

# GCSMCH News Letter

Issue: 30

January - March 2020



RANKED AMONGST THE

**WORLD'S  
BEST HOSPITALS  
2020**

BY  
**Newsweek**

## GCS Medical College, Hospital & Research Centre

has been ranked amongst the  
"World's Best Hospitals 2020" by Newsweek,  
featuring in the global list of  
"Best Hospitals - Top Specialized".

## We Salute our Unsung Heroes.

We at GCS Hospital are proud of our all employees and expresses our gratitude to all of them for their dedication and hard work in such challenging times of **Coronavirus Outbreak.**



What's Inside:

- Significant Updates
- Employee Corner
- Fight against COVID19

- Marketing Initiatives
- Pharmacovigilance Corner
- Community Medicine

- Academics
- Community Oncology Center, Vasna
- GCRI Highlights

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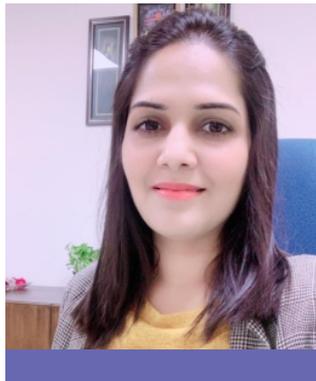
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## From Chief Editor's Desk



These are anxious times as events are unfolding quickly and more becomes known each day about Coronavirus illness. I thank our all Medical, Paramedical & Support team members & all those who are playing their part in ensuring smooth operations of GCS Hospital & fighting COVID-19. I also laud all the essential workers who are currently at the frontline to combat COVID-19 and working selflessly amid the lockdown.

The challenge we face today has been both unexpected & devastating, in the form of a virus that is spreading rapidly around the globe & that is changing how we live and work. In this tough time, we're doing our best to keep everyone healthy & safe in the workplace. You can get all the guidelines, advisories, tips and many more information on COVID-19 and related topics on our website [www.gcsmc.org](http://www.gcsmc.org) under "Announcements" section.

Our employees have uniformly been kept abreast of COVID-19 preparations through emails, SMS and WhatsApp to keep them informed as well as motivated to be strong in this fight against COVID-19. Highly engaged employees are the cornerstone of organizational success, and boosting productivity. As per the recent Employee Satisfaction Survey conducted at GCSMCH&RC, the overall **Employee Satisfaction score progressed to 86.5%**. It is amazing to see a positive 4% boost in just within a year.

GCSMC Hospital has been ranked amongst the "**World's Best Hospitals 2020**" by Newsweek, featuring in the global list of "Best Hospitals - Top Specialized". We have received the "Finest India Skills & Talent" award for the year 2020 under the "**Safe & Secure Hospital**" category by the Fire & Security Association of India (FSAI). We have also received "Excellence in Healthcare" award for the year 2020 under the category of "**Excellence in Community Engagement**" by AHPI. These endorsements honor GCSMCH&RC on a global scale for its ongoing focus on delivering the highest quality of patient care while ensuring their safety.

While remembering the excellent celebration of Women's Day during Samvad (Q4), I could think about the amazing coordination and team work our Women Employees are putting in.

You can read about various other achievements, activities & updates from around the organization in this 30th Issue of GCSMCH Newsletter. As always, please send us your suggestions on how to improve our Newsletter on [communications@gcsmc.org](mailto:communications@gcsmc.org).

**To all our readers, stay safe and well.**

**Ms. Neha Lal**  
Sr. General Manager - Operations & HR

## Ranked amongst the World's Best Hospitals 2020

GCSMCH&RC is ranked amongst the "World's Best Hospitals 2020" by Newsweek featuring in the global list of "Best Hospitals - Top Specialized". GCS Hospital is the only Hospital from Gujarat to be recognized in this category. You can view the list at [www.bit.ly/newsweek2020](http://www.bit.ly/newsweek2020). Newsweek partnered with Statista Inc., a global market research and consumer data company, to develop a groundbreaking ranking of the World's Best Hospitals from 21 countries. The rankings are based on recommendations from medical professionals, results from patient surveys and key medical performance indicators. This endorsement honors GCSMCH on a global scale for its ongoing focus on delivering the highest quality of patient care.



## Safe & Secure Hospital Award

Staying on top of safety and security in any hospital is to be one of the top priorities. GCSMCH&RC has received "Finest India Skills & Talent" award for the year 2020 under "Safe & Secure Hospital" category. This award was presented by Fire & Security Association of India (FSAI) in Fire & Security India Expo (FSIE) held on 27 February '20 at New Delhi.

This award is recognition of GCSMCH&RC's facility for security, safety, firefighting & emergency response.

Mr. Amit Singh Chauhan, Fire & Safety Officer had received this award on behalf of GCSMCH&RC.



## Excellence in Healthcare Award

GCSMCH&RC has grabbed "Excellence in Healthcare" award for the year 2020 under the category of "Excellence in Community Engagement". This award was presented by AHPI - Association of Healthcare Providers (India), the representative body of Healthcare Organizations in India, which recognizes and promotes quality and excellence achieved by the hospitals and medical educational institutions.

Ms. Neha Lal (Sr. GM – Operations & HR) had received the award on behalf of GCSMCH&RC in AHPI Global Conclave 2020 function held on 7 February '20 at Hotel Lalit Ashok, Bengaluru.

Heartily thanks to the entire team of GCSMCH&RC for their constant support and teamwork which made this possible.



## Sanitary Napkin Vending Machine installed along with Sanitary Napkin Incinerator Facility

Sanitary Napkin vending machines have been installed along with Sanitary Napkin incinerator facility for patients, relatives as well as staff. This initiative was taken to promote effective, safe & hygienic sanitary practices among the females as well as to dispose of used sanitary Napkin safely. We've installed two sanitary Napkin vending machines at Gynaec OPD and 4C ward.



## Felicitation of Facility Department and Housekeeping Staff



It has been well said, "Cleanliness is the only medicine to all diseases". GCSMCH&RC has been awarded 4th rank amongst the Cleanest Higher Educational Institutions in the country under the category "Residential Colleges – AICTE", in Swachh Campus Ranking 2019 organized by Ministry of HRD, Government of India. As a note of gratitude from management, Dr. Kirti M Patel (Director), Dr. Yogendra Modi (Dean) as well as Ms. Neha Lal (Sr. General Manager – Operations & HR) appreciated and felicitated had facilitated Mr. Ravindrakumar (Manager - Facility) and the entire team of Facility Department on 22 January'20 for their endless hard work and efforts for keeping the hospital & Premises Clean. In addition to that Representative of Housekeeping Agencies, AB Enterprises and Evershine Housekeeping Services were also felicitated.

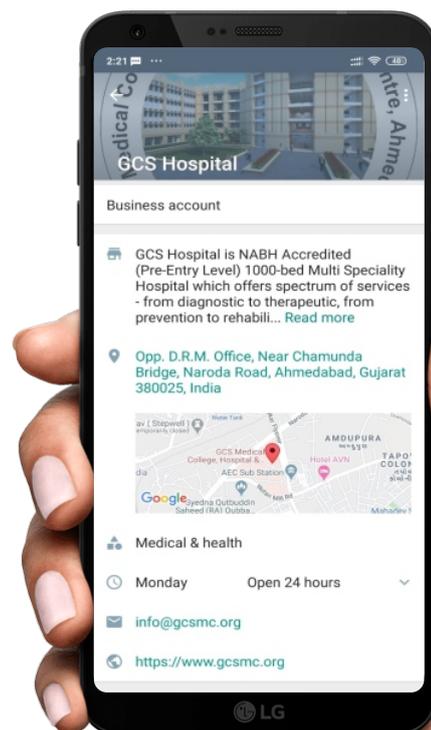
## WhatsApp Business Account

GCSMCH&RC has rolled out its official Whatsapp Account. It allows us to create a business profile with helpful information for our patients and visitors like address, phone number, business description, email address, website, brochures etc. WhatsApp Business Account allows us to automate messages such as greetings, away messages or quick replies.

Apart from being a great marketing tool, WhatsApp Business account helps to share key updates, HR updates, marketing videos/images or informational documents to employees. It allows to send messages to employees efficiently and at scale.



To get regular updates from GCSMCH&RC over WhatsApp. Make sure to add this mobile number in your contact list. Don't forget to say us "Hi".





# WELCOME ABOARD

## NEW JOINEES

### Accounts

Ravishankar Prajapati

### Anaesthesia-H

Dr. Dipal Vadodariya

### Cardiology

Harshid Patel  
Himani Prajapati  
Hiral Jani  
Hiral Patel  
Jay Patil  
Jenis Christian  
Kajal Leuva  
Nehal Parmar  
Piyush Patel  
Prachi Chudasma  
Pravin Parmar  
Princy Christian  
Rahul Rathva  
Sabir Ali Abdul Aziz  
Vankar Kumari Payal J.

### Emergency Medicine / Casualty

Dr. Mittal Odedara  
Dr. Shreyansh Patel

### Front Office

Dr. Bhawana Rupani  
Dr. Deepak Kumar Shrivastava  
Aditi Ranawat  
Dr. Rachana Mehta

### Laboratory

Yashdipsinh Udat

### Marketing & Communication

Dipesh Chodvadia  
Vinisha Chugh

### Medicine-H

Dr. Ajazahmed Z. Ansari

### Microbiology-C

Komalben Dodia

### MRD

Harshal Jakhar

### Nursing

Archana Gandhi  
Brita Mesariya  
Divya Patel  
Vaishnvee Prajapati  
Karshan Chaudhary  
Rahul Prajapati  
Trusha Motaka  
Anil Parmar  
Akbarali Matiya  
Bhavika Gohel  
Jignesh Nayi  
Meena Devawat  
Zalak Makvana  
Fatehali Dedhrotiya  
Kristeena Chauhan  
Darshan Patel  
Kinjal Pandya  
Nita Patel  
Pooja Raval  
Sharmila Damor  
Daxa Chavhan  
Divyani Mekvan  
Hiral Vankar  
Jalpa Parmar  
Jenifar Christian  
Jayshree Solanki  
Krina Patel

Krishna Shrimali  
Krupa Vadhel  
Netal Dodiya  
Payal Parmar  
Rinkal Jain  
Selina Christian  
Mercy Christian  
Himani Patel  
Nency Kapadiya  
Priya Patel  
Amitkumar Gohel  
Rajeswari Parikh  
Annie Christian  
Hetal Rathod  
Honey Desai  
Nidhi Jansari  
Priyanka Kachhiya  
Rasila Valand  
Shital Parmar  
Shivani Macwan  
Sonal Katara  
Stuti Christian  
Simani Patel  
Aarti Yadav  
Riva Macwan  
Vidhi Limje

### Nephrology/Dialysis

Nancy Macwan

### Obst. & Gynaecology

Dr. Fatima Ghanchi

### Radiology-H

Mr. Tosif Chotani

### Surgery

Dr. Ravi Parmar

## Women's Day Celebration & Samvad

Women's Day & Samvad (Q4) was celebrated with great zeal on 7 March'20. The purpose of Samvad is to encourage team spirit and motivation of all the departments and employees. Samvad Q4 was conducted by the Nursing Department. All the women employees appeared in colorful dresses as a part of Women's Day Celebration.

The Nursing department had presented a musical program and dance performance. The Infection Control Team had demonstrated "7 Step of Hand Hygiene" in the form of dance. A video on "CoronaVirus" was shown to create awareness in the audience. **Dr. Fatima Ghanchi** (Department of OBGY) had delivered a talk on "Women's Health".

**Ms. Neha Lal** (Sr. GM - Operations & HR) had briefed the audience about the current happenings of the organization. **Dr. Kirti Patel** (Director) had congratulated HR and Nursing Department for Samvad event and appreciated employees for their efforts.

**Ms. Sonal Prajapati** (Nursing Superintendent) extended her gratitude to management, staff, and audience for making the event successful.



Following Doctors & staff were appreciated for their significant contribution during Oct-Nov-Dec 2019.

### October

Dr. Sunit Nihalani  
Dr. Keyur Usdadia  
Ms. Norma Macwan  
Ms. Anita Bhoras  
Ms. Hetal Rathod  
Ms. Priyanka Patel  
Ms. Daksha Macwan  
Mr. Ankitsingh Rajavat  
Ms. Megha Chauhan  
Ms. Pooja Patel  
Ms. Chandrikabahen Kotad

Dr. Nilesh Pandav  
Dr. Mayur Kalariya  
Dr. Sunil Maheshwari  
Dr. Sandip Chavda  
Dr. Pramod Menon  
Ms. Norma Macwan  
Ms. Anita Bhoras  
Ms. Hetal Rathod  
Ms. Priyanka Patel  
Ms. Daksha Macwan  
Mr. Ankitsingh Rajavat  
Ms. Megha Chauhan  
Ms. Pooja Patel  
Ms. Chandrikabahen Kotad  
Ms. Jenis Patel  
Ms. Shruti R. Christian  
Ms. Nidhiben Patel  
Mr. Rakeshbhai Prajapati

Ms. Sejal Christian  
Ms. Suzen Christian  
Ms. Bhargaviben Patel  
Ms. Nidhiben Ahir  
Ms. Payal Patel  
Ms. Parvati Pasi  
Ms. Payalben Prajapati  
Ms. Muktaben Patni  
Ms. Urmilaben Patel  
Ms. Dikshita Patel  
Ms. Hiloniben Joshiyara  
Ms. Nilambahen Baranda

### November

Dr. Sunit Relu Nihalani  
Dr. Keyur Usdadia  
Dr. Haresh U. Doshi  
Dr. Jaishree Bamaniya  
Dr. Mauleshkumar Modi  
Dr. Fatima Ghanchi  
Dr. Kanupriya Singh  
Dr. Sheekha Jain  
Dr. Pooja Singh  
Dr. Shailee Bhatt  
Dr. Nitin Gambhava  
Dr. Devanshi Patel  
Dr. Jyotish Patel

### December

Dr. Mihir Patel  
Mr. Arpit Honest  
Ms. Rina Makwana  
Ms. Shilpaben Patel  
Ms. Swetaben Solanki  
Ms. Dhara Patel  
Ms. Nikitaben Parmar

### Housekeeping Staff

Ms. Jaimini  
Mr. Vijay Shinde  
Mr. Sunil  
Mr. Chirag  
Mr. Vijay Shinde  
Mr. Hasmukh Dave  
Ms. Ramilaben  
Ms. Kusumben  
Mr. Chirag Parmar  
Mr. Sunil  
Ms. Raniben  
Mr. Govind Suthar

## Employee Satisfaction Survey

Employee Satisfaction Survey was conducted in GCSMCH&RC to know employee's views on various aspects of the organization. Employees and Doctors had participated wholeheartedly in the survey which was conducted on the digital platforms with our own Mynet Portal and SmartPhones. many new members have also participated enthusiastically and expressed their views along with valuable suggestions. As analyzed, overall Satisfaction result is **86.5% (4% higher than last year)**. It is amazing to see a positive 4% boost in just within a year. As a part of survey, many employees had given very good suggestions related to their work and department. Management is very positive about employee's feedback and suggestions, and important suggestions will be given a thought for implementation. Management thanks all HODs, Functional Managers, Supervisors, In-charges and all other employees for participation!



## HR initiatives related to Employee Safety & Awareness during COVID19 Outbreak

The world is facing the terror of Coronavirus. The HR department has taken many initiatives for our Doctors, employees and all staff for Awareness, Safety and Hospital operations. Management & HR Department has reached all doctors, employees, and patients through email, SMS, WhatsApp, Social Media at regular intervals and boosted morale in the fight with situation.

### Awareness

- Informed all staff about maintaining WHO's standard recommendations to reduce the risk of Coronavirus Infection.
- Informed Safety & Hand Hygiene measures to prevent Coronavirus.

### Safety – Staff and Patients

- Thermal screening/temperature screening made compulsory for employees/doctors/patients at the entry gate.
- Face Masks, Gloves, PPEs, etc provided to all doctors/staff and housekeeping, security staff.
- Hand Sanitizer bottles kept at every entrance point, meeting room and its use were made compulsory.
- Maintained social distancing in including patient area, canteen, meetings, etc.
- Employees were asked to inform their travel history if they have traveled.
- Staggered / rotational duty without hampering hospital operations.
- Emphasized on use of phone/email instead of personal visits for departmental work.
- Restricted physical movement unless it is mandatory.
- ID cards issued for visiting doctors/consultants coming to the hospital.
- "Work from Home" suggested to few departments/employees who can work remotely. WFH guidelines prepared and shared with employees.
- Employees staying Out of station or in sensitive areas were advised to stay at home. Temporary accommodation arranged for outside employees.

### Hospital Operations

- Cleaning, sanitization, fumigation were carried out as and when required.
- Implemented Infection prevention & control strategies associated with health care to prevent nCoV infection.
- Vacant Wards /rooms were closed.
- Hospital Visitor Protocol implemented to reduce the risk of Coronavirus infection.
- Authority letters issued to suppliers/agencies working for GCSMCH & RC for a smooth supply of medicines and essential goods.

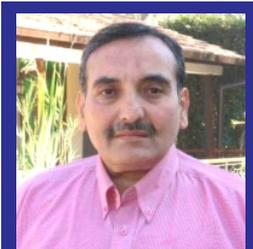
**The messages of hope and support amid the Coronavirus outbreak.**



**Dr. Kirti M. Patel**  
Director

*I convey my admiration and solidarity to all the medical, nursing, paramedical staff and support team members who are continuing to work in such difficult circumstances with utmost dedication. Our staff is working tirelessly to ensure that patients are safe and cared for while simultaneously anticipating and preparing for what's next.*

**During such times it is best we take precautions, follow guidelines, maintain social distancing & stay safe.**



**Dr. Yogendra Modi**  
Dean

*While in the midst of this COVID-19 crisis, it is crucial that the academic educational community learns from the experience and prioritizes a advance-thinking and scholarly approach as practical solutions are implemented.*

**We encourage our students to serve and to have a positive effect as educators to their peers, patients, and communities, using the tools available through social media and other modalities to help influence behaviors in a positive way.**



**Ms. Neha Lal**  
Sr. GM-Operations & HR

*Since the outbreak of the novel Coronavirus (COVID-19) our team of doctors, nurses, paramedics and all other staff have been working hard and actively monitoring the situation to meet the needs of the community during its most difficult times. I thank them all and salute for their dedication and patience.*

**While most people have been asked to work from home, medical & healthcare professionals have been working hard to contain & treat the infection so that life gets back to normal as soon as possible. Give them the support they need and Stay at Home for them.**



**Dr. Vipul Prajapati**  
MD (Medicine)

**The best advice right now for staying safe from coronavirus is to simply stay home& practice social distancing.**

- Regularly & thoroughly clean your hands with an alcohol-based hand rub or wash them with soap and water.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid getting out of home or meeting anyone to prevent the risk of infection.
- Seek immediate medical advise if you have COVID-19 signs and symptoms.

**We are always ready to serve you in this difficult times.**



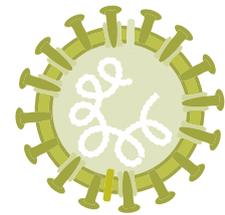
**Ms. Sonal Prajapati**  
Nursing Superintendent

*Nurses are at the center of efforts to prevent, contain and manage this COVID19 outbreak. When I meet our Nursing team members, each one tells us of pride they have in serving patients and the teamwork they so naturally bring to caring for patients and each other.*

**Even during this time of social distancing, nurses are still providing the human connection patients need to help them heal as they navigate illness and pandemic fear. We are ensuring they have adequate rest periods and psychological assistance.**



# CORONAVIRUS



Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus. The COVID-19 virus spreads primarily through droplets of saliva or discharge from the nose when an infected person coughs or sneezes. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness. The best way to prevent and slow down transmission is be well informed about the COVID-19 virus, the disease it causes and how it spreads.

## HOW DOES IT SPREAD?



Through the air by coughing and sneezing



Close personal contact such as caring for, or living in close contact with, a person who is ill.

## SYMPTOMS Symptoms may appear in as few as 2 days or as many as 14 days



Fever



Cough



Difficulty in Breathing



Severe Respiratory Illness

## HOW CAN I PREVENT GETTING COVID-19?



Stay home



Wash hands often with soap and water.  
Use alcohol-based handrub if you don't have access to wash.



Avoid touching your eyes, nose or mouth with unwashed hands



Avoid contact with people.  
Practice Social Distancing



Cough or sneeze into a tissue or sleeve

## MEDICAL CARE

If you develop a fever, cough, and have difficulty breathing, promptly seek medical care.

# Awareness on Social Media

આમારી સમીની સુરક્ષા માટે ઘરે રહો. સાવચેત બની રુકાવિત રહો.

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

#FightAgainstCOVID19 #StayHomeStaySafe

કોરોનાવાયરસનો ઇન્ક્યુબેશન સમય કેટલો લોચ છે?

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

કોરોના વાયરસ (કોવિડ-૧૯) અંગેની સાવધાની

કઈ સીંચે તેવાના છે?

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

STAY HOME, STAY SAFE, SAVE LIVES!

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

WE STAYED AT WORK FOR YOU. YOU STAY AT HOME FOR US.

We would like to express our gratitude for all front line health care workers: Nurses, Doctors, Paramedics, Security, Housekeeping, Attendants and Administration for staying vigilant, and for their tireless work and dedication during this exceptional time being experienced all over the world.

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Protect Your MENTAL HEALTH during lockdown.

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Myth x Fact ✓

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

ACT SMART

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Myth x Fact ✓

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

COPING WITH STRESS DURING THE CORONAVIRUS (COVID-19) OUTBREAK

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

MINDSET MATTERS

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

BREAK THE CHAIN STAY SAFE!

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Myth x Fact ✓

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

World Health Day

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

કોરોના વાયરસ (કોવિડ-૧૯) અંગેની સાવધાની

કઈ સીંચે બધી સાવધાની

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

BOND WITH YOUR FAMILY

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Support the essential workers

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

#FightAgainstCOVID19

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

7 Ways to 'Level Up' During Lockdown

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

How long is the incubation period for COVID-19?

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

કોરોના વાયરસ (કોવિડ-૧૯) અંગેની સાવધાની

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Clean and Disinfect frequently touched surfaces & objects.

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

Stay Home, Stay Safe.

ગુણીએસ મેડીકલ કોલેજ, હોસ્પિટલ ઓફ રિસર્ચ સેન્ટર

## Health Checkup Camps

Date	Place	Type of camp	No of beneficiary people
29 Jan'20	Devdi	Psychiatric	20
9 Feb'20	Bhilwara (Rajasthan)	Cancer-Ortho-Skin- Nephro	728
11 Feb'20	Bapunagar	Medi-Ortho-Paedia	213
18 Feb'20	Vejalpur	Medi-Ortho-Paedia	176
5 Mar'20	Amaravadi	Medi-Ortho-Paedia	315

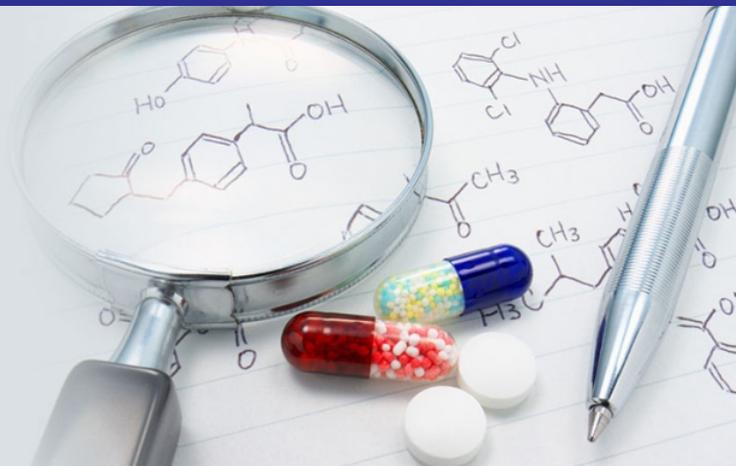


## Blood Donation Camps

Date	Place	Type of Camp	Collection
2 Jan'20	Gurudwara, S.G. Highway	Psychiatry	27
9 Feb'20	Sports Club, Navrangpura	Cancer-Ortho-Skin- Nephro	118
11 Feb'20	Swaraj Kranti Party, Odhav	Medi-Ortho-Paedia	53



## Spontaneous reporting of ADRs is back bone of safe medicine.



Following Important ADRs were reported recently to Pharmacovigilance Committee of GCSMC.  
**Compilation: Dr. R. K. Dikshit, Dr. Nayan Patel**

S.N.	Causal Medicine	Indication for Use	Adverse reaction (Reporting Department)
1	Pyrazinamide	Pulm TB	Burning sensation all over, vomiting (Pulm Medicine)
2	Isoniazid, Pyrazinamide, Ethionamide	Resistant Pulm TB	Abdominal Pain, Vomiting (Pulm Medicine)
3	Cycloserine	MDR-Pulm TB	Bodyache, suicidal thoughts (Pulm Medicine)
4	Kanamycin	MDR-Pulm TB	Hearing loss (Pulm Medicine)
5	Kanamycin	Resistant Pulm TB	Tinnitus, hearing loss (Pulm Medicine)
6	H+R+Z+E	Pulm TB	Hepatotoxicity (Pulm Medicine)
7	Kanamycin	Resistant Pulm TB	Bilat Hearing Loss (Pulm Medicine)
8	Rituximab	NHL	Nervousness, Itching, Redness all over (Oncology)
9	5-Fluorouracil	CA-Stomach	Nervousness, vertigo (Oncology)
10	Diclofenac	Muscle Pain	Breathlessness, redness, itching all over (Pulm Medicine)
11	Oxaliplatin	CA-Rectum	Itching, nervousness, redness all over (Oncology)
12	Paclitaxel	CA-Lung	Breathlessness (Oncology)
13	5-Fluorouracil	CA-Stomach	Nervousness, chest pain (Oncology)
14	Eldervit (Vit B <sub>12</sub> )	Low backache, Sacroiliitis	Rashes on arm (Orthopedics)

To report an ADR please contact Dr. Vipul Chaudhari (9825444336), Dr. Sumit Patel (9824223626) or Department of Pharmacology (8499).

We remain thankful to all the reporting departments for their kind cooperation.

## COVID-19 Awareness Sessions

Advocacy and Public Awareness session on 2019-nCoV (Corona Virus) among Faculties and Students of Gujarat Arts & Science College, Ellisbridge, Ahmedabad was conducted on 7 February'20, through health talk and discussions by **Dr. Donald Christian** (Associate Professor), **Dr. Asha Solanki** & **Dr. Sahil Solanki** (Resident Doctors) of Community Medicine Department, GCSMCH. A total of about 162 students and 15 faculties attended the sessions with enthusiasm. The staff and students raised their doubts and were answered by the faculties of GCS Medical College to the best of their knowledge



The awareness session regarding “**Novel Coronavirus infection - COVID-19**” was conducted on 8 February'20 at **RHTC, Dabhoda**. It was held among health workers of PHC as well as grassroots level workers like ASHA and Anganwadi workers. A total of 49 participants attended the session. The activity was carried out by **Dr. Mansi Patel**, **Dr. Vaidehi Gohil**, and Resident doctors along with the MSWs of Community Medicine Department.



## World Cancer Day

A team of resident doctors (**Dr. Asha Solanki** & **Dr. Sahil Solanki**), intern doctors and medical social worker organized oral health examination for males and breast examination screening for females followed by health education sessions to raise awareness in the community about oral & breast cancer and ways to prevent the same on 4 February'20 on the occasion of World Cancer Day (7th February). A total of 25 male & 42 female participants got benefitted from this activity at Ghanchi ni Chali (street) near Ashok Mill, Ahmedabad.



## National Deworming Day

On the occasion of National Deworming Day 2020, a health education session was organized by Urban Health Training Centre, Department of Community Medicine, GCS Medical College, Ahmedabad at Marathi School No.- 1, Asarwa, Ahmedabad on 10 February'20. Around 50 students of Standards 1 to 8 along with 4 school teachers, 1 Anganwadi supervisor, 4 Anganwadi staff and few parents were present to get knowledge. The session was followed by the distribution of pamphlets related to Deworming. The IEC session was taken by **Dr. Rujul Shukla** (Assistant Professor), with support in planning & organization by **Ms. Rizwana Mansuri** (MSW).



## National Youth Day

On the occasion of National Youth Day 2020, on 9 January'20, an interactive health education session was organized for students of Swami Vivekananda Arts College, Raipur, Ahmedabad on topics like Health Problems of Mobile Addiction and its prevention, Health problems associated with Tobacco and its prevention, importance of physical activity, and importance of Menstrual Hygiene (for girls). Sessions were conducted by **Dr. Rujul Shukla** (Assistant Professor) along with Resident Doctors (**Dr. Asha Solanki**, **Dr. Sahil Solanki** & **Dr. Disha Geriya**) of the Community Medicine Department, GCSMCH for more than 75 beneficiaries.



## Health Awareness Session for Mothers

An awareness session was organized for mothers of children (whose age is below 5 years) on Preventing Respiratory Infections and Diarrhoeal Diseases among children with topics like, seasonal influenza, pneumonia, measles, causes and prevention of diarrhoeal disease, the importance of ORS & Zinc and Handwashing technique. The session was conducted by Resident Doctors (**Dr. Asha Solanki**, **Dr. Sahil Solanki** & **Dr. Disha Geriya**) at Anganwadi center, Saijpur under the supervision of **Dr. Donald Christian** (Associate Professor) and **Dr. Rujul Shukla** (Assistant Professor). Around 35 mothers attended the sessions as well as we also distributed pamphlets related to the topic.



## Health Awareness Session for Children

**Health promotional activity** was held among children of Butakiya primary School at RHTC, Dabhoda on 20 January'20. The activity was comprised of interactive session regarding various behavioral pattern related to various components of healthy lifestyle like Nutrition, Physical activity, Personal hygiene.

The activity was carried out by **Dr. Mansi Patel** and Resident Doctors with the support of all MSWs of the Community Medicine Department.



## Department of Anaesthesiology

Department of Anaesthesia conducted **Basic Cardiopulmonary Life Support (BCLS) CME / workshop** on 25th Jan 2020 accredited with IRC and ISA. Lectures, informative sessions, and hands-on training were given under the guidance of **Dr. Rashesh Diwan** and **Dr. Heena Chhanwal**, All the trainees were assessed at the end of the workshop and provided IRC/ISA registered certificates.



### Talk on Pain Relief for Breast Carcinoma

**Dr. Heena Chhanwal** (HOD, Anaesthesia) delivered a talk on "USG guided PEC1 and PEC 2 block" (Pain relief for breast carcinoma patients) at the National ISSPCON pain conference on 7 February'20 at Ahmedabad.



## Department of Biochemistry

**Dr. Ramesh Pradhan** conducted a medical quiz during the Annual National Conference for Association for Medical Updates (AMUCON) held at Gitanjali Medical college, Udaipur on 15 & 16 February'20. At the conference, Dr. Ramesh Pradhan and **Dr. Rosy Lekharu** also chaired sessions on 'Liquid biopsy and its applications in cancer' and 'Diagnostic advancements in clinical immunology' respectively.

The department participated in the 'sickle cell disease' CME held at Zydus Medical College, Dahod on 20 February'20. **Dr. Rosy Lekharu** chaired a session on "sickle cell disease – today and tomorrow" while **Dr. Ramesh Pradhan** chaired "applications of Sanger sequencing and next-generation sequencing in diagnosis". **Dr. Sudam Kate**, Padmashri awardee for his work on Sickle cell disease among tribal people of Maharashtra was the keynote speaker. **Dr. Prashant Jadav & Dr. Shubhangi Rathod** also attended the hands-on sickle cell diagnosis workshop.

The department also participated in the "Laboratory medicine – Portico to patient care" CME held at GMERS MC, Himmatnagar on 22 February'20. **Dr. Rosy Lekharu** served as a judge in the award paper presentation. **Dr. Shubhangi Rathod** had an oral presentation on "comparison of case-based learning vs didactic lecture". **Dr. Ramesh Pradhan** was felicitated for his contribution towards the subject through the annual Gujarat state Biochemistry quiz that he conducts.

**Dr. Rosy Lekharu, Dr. Prashant Jadav, Dr. Utsav Parmar, Dr. Khushbu Soni and Dr. Subhangi Rathod** from Biochemistry along with **Dr. Anupama Dayal & Dr. Sneha Babaria** from Pathology, successfully completed the hands-on training on stem cell isolation and characterization conducted by ICMR at Gujarat University.



## Department of Ophthalmology

Second year Resident Doctors of Ophthalmology Department, GCSMCH presented Papers and Posters at **AIOC 2020** held at Gurugram on 13-16 February'20.



Dr. Aarti Popat

Dr. Khushi Shah

Presentation	Title	Author / Co-authors
Paper	Evaluation of reasons of glaucoma treatment dropouts in a tertiary healthcare centre	Dr. Khushi Shah (R2) Dr. Bharat Ghodadra Dr. Hemaxi Desai Dr. Surohi Shah
Paper	Diurnal variation of intraocular pressure in primary angle closure disease patients under treatment	Dr. Aarti Popat (R2) Dr. Bharat Ghodadra Dr. Hemaxi Desai Dr. Surohi Shah
Poster	Two cases of Nevus of Ota with different presentations : case reports	Dr. Khushi Shah (R2) Dr. Bharat Ghodadra Dr. Hemaxi Desai Dr. Surohi Shah
Poster	A rare case of congenital ptosis with external ophthalmoplegia : A case report	Dr. Aarti Popat (R2) Dr. Bharat Ghodadra Dr. Hemaxi Desai Dr. Surohi Shah



4th consecutive MRCPCH-UK Exam at GCSMCH

We are privileged to have the **4th consecutive MRCPCH - UK Exam** at GCSMCH from 17-19 January'20. **Dr. Arvind Shah, Dr. Ramesh Shah, Dr. Vasantha** & many examiners from UK, Singapore, Sudan, etc conducted the exam of 48 candidates (12 each in 4 sessions) from all over India & abroad. Dr. Kirti M Patel (Director), Dr. Yogendra Modi (Dean), Dr. Raju Shah, Dr. Bharat Ghodadra, & Team GCSMCH - Department of Paediatrics Faculties & Resident Doctors, College Faculties, Nursing, Facility, IT, Accounts, HR, hosted the prestigious exam at GCSMCH & RC.

# Department of Obstetrics and Gynaecology

Dr. Haresh Doshi was invited as a faculty at YUVA FOGSI 2020 held on 3-5 January '20 at Gandhinagar.



Dr. Haresh Doshi delivering oration on "Sharpening Obstetric skills"



Dr. Haresh Doshi received Gujarat Gynaecology Excellency Award along with Dr. Harshad Ladola

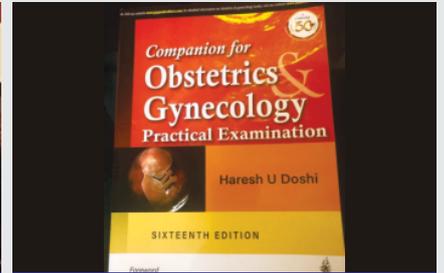
Dr. Haresh Doshi was invited as a faculty at FOGSI AICOG (All India Congress of Obstetrics and Gynaecology) 2020 - National Conference held on 29-31 January '20 at Lucknow.



Dr. Haresh Doshi Delivered Key note address on "Breech delivery - Revive the Art"



Dr. Haresh Doshi received memento & Trophy for completing one year of Vice Presidency of FOGSI

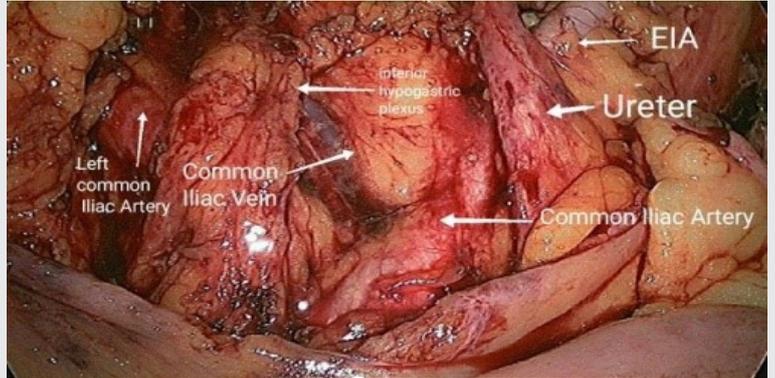


Companion for Obstetrics and Gynaecology (16th edition) was launched at AICOG Lucknow

## Complex Surgeries



Torsion of ovary operated by 2nd year Resident Doctor Dr. Nitin Patel



Laparoscopy radical hysterectomy done for Endometrioid carcinoma by Dr. Divyesh Panchal in 70 years old patient

Department of Obstetrics and Gynaecology participated in PG FORCE program at N.H.L. Municipal Medical College on 15-16 February '20.



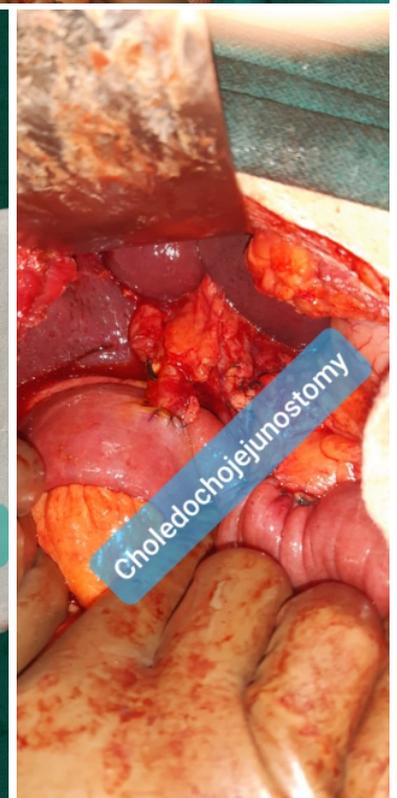
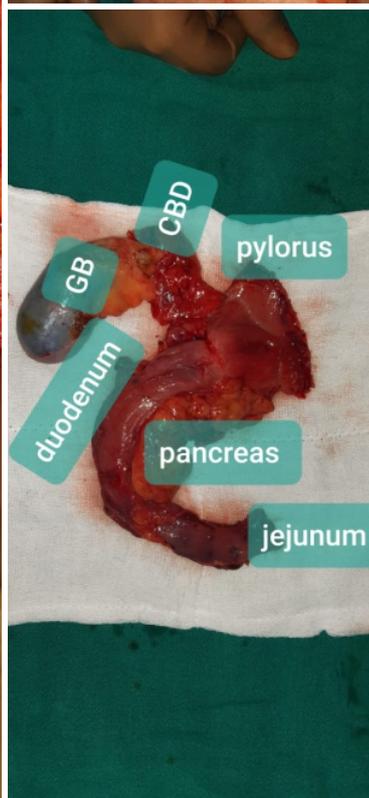
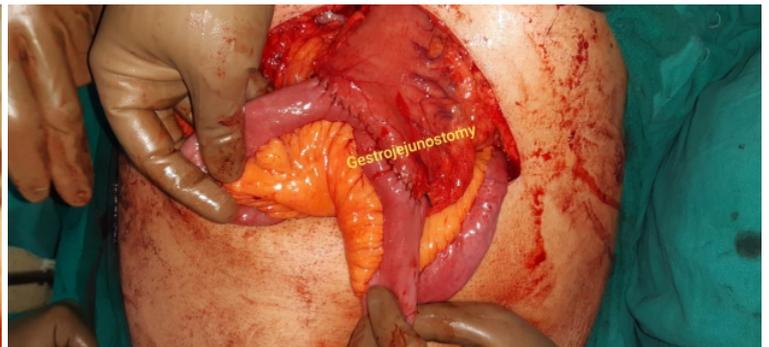
## Surgical Case



A 60-Year-old male patient presented to general surgery OPD with major complaints of abdominal discomfort and occasional vomiting. After investigation on CECT abdominal scan suggestive of mass involving pylorus of stomach and duodenum. UGI scopy guided biopsy confirmed it to be moderately differentiated adenocarcinoma.

So after preoperative assessment of the patient, distal gastrectomy with pancreaticoduodenectomy (**Whipple's Surgery**) was done by **Dr. M. V. Pipalia** and team. Pancreatico-jejunostomy, choledocho-jejunostomy, and gastrojejunostomy were done.

The patient started a liquid diet on the 4th post Operative day and soft diet on 8th post-Operative day and was discharged uneventfully.



## Training

Two nurses from Australia visited hospice at Community Oncology Centre (COC), during 24-31 January'20. (APLI) Australia Palliative link International supports the posting of these nurses in India under project "Hamrahi". They trained our nurses for various nursing care of hospice patients.

Approx. 40 B.Sc. nursing students from GINERA were posted at hospice for duration of 6 day in various time slots from 10 February to 10 March'20 for training on cancer, screening & palliative & hospice care.



## Services

Recreation activities for hospice patients:

- **Laughter Yoga session** was conducted on 8th January by Archana Rao from Bengaluru. Hospice patients, care givers & staff total 55 participants joined the session.
- **Musical Evening** was arranged on 27 January'20 by Mr. Ashish to entertain hospice patients.

## Events



### Musical Evening

Fund-raising musical evening - "Tere Sur Aur Mere Geet" was organized on 4 January'20. Around 350 Guests, hospice patients, & their relatives enjoyed this melodious program performed by "Radhe Vrund".



### Patang Mahotsav

100 Cancer survivor children celebrated Kite festival at COC on 11 January'20.



### World Cancer Day - Drawing Competition

200 students from various schools & nursing colleges took part in the Drawing Competition & Poster competition held on 10th February'20 at COC on the topic of 'I Am & I Will'.

Dr Anjana Chauhan, Jayesh Rathod, Bankim Desai and Parth Desai remained present as judges of the Competition

## Staff Achievements

**Dr. Geeta Joshi** was felicitated by Sadvichar Parivar & Laughing Club for her services to society as medical professional on 15 March'20.



## Congratulations to Employees of the Month

			
<p>November - 2019  <b>Ms. Sherin Christian</b>                  Staff Nurse</p>	<p>December - 2019  <b>Mr. Rushi Patel</b>                  Chief Photographer &amp; Publicity</p>	<p>January - 2020  <b>Mr. Dasrathbhai K. Patel</b>                  Head Clerk</p>	<p>February - 2020  <b>Mrs. Kiranben Kharadi</b>                  Matron</p>

## World Cancer Day Celebration by Department of Community Medicine

The Gujarat Cancer & Research Institute, Ahmedabad had celebrated the World Cancer Day on 4 February'20 in a grand way by gathering 100+ cancer survivors. The theme of the World Cancer Day for three years (2019-21) has been declared as **"We can, I can"** by Union for International Cancer Control (UICC). On World Cancer Day, GCRI has organized a community gathering of 100+ cancer survivor patients, who have more than 5-year disease free status at Asmita Bhavan Hall, Civil Hospital Campus, Ahmedabad. We have called Dr. Jyanti S. Ravi, Principal Secretary, Health & Family welfare department as the chief guest for this occasion. All the patients were facilitated by GCRI dignities and were given a Shawl as a memento. More than 20 cancer patients have delivered a speech sharing their own experience about defeating cancer. At the end of the programme, all cancer patients were given a helium balloon, which they have blown together, spreading a loud and clear message about cancer victory.



## CMEs

**Dr. Manali Shah (Physiotherapy Department)** Conducted CME on Lymphedema Management & Lymphedema Awareness Activity on the occasion of World Lymphedema Day on 6 March'20.



## Employee Achievements

**Ms. Ashi Thobios** (Molecular Oncology Laboratory) won Best Poster Presentation Award and **Ms. Kruti A. Mehta** (Molecular Oncology Lab-4) won Dr. B. Nagarajan Memorial Lecture Award for Oral presentation at 8th Translational Cancer Research Conference on "Role of Inflammation and Immune System for Cancer Prevention and Treatment (TCR 2020) held on 13-16 February'20 at Banaras Hindu University, Varanasi.



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Doctors

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ICU & Critical Care

**12**  
Modular OT

**950+**  
Patient Bed

**1500+**  
Daily Outpatients

**1**  
Cathlab



## Clinical Services

- Medicine
- Surgery
- Paediatrics
- Anaesthesia
- Orthopaedics
- Gynaecology & Obstetrics
- Dermatology & Skin
- Dentistry
- Ophthalmology
- Psychiatry
- TB & Respiratory Disease
- ENT

## Super Specialty Services

- G.I. Surgery
- Cardiology
- Vascular Surgery
- Nephrology
- Urology
- Neurology
- Neuro Surgery
- Oncology
- Onco Surgery
- Joint Replacement
- Spine Surgery
- Rheumatology
- Pain Management
- Gastroenterology
- Paediatric Surgery
- Pulmonology
- Endocrinology & Diabetology
- Plastic & Cosmetic Surgery
- Endoscopy
- Cardiology & Cardiothoracic Surgery

## 24 Hours Services

- Radiology
- Casualty & Emergency
- Pharmacy
- Cathlab
- Pathology
- Ambulance (ICU-on-Wheel)
- Blood Bank

## Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

GCS Hospital is empanelled with Government Health Schemes like Ayushman Bharat, MA Yojana & all leading Insurance / TPA Companies.



## GCS Medical College, Hospital & Research Centre

Opp. D.R.M. Office, Nr. Chamunda Bridge, Naroda Road, Ahmedabad - 380025

