામાં આવે છે. ઉપરાંત ડૉક્ટર રોજ અમારી તપાસ કરવા આવે છે. મારી સાથે મારી પત્ની છે અને બાળકો ઘરે છે.'

- પ્રભાતસિંહ, પંચમહાલ

મને ઘણી વખત અડધી રાતે દુખાવો ઉપડે છે પણ નર્સ હોવાથી વાંધો આવતો નથી



'મને પહેલાં બ્રેસ્ટ કેન્સર થયું હતું, એનું ઓપરેશન આજથી પાંચ વર્ષ પહેલાં કરાવ્યું, પછી સાદું થઈ ગયું હતું. પણ થોડા દિવસ પહેલાં ફેફસાંમાં પાણી ભરાઈ ગયું એટલે અમે ફરી સિવિલમાં ભતાવવા આવ્યાં. ડૉક્ટરે દર અઢવારિયે આવવાનું અને બોટલ ચઢાવાની સલાહ આપી અને મારી સ્થિતિ જોતા સાનુકૂળ રહે એ માટે અમને અહીં સેન્ટરમાં રહેવાનું કહ્યું. અહીં આવી ત્યારે હું સીધી સુઈ પણ શકતી નહોતી. આખી રાત ટેબલ પર માથું રાખીને સુવું પડતું. હવે આરામથી સુઈ શકું છું. બીજું ડૉક્ટરે નળી નાંખી છે એને ૨૮ તારીખે સિવિલમાં ભતાવવા જવાનું હતું અને બ્લડના રિપોર્ટ કરાવવાનાં હતાં પણ અત્યારે ત્યાં જવાય એવી સ્થિતિ નથી અને લૉકડાઉનને લીધે ઘરે પણ જવાય એમ નહોતું એટલે અમે અહીં જ છીએ. મને ઘણી વખત અડધી રાતે દુખાવો ઉપડે છે પણ નર્સ તરત દોડીને દવા આપે છે. આવી સ્થિતિમાં હું અહીં સલામત છું. મારી સાથે મારા પતિ છે.'

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