

GCSMCH News Letter

Issue: 34

January-March 2021

GCS MEDICAL COLLEGE, HOSPITAL & RESEARCH CENTRE



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From CEO's Desk



Col Dr. Sunilkumar Rao

It is a proud moment for me to be associated with the Gujarat Cancer Society (GCS) which has a legacy of 60 years in Cancer Care and Charity Endeavours. I feel privileged to lead an exceptional team of The Gujarat Cancer & Research Institute, GCS Medical College, Hospital &

Research Centre and Community Oncology Centre which passionately provides the very best care for our patients and the community at large.

The last year, we've seen unprecedented new challenges and pressures placed on both our private as well as professional lives. At GCSMCH&RC, the health and safety of our medical and non-medical teams, patients, and the communities in which we operate is our top priority. We've had to grow our mental resilience to stay focussed and optimistic while continuing to move forward – as individuals, as family, and as an organization.

It gives us immense pride and a sense of commitment towards all the patients who place their trust in GCS Hospital. For a hospital with over 10 years of successful history, I believe that we must set benchmarks for others to follow and thereby continue to put forward the best possible medical care at affordable cost and fulfil our patient's satisfaction. Our vision is to provide Quality Healthcare to Patients, adhering to scientific and ethical standards, and be a teaching Hospital of distinction; setting the highest standards in Patient Care, Medical Education, Training, and Research. Let us commit ourselves to strive for enhanced patient care, achieve self-sustenance and growth by focusing on our Centres of Excellence. With patient safety and quality of care as our focus, it is going to be a blend of participative teamwork and the development of processes and systems which would ensure a smooth sail in the coming times. With a synergistic effort of our team, I'm sure that we're going to get through this, together & stronger.

Dr. Sunilkumar Rao
CEO - Gujarat Cancer Society

From Chief Editor's Desk



Ms. Neha Lal

Time is rushing, it feels like yesterday when we were celebrating the onset of the New Year and 3 months had already passed for the year of 2021. It is truly a year for new hope and opportunities as we have started the vaccination drive across the country, and we as healthcare

workers received our doses of the vaccine to shield us against COVID-19.

We need to constantly remind ourselves that, we have been fighting against the virus throughout last year, the fight isn't over as we need to continue taking the precautions & take care of our health as the cases are rising again.

Last year, around this time of the year our nation witnessed a complete lockdown as we all dealt with the sudden outbreak of the virus. In March'21, we celebrated Women's Day as the first major event in the hospital after a long and uneventful 2020. The celebration also denoted that gradually we had been healing from the impacts left by the global pandemic last year.

This year, we also welcomed **Col Dr. Sunil Kumar Rao** as the CEO of GCS, and we convey our kind regards for his association with us and look forward to flourishing under his guidance and leadership.

Finally, as we enter the second quarter of this year, we look forward to fight and win the battle against COVID-19 and sail through this challenging time. We will plan to introduce new reforms and strategies to make this year more productive along with keeping our people engaged and mentally healthy trying to create a "Better Workplace". Collectively our efforts will help chart the course of GCSMCH in the years to come and accelerate its inspiring journey.

If you have any ideas, suggestions or feedback, we can't wait to hear it! Happy Reading!

Ms. Neha Lal
Sr. GM - Operations & HR

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Shri Prashant Kinarivala receives Global Visionary Award

Shri Prashant Kinarivala, Hon. General Secretary - GCS was awarded **Global Visionary Award** by vision world Academy. Shri Prashant Kinarivala is actively associated with Gujarat Cancer Society from the last 35 years. He is gracing the positions of Honorary General and trustee of GCS by donating generously as and when needed.



Though thoroughly involved with GCS, Shri Prashant Kinarivala graces key positions in various other religious and social organizations. He has been honoured with many prestigious awards for his outstanding social services including "Life time Achievement Award" for Dedication & commitment to the cause of Cancer Control in Gujarat.

Ms. Akshada Eshvar, Final Year MBBS Student sweeps 8 Gold Medals at GU

For the second consecutive year our GCSMC student, **Ms. Akshada Eshvar** of Final MBBS has secured **8 Gold Medals** in Gujarat University Convocation. Amongst all the seven Medical Colleges of Gujarat University, she secured **1st Rank**. Six medals were awarded for overall highest marks & highest marks amongst female candidates. She was awarded two medals for securing the highest marks in OBGY & General Surgery respectively amongst female candidates.



Ms. Neha Lal receives the award - Hospital Administrator of the Year

Ms. Neha Lal, Sr. GM - Operations & HR was awarded as a "**Hospital Administrator Of The Year**" at **Women Leadership Awards** organized by Praxis Media Pvt. Ltd. This award is given to stellar women who epitomize strength, foresight and who have harnessed the spirit of professionalism, entrepreneurship, innovation & excellence to provide tangible, path-breaking results in their respective sectors and verticals. Ms. Neha Lal was awarded for her phenomenal contribution in operational excellence in healthcare sector.



GCS COVID-19 Vaccination Center

The COVID-19 vaccination drive was started at GCS Hospital from 16 Jan'21, as part of India Vaccination drive. GCS Hospital was the only hospital to have highest 5 testing centres for COVID-19. The health workers and frontline workers were vaccinated in 1st phase. Vaccination for Senior citizens above 60 years and above 45 years with comorbidity started from 1 March'21.

Health care workers vaccinated: for first dose (Including IMA Doctors)	1560
Health care workers second dose	507
Senior citizens	349
Above 45 years with comorbidity	116
Front line workers	274



NMC Visit

Full-Time Member of National Medical Commission (UG Board) visited GCS Medical College along with **Dr. Vijayendra Kumar & Dr. C. B. Tripathi**, Dean, Zydus Medical College & Hospital, Dahod and appreciated GCS Medical College & Hospital's services, Infrastructure and education system.



GCS Hospital re-designated as COVID-19 Hospital

After treating more than 6000 COVID Patients in 1st wave of COVID-19, GCS Hospital has been re-designated for treating COVID patients under AMC Referral beds (160) as well as Private beds (160) to accommodate the increasing numbers of COVID cases. GCS Hospital has designated 5th, 7th and 9th Floor for treating COVID Patients. GCS Hospital is at the frontline in the fight against COVID-19 by providing vaccination, testing and treatment under one roof. All Non-COVID Services will remain fully operational.

Women's Day Celebration

On 8th Mar'21, International Women's Day was celebrated at GCS Hospital under the theme '**I choose to Challenge**' where more than 200 Female Employees gathered to celebrate Womanhood and to cherish a day by honouring each other's achievements. In context with the theme of "**One Woman Many Roles**", 19 women employees were rewarded for their exemplary work and excelling in their duties. The women champions were awarded by Chief Guest - **Dr. Asha Shah**; Guest of Honour - **Dr. Heena Chhanwal**; **Col Dr. Sunil Kumar Rao**, CEO; **Dr. Yogendra Modi**, Dean; **Dr. Bharat Ghodadara**, Medical Superintendent and **Ms. Neha Lal**, Sr. GM.

Singing performances by **Dr. Prarthana Kharod Patel** and **Dr. Sheena Sivanandan** as well as dance performance by the Pharmacy Department were organized for entertainment of all the ladies. Best Dress Competition - "GCS DIVA" was organized where all the lovely ladies clicked pictures in the photo booth and the best were awarded. Besides this, many fun games, Short Film, Pledge Wall, and performances added a lot more enthusiasm to the day. The event ended by writing quotes on the pledge wall for marking the day.

GCS Woman Champion Award Winners

- Dr. Heena Chhanwal (HOD & Professor-Anaesthesia)
- Dr. Asha Shah (Professor-Medicine)
- Dr. Jigna Padhiyar (Assistant Professor – Dermatology)
- Dr. Rimpi Rajrana (Resident – Medicine)
- Dr. Himani Yadav (Resident- Obstetrics & Gynaecology)
- Dr. Hetul Patel (Resident – Pharmacology)
- Ms. Mamta Gudeshar (Dietician)
- Ms. Dimple Kharadi (Nursing)
- Ms. Kinal Amaliyar (Nursing)
- Ms. Twinkle Macwan (Nursing)
- Ms. Anita Darji (Nursing)
- Ms. Shraddha Belani (Pharmacy)
- Ms. Neesha Gyanani (Purchase)
- Ms. Monika Patel (Front Office)
- Ms. Daksha Macwan (Front Office)
- Ms. Seema Varma (Security)
- Ms. Chanda Kanojiya (Security)
- Ms. Jaimini Solanki (Housekeeping)
- Ms. Sanju Prajapati (Housekeeping)



Ms. Rachana Jani – Winner GCS Diva



Ms. Manisha Kalmekh - 1st Runner Up GCS Diva



Ms. Vidhi Limje – 2nd Runner Up GCS Diva

A Session on Women & Fitness: An Attention to Self-care

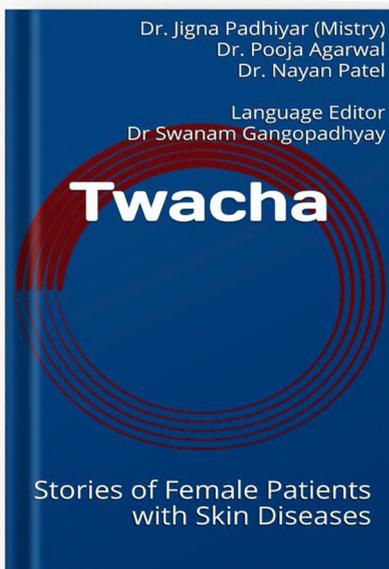
GCSMCH & RC promotes feminism, women's prominence and the needs of women in professional and personal lives. In context with the same, the session for "Women & Fitness- An Attention to self-care" was conducted on 30 Jan'21 and **Ms. Ruju Desai**, a certified fitness expert and a nutritionist joined us for the same. Ms. Neha Lal was the moderator for this event, and she is the one who initiated this platform of GCS Womaniya to discuss and elevate the women of the new generation.

Ms. Ruju gave all the females an insight on what is good for the body and what is merely a marketing gimmick. She put major emphasis on the fact that women must support and elevate other women, and that could be a major motivation for staying fit and working out. Apart from that, she gave easy tips on exercising for working women. Self care and self love is something that gets everyone going in the journey to stay happy and fit. Doing body weight exercises, practising yoga are some of the easy and machineless exercises she recommended. Not only that, she advised all women to work out while they are working in the kitchen by using household things. Simple things like climbing stairs can also be a good exercise. In the session she strictly advised all the females not to fall for diet food and drinks or protein powders and simply have a nutritious and balanced diet.



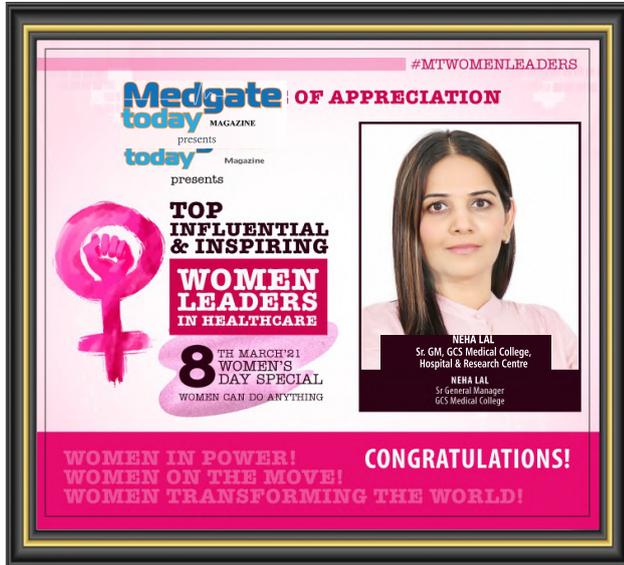
"Twacha" book written by Dr.Jigna Padhiyar of GCS Hospital

As this group is all about encouraging women to excel and pushing forward to be their best to continue and support ideology Dr. Jigna Padhiyar was also felicitated in this session for her books "**TWACHA**" that she has wrote in coordination with other authors specifically for females who have had skin issues and it makes it an even proud moment as she got inspired to write this book after the birth of her daughter.



Ms. Neha Lal featured as Women Leaders in Healthcare

Ms. Neha Lal (Sr. GM - Operations & HR) was featured in the Medgate's list of "Top Influential and Inspiring Women Leaders in Healthcare".



Empowering women as an Empowered woman leader

Ms. Neha Lal was featured in the Voice of Healthcare article as an empowering woman and leader stating her ideologies, her journey and her strong career in the healthcare industry. Ms. Neha Lal has been juggling a high profile corporate career with a multi-faceted homestead to inspire a new generation of women leaders to aspire and achieve more. She credits her milestones to her zeal and an endless quest for betterment. To learn more about her inspirational story visit www.bit.ly/VOHNehaLal

Breast Cancer Screening Camp

An exclusive Breast Cancer Screening Camp was conducted for female patients at GCSMC on 28 Jan'21 in collaboration with Niramai for radiation-free, non-touch and not painful Breast-Cancer screening. More than 30 Women Employees participated in the camp.

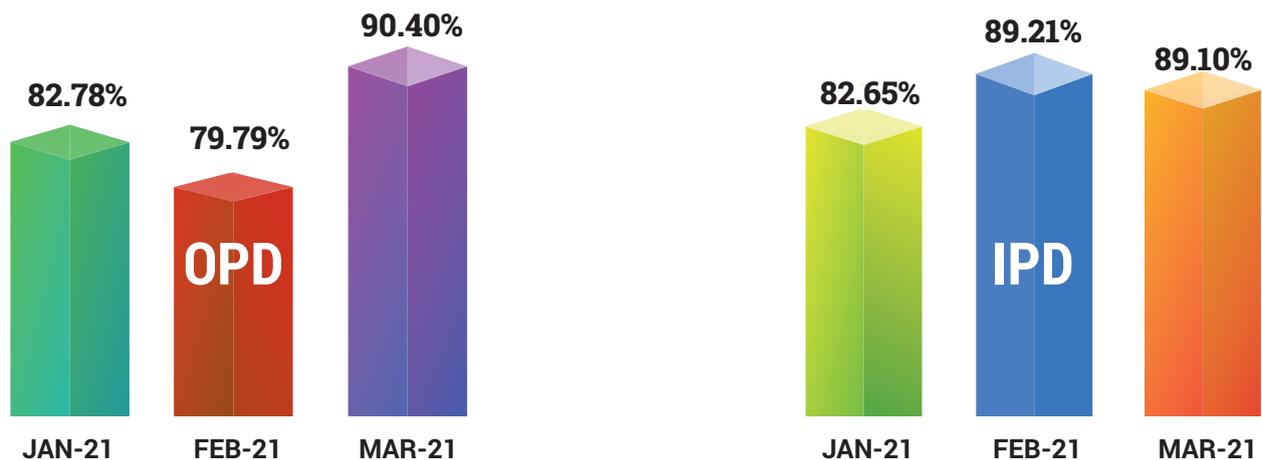


Ms. Neha Lal speaker at the Rainbow Centre IMNU

Ms. Neha Lal was invited as an expert speaker at the RAINBOW Centre for Women Career Counselling and Guidance at Institute of Management - Nirma University on 8 Mar'21. She spoke on "Gender mainstreaming & Women Empowerment".



PATIENT SATISFACTION RATIO (IN %)



Welcome New Joiners

CEO

Col Dr. Sunilkumar Rao

Quality

Dr. Alpana Gour Adhya

Surgery-C

Dr. Naman K. Patel

Psychiatry-C

Dr. Aalapi Prajapati

Otorhinolaryngology-C

Dr. Shalu Gupta

Nephrology / Dialysis

Mr. Jignesh Parmar

Paediatrics-C

Dr. Halak Chauhan

Anaesthesia-C

Dr. Sonali Prajapati

Laboratory

Mr. Ankitkumar Solanki

Cardiology

Ms. Urviben Prajapati

Ms. Urvashiben Patel

Ms. Akta Patel

Ms. Shilpa Christian

Medical & Admin - H

Dr. Vasantkumar Patni

Dr. Trupti Patel

Dr. Shifa Mansuri

Dr. Mayuri Tabiyar

Dr. Utsav Trikamani

Dr. Karanraj Jehal

Emergency Medicine

Dr. Hiren Ratanpara

Dr. Abhishek Borisagar

Dr. Chiragkumar Thummar

Dr. Grishmaben Modi

Engineering Services

Mr. Pareshkumar Joshi

Mr. Manishkumar Parmar

Mr. Akash Patel

Nursing

Ms. Sonibai Rathod

Ms. Twinkle Hadiyel

Ms. Jignashaben Vankar

Ms. Kinjal Christian

Ms. Krinalben Parmar

Ms. Ektaben Nayee

Ms. Hiral Patel

Ms. Kaminiben Priyadarshi

Ms. Kavtaben Zala

Mr. Ravindrakumar Ghasi

Ms. Reema Panchal

Ms. Fenil Patel

Ms. Meghaben Patel

Ms. Sangita Parmar

Ms. Sharon Christian

Ms. Siddhi Thakkar

Ms. Umakumari Chauhan

Ms. Chandrika Damor

Ms. Rajani Parmar

Ms. Payal Parmar

Ms. Anchalben Menat

Mr. Chandramohan Singh

Ms. Forum Amin

Ms. Nisha Patel

Ms. Darshna Tirgar

Ms. Devanshi Patel

Mr. Mayur Rathod

Ms. Palak Gohel

Ms. Parul Vyas

Ms. Priyankakumari Bhuriya

Ms. Ruchi Patel

Ms. Sejal Solanki

Ms. Zalak Saldiya

Ms. Jalpa Halavadiya

Ms. Pallavi Gohel

Ms. Vaishali Baraiya

Ms. Christina Parmar

Ms. Sujata Shah

Ms. Jyotika Vankar

Ms. Namrata Makwana

Mr. Hardik Shah

Front Office

Mr. Ramesh Khadse

Ms. Dhara Joshi

Dr. Dharmistha Zala

Your Suggestions

Certain vehicles in the parking lot are kept unattended for a long time Which is why other regular employees cannot get space for parking.

The HR department must operate until 6 pm to be available to employees working in various shifts.

Our Actions

The facility department has posted a notice in the hostel for students to move their vehicles.

The HR roster has been prepared for rotational duties and HR is now operational from 9 am to 6 pm.

Educational Achievement

Mr. Prerak Prajapati, (Sr. Executive - Stores) has successfully completed the Post Graduation Diploma in Logistic and Supply Chain Management from B. K. School of Business management in 2021 with a First Class .



Mr. Prerak Prajapati

Dr. Donald S. Christian, Asso. Professor, Dept. of Community Medicine has completed the Basic Course in Biomedical Research conducted by the ICMR and the NIE (Mar-Jun'20) with 96%.



Dr. Donald S. Christian



Staff Appreciation

We appreciate the efforts of following GCSians for their exceptional contribution for providing extraordinary patient care services.

Dr. Tanay Shah
Oncosurgery

Dr. Aditya Joshipura
Onco-surgery

Ms. Kinnari Pandya
Nursing

Ms. Anita Darji
Nursing

Dr. Pramod menon
Plastic Surgery

Dr. Shashank Desai
Surgery

Dr. Rahul Vaidya
Surgery

Dr. Mayuri Tabiyar
Clinical Assistant

Dr. Brijesh Parmar
Surgery

Ms. Nilam Shah
Nursing

Ms. Rinku Parmar
Health Check-up

Dr. Shifa Mansuri
Clinical Assistant

Mr. Rakesh Prajapati
Operations

Mr. Ankit Rajavat
PRO

Ms. Gita Solanki
Billing

Dr. Tirth Patel
Surgery

Ms. Stuti Christian
Nursing

Ms. Venisha Christian
Nursing

Dr. Asha Shah
Medicine

Joy of Giving Charity Drive

We had planned to contribute a little to the ones in need from whatever we have by conducting the Joy of Giving charity drive during Christmas 2020. GCSians contributed in this noble work by donating items like clothes, footwear, bags, toys, stationery etc. More than 1000 items were collected, which were distributed among the poor and needy people residing near Asarwa Railway Station and at Bagodara Manav Seva Ashram.



Monday Motivation

To start the week on an energizing note, the HR Department shares a motivational story every Monday to keep up the motivation for the upcoming week. Various inspirational stories related to virtues that the management wants to inculcate in the work culture are shared with the entire staff.

Monday
MOTIVATION



THANK YOU DONORS

We are humbled by the generosity of our donors and supporters about assisting the GCS Hospital in this challenging time. With your donation and support, together we can make differences in the lives of lacs of patients every year.

Donor	Donation
Ahmedabad Municipal Corporation, Ahmedabad	Covid Antigen Test
D.C. Engineering Industries, Ahmedabad.	Aagle Rack - Metal
Bosch Rexroth (India) Private Limited, Ahmedabad	Disposable Face Mask
Reliance Life Science Pvt. Ltd.	PPE Kits
Reliance Life Science Pvt. Ltd.	N95 Mask
Bosch Rexroth (India) Private Limited, Ahmedabad	Disposable Face Mask
Mahavir Corporation, Ahmedabad	Office Table Side Drawer-Hight 27" -Width 15"
Dr. Baldev S. Prajapati	Single Surface Phototherapy Light
Dr. Baldev S. Prajapati	Double Surface Phototherapy Light
Dr. Baldev S. Prajapati	Baby Cradle
Dr. Baldev S. Prajapati	Ventilator - Neonatal
Dr. Baldev S. Prajapati	Baby Incubator
Dr. Baldev S. Prajapati	Ambu Bag for Infant with Mask
Inductotherm Group CSR Foundation	Rs.1,03,13,530/-
NayanabenYogeshbhai Shah	Wheel Chair
Lt. Sushilaben J. Rajput	Wheel Chair
Dr. K.N. Sonaliya	Printer - Single Function

PHARMACOVIGILANCE

Spontaneous reporting of ADRs is back bone of safe medicine.

Following Important ADRS were reported recently to Pharmacovigilance Committee of GCSMC.

Compilation: Dr. R. K. Dikshit, Dr. Nayan Patel

S. N.	Causal Medicine	Indication for Use	Adverse Reaction (Reporting Department)
1	Metronidazole	Post-op LSCS	Wheals over limbs, trunk and swelling over lips (Recovery Room)
2	Metronidazole	Post-op Emergency LSCS	Itching over face (Recovery Room)
3	Etiposide	CA-Testis	Chills (Oncology)
4	Hyoscyamine	Cystitis with Ac Kidney inf	Itching all over body (Medicine)
5	Telmisartan+ Amlodipine	Ac CV Stroke	Generalized urticaria, angioneurotic edema over lips, tongue swelling, breathlessness (Medicine)
6	Amoxicillin + K-Clavulanate	Pilonidal Sinus	Redness, Itching and swelling of eyelid and lips (Surgery)
7	Docetaxel	CA-Breast	Difficulty in breathing (Oncology)
8	Lignocaine + Adrenaline	Pre-op Nodular goitre	Impaired consciousness (ENT)
9	Docetaxel (Rechallenge)	CA-Breast	Difficulty in breathing, chest pain (Oncology)
10	Levofloxacin	Rt Vesicoureteric Junction Calculus	Swelling, redness at injection site (Surgery)

To report an ADR please contact Dr. Vipul Chaudhari (9825444336), Dr. Sumit Patel (9824223626) or Ext. 8499 (Department of Pharmacology). We remain thankful to all the reporting departments for their kind cooperation.

Obstetrics & Gynecology

A total of **1420 deliveries** (4/day) were performed by Obstetrics & Gynecology Department during Jan-March'21 with **893 (63%)** normal deliveries, **527 (37%)** LSCS & **42 (3%)** deliveries were conducted on COVID positive mothers.

Dr. Haresh Doshi

Professor & HOD - OBGYN



- On 5 Jan'21, **OG Quest**, a PG case discussion on multiple pregnancy was held. A Revision course for Obstetrics & Gynecology was conducted. 550 PGs from all over India attended the same.
- Dr. Doshi moderated panel discussion on "Use of Blood & blood products in obstetrics" during '**O to S' Obstetric Master class** conducted on 13 Jan'21. More than 3500 delegates from all over India logged in.
- Successful **tuboplasty** done by Dr. Doshi with Dr. Ameet Shah in previous 3 cesarean section case by operative microscope, referred from private gynecologist.
- Dr. Doshi contributed as a Panelist at ICOG National virtual conference on "**Vaccines in pregnancy**" held on 6 Feb'21.
- AOGS PG FORCE case discussion on **Anemia** with PGs Dr. Himani, Dr. Nitin Gambhava, Dr. Ashka Joshi, Dr. Saksha Dholakiya and Dr. Haresh Doshi was one of the examiners.
- Dr. Doshi conducted **Cesarean** section on **126 kg patient** Urmilaben a/b Dr. Ameet Shah, Dr. Maulesh Modi & Dr. Ashka Joshi. A negative, previous CS & hypertensive patient. Both mother & baby is fine.
- Dr. Doshi delivered a talk on **Zoom Preterm labour - Prevention & Prediction in Lawshya capacity building project of UNICEF with FOGSI** on 4 Mar'21.
- Dr. Doshi delivered a Live Lecture & discussion on Instagram on **PCOS** on 10 Mar'21.
- Dr. Doshi wrote a chapter on Anemia in pregnancy in the book "**Obstetrics algorithms in clinical practice**" by Alok Sharma - Jaypee Publishers First Edition.
- Dr. Doshi contributed as a faculty in PG academic program by Calicut Obstetric Gynecology society on 27 Mar'21 for **Case on Gestational Diabetes in pregnancy**.
- Dr. Doshi contributed as a Panelist in FOGSI Vice Presidents' for Webinar on "**Perimenopause**" on 30 Mar'21.

Anesthesia

Dr. Heena Chhanwal, Prof. & HOD Anaesthesia contributed as Chairperson at ISACON AP (Andhra Pradesh) 2021, virtual conference held on 13-14 Feb'21.



BCLS CME / Workshop

Basic Cardiopulmonary life support (BCLS), CME / workshop was conducted at GCSMC on 20 Feb'21 & 27 Feb'21 with Accreditation from IRC & ISA. GCS Medical College is a comprehensive resuscitation training Center accredited by Indian Resuscitation Council in Association with Indian Society Of Anesthesiology.



Pediatrics

Dr. Prarthana Kharod Patel (Associate Professor, Pediatrics) contributed as a panelist and shared her views on "**Micronutrients**" during the panel discussion at IYCF CME 2021 organized by Academy of Pediatrics, Gujarat on 21 Mar'21.



ACADEMICS

Nursing College

Mr. Jayesh Jain, Principal, Nursing College attended "Science Festival Unmesh" and participated in "One Minute Video Competition on Life Before, during and after COVID-19" at Dr. D. Y. Patil Vidyapeeth, Pune from 17-18 Mar'21.



Medicine

Dr. Asha Shah, Professor - Medicine was invited to eAPICON 2021 ICP CME as a speaker in the virtual national conference of Association of Physicians of India, on theme "Engaging Minds - Empowering Medicine" on 5 Mar'21.



Nursing Certificate Program (ICN)

GCS hospital has conducted a 3-months free-of-cost online certificate program in collaboration with Poly Medicure Ltd. The nurses participating in the training can be the second line for ICN, which can be helpful to the current staff in skill upgradation and job enrichment.



RESULTS

GCS School of Nursing

**GNM RESULT AT
GUJARAT NURSING COUNCIL**

GNM IST YEAR

GNM IIND YEAR



Congratulations

*What our
Patients
Say about us*

 **Dharmik Chauhan**
1 review
★★★★★ 3 weeks ago
BEST HOSPITAL IN AHMEDABAD , TOO CARING STAFF OF DOCTORS AND NURSES AND GOOD IN DECIPLINE AND RULES . 10 OUT OF 10 POINT FOR THIS HOSPITAL.

 **Suresh Tailor**
1 review
★★★★★ a month ago
Great experience with this hospital doctor nursing staff all of surgeon doctors team are very good i solved my herniya operation with this hospital very superly

 **Daksh Shah**
2 reviews
★★★★★ a month ago
Dr. Tanay Shah, I, Trupti M Shah, am grateful to you for taking up the treatment of my mother Taraben R Shah, when most of the doctors were suggesting that at the age of 83 she should not be operated. First of all thank you for the successful operation of my mother's uterus cancer. You had been a blessing in disguise and took care of my mother. You took hourly update and guided us on a daily basis. We got the best treatment at GCS because of you and your team. I highly recommend you and GCS for treatment of cancer patients.

Orthopedics

Case 1: A 28 year old female, known case of rheumatoid arthritis for 8 years, presenting with severe bilateral chronic knee pain with severe deformity and disability was operated for bilateral total knee Arthroplasty at an interval of one month. Excellent functional outcome, in terms of pain relief and deformity correction was achieved.



Case 2: A 16 year old female presenting with Post Traumatic Right Femoral Valgus deformity for one year was operated for corrective Osteotomy on 5th Mar21. Patient did well post surgery, and her deformity was corrected.



Dermatology

Department of Dermatology conducted a study on "Total serum IgE level in patients of dermatophytosis and its association with various clinical parameters". After approval by SRC and IEC, it is now published in the No 1 Dermatology journal of India. Acceptance rate for this journal is below 5%. The Journal is an official publication of the Indian association of dermatologist and indexed in PubMed and all major indexing databases.

Anesthesia

Some of the high risk and challenging super speciality cases which were managed by the anesthesia team in Feb 21.

Dr. Asmita Chaudhary (Professor)

Dr. Deepa Jadav (Asst. professor)

Dr. Meshwa Desai (Resident R3)

Dr. Kaushal Kalotra (Resident R2)

Dr. Nikhil Kacha (Resident R1)

The Team successfully managed certain neurosurgical cases like cerebral aneurismal clipping, micro vascular decompression of trigeminal neuralgia, excision of meningioma, glioma.

Anesthesia for neurosurgical procedures requires smooth induction and emergence. Particular attention should be paid to maintain adequate cerebral perfusion and maintain intracranial pressure, to avoid further progression of the existing cerebral insult.

In Gastro-surgery, the **Whipple's surgery** (i.e cardiac patient having 35% LVEF), hepatectomy, o-colooplasty, APR, triple stage esophagectomy were managed nicely.

Gastro surgical patients are nutritionally compromised and belong to geriatric category. So, it's a real challenge for an anesthesiologist. We have used invasive monitoring (central line, arterial line), **epidural catheter, Tetrolgy Of Fallot (TOF) monitoring, 12 lead ECG monitoring** with standard multipara monitoring to reduce perioperative complications.

Certain facial reconstructive surgeries and COMMANDO surgeries with very difficult airway (limited or nil mouth opening) were managed very well by Dr. Asmita Chaudhary and Dr. Deepa Jadav by using fiberoptic scope.

We are very thankful to all super-speciality surgeons for their constant co-operation and help.

MARKETING INITIATIVES

Camps

Outreach Camps

Date	Camp Area	Speciality	Beneficiaries
18 Feb 21	Arvind Mill, Naroda	Skin, Medicine & Orthopedic	135
20 Feb 21	COC, Vasna	Medicine, Surgery, Pediatric & Ortho	73
26 Feb 21	Naroda	Medicine, Surgery, Pediatric & Ortho	75
03 Mar 21	Krishnanagar	Medicine, Surgery & Ortho	155
10 Mar 21	Devdi	Psychiatry & Skin	45
15 Mar 21	Ambikanagar	Medicine, Surgery & Ortho	168

6 Free Medical Checkup camps were organized where 651 beneficiaries were screened.



Speciality Camps at GCS Hospital

Date	Speciality	Beneficiaries
27 Jan To 6 Feb 21	Ortho TKR-THR	37
1 to 10 Feb 21	Gastro & GI Surgery	98
15 to 20 Feb 21	Urology	74
24 to 27 Feb 21	Plastic Surgery	26
15 to 20 Mar 21	Onco Surgery	48

Five Speciality Camps were organized at GCS Hospital where 198 beneficiaries took benefit of Free Consultation & Investigations at discounted rates.

Video Awareness Series

Awareness Health Talk On Cancer & Chemotherapy with Dr. Kalpesh Prajapati (Consultant-Medical Oncology & Hematology)



www.facebook.com/gcsmc/videos/334630444267219

Breast Cancer (Symptoms, Diagnosis and Treatment) by Dr. Tanay Shah (Consultant- Surgical Oncology)



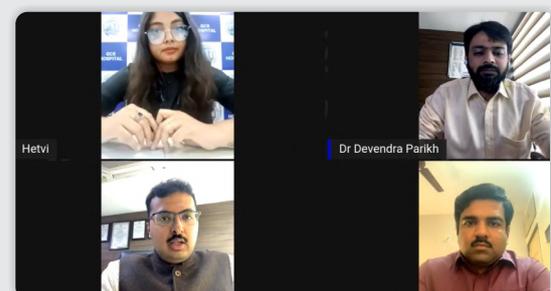
www.facebook.com/gcsmc/videos/659114821666542

Awareness Health Talk On World Kidney Day By Dr. Saurin Dalal (Consultant- Nephrology)



www.facebook.com/gcsmc/videos/343549046961093

Panel Discussion with Cancer Surgeons on World Cancer Day Dr. Tanay Shah, Dr. Devendra Parikh, Dr. Aditya Joshipura



www.facebook.com/gcsmc/videos/893631571388567

Awareness on Social Media

નિષ્ણાત ડોક્ટરોની ટીમ હૃદયને લગતી ઇમરજન્સી સમયે હરણ તમારી સાથે

24 ઇમરજન્સી
079 6604 8100

ઇન્ટરવેનશનલ કાર્ડિઓલોજીસ્ટ	કાર્ડિઓથોરાસિક અને વાસ્ક્યુલર સર્જિકલ
ડૉ. વિન વ્યાજપુર	ડૉ. તરુણ દવે
ડૉ. રૂપેશ સિંઘલ	ડૉ. જયેશ ધાવલ
ડૉ. ઝીશાન મનમસુરી	ડૉ. સુદેશ લાગીયા
	ડૉ. અનંબેશ ખેલેલ

OBESITY IS A HEALTHY RISK THAT COULD LEAD TO MORE SERIOUS HEALTH PROBLEMS.

FIGHT OBESITY BY SAYING NO TO:

- UN-HEALTHY FOOD HABITS
- PROCESSED FOOD
- STRESS
- LATE NIGHT SNACKS
- PHYSICAL INACTIVITY

માઇગ્રેનેથી કેન્સર સુધી

મગજ, હરોટરજનુ માણકાને લગતી તમામ સારવાર માટે નિષ્ણાત ન્યુરો-ક્રીમીયીયન અને સર્જનીની ટીમ

કોવિડ-19 માટે RT-PCR ટેસ્ટ

જી.સી.એસ હોસ્પિટલમાં ઉપલબ્ધ
ICMR નિયમ અને NABL અધિકૃત હેલ્થ

હાનગી કવોર ડેહન કોવિડ-19 દર્દીઓની સારવાર માટે અમદાવાદ પુનિસિપલ કોર્પોરેશન દ્વારા માન્ય.

રાહત દરે સારવાર

કોવિડ દર્દીઓ માટે અલગ વિંગ, પ્રવેશ અને સવિધાઓ

6000+ કોવિડ દર્દીઓની સફળ સારવાર
079 6604 8099

કોણ રસી મુલાકાત લેશે છે?

● 60 વર્ષ કે વધુ ઉંમરના લોકો
● જો કોઈ વર્ષ ઉંમરના લોકોને લેવાને ન હોય તો, કેન્સર, ડાયાબીટીસ, હૃદય રોગ, કો-ઈન્ફેક્શન, કોવિડ-19 જેવા અન્ય રોગોથી પીડાતા લોકો
● જો કોઈને કોવિડ-19 રોગના લક્ષણો હોય તો તેમણે રસી લેવાની જાણવું જોઈશે.

રજીસ્ટ્રેશન કેવી રીતે કરવું?

કો-વિન / આરોગ્ય સેન્ટર ખાતે અથવા ડિજિટલ રીતે અન્ય કોવિડ-19 સેન્ટર ખાતે કરી શકાય છે. સરકારી સેન્ટર ખાતે રજીસ્ટ્રેશન કરવા માટે સરકારી વેબસાઇટ પર જઈ રજીસ્ટ્રેશન કરી શકાય છે.

આર્થિક સહાયતા: આરસ કોઈ પણ વસ્તુ નથી.

આર્થિક : ₹250/- કોવિડ ટીકા (આરસ દ્વારા મળે છે)

WORLD KIDNEY DAY

શું તમને કિડનીનાં રોગનું જોખમ છે?

- શુગર અને લોહિયા રોગ હોય
- શુગર અને લોહિયા રોગ ન હોય પણ કુટુંબમાં કોઈને કિડનીની વધેલી છે
- શુગર અને લોહિયા રોગ ન હોય પણ કુટુંબમાં કોઈને કિડનીની વધેલી છે
- શુગર અને લોહિયા રોગ ન હોય પણ કુટુંબમાં કોઈને કિડનીની વધેલી છે
- શુગર અને લોહિયા રોગ ન હોય પણ કુટુંબમાં કોઈને કિડનીની વધેલી છે

જો આમાંથી કોઈ પણ વસ્તુ આપણને ધરાવે છે તો તમને કિડનીનાં રોગનું જોખમ મિલકતમાં સંભવની વધે છે.

ડૉ. કમલ મેહતાની, ડૉ. સીતલ દાસ, ડૉ. મહેન્દ્ર મુખાર્જી

કોલેક્ટર નંબર : 63124 59100

Bura na Mano COVID Hail

HEALTHY YOU A BETTER HAPPY & SAFE HOME

HAPPY REPUBLIC DAY

JAN 26

GCS Medical College, Hospital & Research Centre
Opp. D.M. Office, In. Charanabridge, Navroze Road, Gandhinagar, 380015

Best Wishes for Safe & Happy Uttarayan

GOOD FRIDAY

May this day of prayer, enlighten your health and bring wellness to you and your family!

Happy WOMEN'S DAY

Be the one in the spirit of Womanhood & acknowledge all women who embrace triumph from challenges every day!

"I choose to challenge"

ડાયેટ અને ન્યૂટ્રીશન વિભાગ

સાચું ભોજન સ્વસ્થતાનું માર્ગ છે.

સાચું ભોજન સ્વસ્થતાનું માર્ગ છે. સાચું ભોજન સ્વસ્થતાનું માર્ગ છે. સાચું ભોજન સ્વસ્થતાનું માર્ગ છે.

સાચું ભોજન સ્વસ્થતાનું માર્ગ છે. સાચું ભોજન સ્વસ્થતાનું માર્ગ છે. સાચું ભોજન સ્વસ્થતાનું માર્ગ છે.

સાચું ભોજન સ્વસ્થતાનું માર્ગ છે. સાચું ભોજન સ્વસ્થતાનું માર્ગ છે. સાચું ભોજન સ્વસ્થતાનું માર્ગ છે.

વિશ્વ કેન્સર દિવસ

કેન્સર સામેની લડતમાં અમે છીએ તમારી સાથે

ગુસ્તીએસ મેડીકલ કોલેજ, હોસ્પિટલ અને રિસર્ચ સેન્ટર
સી.એમ.ઓ. સી.એમ.ઓ. સી.એમ.ઓ. સી.એમ.ઓ. સી.એમ.ઓ.

કોવિડ-19 રસીકરણ વિશેની માર્ગદર્શિકા

ગુસ્તીએસ મેડીકલ કોલેજ, હોસ્પિટલ અને રિસર્ચ સેન્ટર

WORLD HEARING DAY

DON'T LET YOUR HEARING STRUGGLES GO UNHEARD.

HEARING CARE FOR ALL!
If you are suffering from pain, dizziness, ringing, or have trouble hearing, consult the experts at the Department of ENT.

AUDIOMETRY FACILITY AVAILABLE

GCS Medical College, Hospital & Research Centre
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દુઃખાવા વગરની નોર્મલ ડિલિવરી

STEP UP TO A HEALTHIER LIFESTYLE & TAKE THE STAIRS!

GCS Medical College, Hospital & Research Centre
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ધૂંટણ, થાપા કે સાંધાના દુઃખાવાને અવગણો નહિ

ગુસ્તીએસ મેડીકલ કોલેજ, હોસ્પિટલ અને રિસર્ચ સેન્ટર
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Save this number in your phone & send "Hi" on WhatsApp to receive updates such as Health & Awareness Tips, videos etc. via WhatsApp.

Departmental Achievements

Oncopathology Lab receives Accreditation

GCRI's Oncopathology laboratories, Molecular, Genetics and Microbiology laboratory have received Accreditation certificate on 10 Mar'21 in accordance with ISO 15189:2012. Total Quality Management is our mission. We the GCRIans are committed to achieve excellence in cancer care through continuous improvement of our people, our processes, and our practice. We have achieved this quality certificate with joint efforts of our **Dr. Shashank J. Pandya**, Director; **Dr. Pariseema Dave**, Deputy Director; **Dr. Priti Trivedi**, Laboratory Director; **Dr. Biren Parikh**, Co-ordinator NABL; **Ms. Rachana Shah**, Laboratory Faculties, Technical Staff and Quality Manager.



Gynaecological Oncology VIA Training

Dept. of Gynaecological oncology in collaboration with the state NCD cell, Gandhinagar organized VIA training of trainers. Gynaecologists from all over Gujarat attended this training on 12th Mar 21. The training was regarding **Visual Inspection of cervix with Acetic acid (VIA)** as a part of Cervical Cancer screening. They were also trained to manage VIA positive lesions. They were educated and guided to train their medical officers, paramedical & nursing staff, regarding this procedure. Total 17 participants attended this training program.



Winning over COVID-19 by vaccination

Pan India, COVID-19 vaccination drive started from 16 Jan'21. COVID-19 vaccination drive at GCRI was inaugurated by Honourable **Shri. Jagdishbhai Patel (MLA, Amraiwadi ward)**.

GCRI also started vaccinating their hospital staff from the same day and senior citizens from 1st Mar'21. So far, 1792 employees have been given the 1st dose and 1100 received the 2nd dose. Apart from that, GCRI has also vaccinated 324 senior citizens & 158 frontline workers.



Workshop on GCP

Workshop on Good Clinical Practices held on 21st and 22nd Jan 21 by Lambda Therapeutics Ltd. Ethics Committee Members of GCS/GCRI, Research Coordinator, Faculty Members and Resident doctors participated in this workshop.



Departmental Achievements

International Women's Day celebration

International Women's day celebrated on March 8, 2021 at GCRI. The theme for this year's International Women's Day was **"Choose To Challenge"**. It indicates that a "challenged world is an alert world, and from challenge change". This year, we have all choose to challenge everything that has been holding us back and became better allies. The Women Development Cell of GCRI organized talks of two lady staff members that would help facing challenge, mentally and physically. The occasion was graced by **Dr. Shashank Pandya**, Director and **Dr. Pariseema Dave**, Deputy Director.

The first talk was on, **Energy Meditation: A way to self-healing and mindfulness** by **Dr. Manisha Singh** (Department of Palliative Medicine). She briefed the audience, regarding stress management and how we can cleanse the negative vibrations & manage the seven chakras of the human body & create a positive aura.

The second talk was on **'How to create a healthy tiffin / plate'** by dietician **Ms. Janki Patel**. She emphasized on how females compromise on their diet and strictly instructed, to avoid it. She briefed on healthy eating habits for a better life.

Women are building a future that's sustainable, peaceful, inclusive and equitable. This was proven by anchoring of **Dr. Foram Patel** and vote of thanks by **Dr. Hemanagini Vora** along with their committee.



Palliative Medicine:

- Two batches of three days training (two days online and one day onsite) on **"Medical use of Essential Narcotic Drugs"** were organized on 3 to 5 Feb'21 and on 16 to 18 March'21. Total 25 participants have received training.



State Level Basic Training on Palliative Care

- Two state level training on basic palliative care was organized for medical officers and nursing staff of 14 districts as a part of National Program of Palliative care on 4-6 March and 8-10 March'21.
- Two days training for 18 districts MO was organized on 18-19 March'21 as a district cancer control program in collaboration with state NCD cell.

Virtual Lecture at Cancer Biology Dept.

Virtual lecture was organized at the Cancer Biology Department on Nanostring- Emerging Technology for Translational Research and Molecular Diagnostics on 16 Mar'21. International (Singapore) speakers **Mr. Jay Manikandan & Mr. Marshall Feterl** have delivered their lecture on this program.



Staff Achievement

Mr. **Umeshkumar L. Solanki**, Jr. Clerk Account division has received **GIMA-Gujarat Iconic Music Award** on 7 Mar'21.



Health Check-up

Total 652 people visited Community Oncology Centre for Health check up in last 3 months. Total 454 mammographies were done, out of which 09 malignant mass lesions were detected.

Hospice Data

In the last 3 months, 47 patients were admitted to hospice. The Bed Occupancy Rate was 59.7%.

Training

Ms. Vachana Shah, a Psychology student from Karnavati University, attended Hospice for her internship training from 1st Feb 21 to 28th Feb 21.

World Cancer Day

World Cancer Day was observed on 4 Feb'21. Drawing competition was conducted. Smt. Bimala Hudda, President, Ahmedabad Sarvar Mandal was the Chief Guest for the occasion. The Mammography & Pap test of 25 women from the community was done free of cost. 20 'ASHA' workers were trained for Self-Breast Examination. They visited 'Cancer Exhibition' & were educated on common signs & symptoms of cancer.



Bhajan Sandhya

Bhajan Sandhya was organized on 25 Feb'21 for Hospice patients. **Mr. Navneetbhai Thakkar** and his associates offered their services.



Musical Evening

Musical Evening was conducted on 16 Feb'21. **Mr. Samir Shah & Ms. Neha Shah**, entertained Hospice patients by singing melodious old songs. Patients were given red roses by ladies members of the 'Inner wheels Club of Ahmedabad'





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- Dentistry
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- Psychiatry
- TB & Respiratory Disease
- ENT

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- Gastroenterology
- Gastrointestinal Surgery
- Internal Medicine
- Interventional Radiology
- Medical & Surgical Oncology
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- Neurology
- Neuro Surgery
- Ortho-Dentistry
- Paediatric Neurology
- Paediatric Surgery
- Paediatric Nephrology
- Paediatric Dentistry
- Plastic, Cosmetic & Reconstructive Surgery
- Spine Surgery
- Rheumatology
- Urology

24 Hours Services

- Radiology
- Emergency
- Pharmacy
- Cathlab
- Pathology
- Ambulance (ICU-on-Wheel)
- Blood Centre

Support Services

- Health Check up
- Dialysis
- Diet & Nutrition
- Physiotherapy

GCS Hospital is empaneled with Government Health Schemes like Ayushman Bharat Yojana (PM-JAY), Mukhyamantri Amrutum (MA) Yojana as well as leading TPA-Insurance Companies and Corporates.



GCS Medical College, Hospital & Research Centre

Opp. D.R.M. Office, Nr. Chamunda Bridge, Naroda Road, Ahmedabad - 380025

